

THE RESPONSE TO SENIOR NEWS WAS GRATIFYING. BRASHEAR HALL OFFERS AN IDEAL MEETING PLACE AS TO LOCATION AND ACCESSIBILITY. PASSERSBY GIVE US A FRIENDLY WAVE. CURIOUS CHILDREN STOP TO CHAT. THIS IS THEIR TERRITORY, TOO, YOU KNOW.

OUR CO-MINGLING PROVIDES US WITH PSYCHOLOGICAL SUPPORT SO NECESSARY TO OUR DAILY LIVES.

OUR PROGRAM

BIBLE STUDY TUE 10 WILLIAMS
BLOOD PRESSURE 4TH TUE NOON
CLUB MEETING WED 10:30 R. MYERS
SHOPPING THUR 9:30 REC DEPT
EXERCISE CLASS FRI 10 REC DEPT

IF YOU ARE A RENTER, FILE FOR YOUR RENT REBATE BY APRIL 17. SPECIAL ASSISTANCE AVAILABLE, AS NEEDED, BY KNOWLEDGEABLE, CARING PEOPLE. LET US KNOW YOUR NEEDS. COME JOIN US SOON.

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SENIORS WILL BE EXEMPT FROM THE CHARGE FOR DIRECTORY ASSISTANCE SERVICE WHEN HE/SHE CAN NOT USE THE TELEPHONE DIRECTORY DUE TO VISUAL OR OTHER PHYSICAL PROBLEMS.

EXEMPTION WILL BE GRANTED UPON RECEIPT OF A PROPERLY COMPLETED SIMPLE FORM. CALL THE TELEPHONE BUSINESS OFFICE FOR THE FORM.

SENIOR NEWS

THE FOLLOWING NEWS ITEMS PROVES SENIORS ARE HARDY FOLKS.

MAUDE CALLEN, RETIRED NURSE MIDWIFE, WHO AT 84 IS VOLUNTEER MANAGER OF THE SENIOR CITIZENS NUTRITION CENTER IN PINEVILLE, S.C., HAS BEEN NAMED THE 1984 RECIPIENT OF THE UNITED WAY OF AMERICA ANNUAL ALEXIS DE TOCQUEVILLE SOCIETY AWARD.

LOUISE DEGRAFINRIED, 78, WAS TALKING TO A NEIGHBOR ON THE PHONE WHEN HER HUSBAND, NATHAN, 71, AND AN ESCAPED CONVICT WALKED INTO THEIR HOME. SHE TOLD THE NEIGHBOR TO CALL THE POLICE.

SHE PERSUADED THE ESCAPEE TO PUT DOWN HIS SHOTGUN; THEN SHE FIXED HIM BREAKFAST, GAVE HIM A LECTURE, AND PRAYED WITH HIM.

WHEN A STATE TROOPER ARRIVED AT THE HOUSE, THE ELDERLY COUPLE EACH TOOK AN ARM OF THE CONVICT, WALKED HIM OUT OF THE HOUSE AND INTO THE TROOPER'S HANDCUFFS. BRAVO!

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OUR AILING SENIORS ARE SLOWLY RECOVERING:

REV. J.J. JONES IS AT MILLS HOSPITAL IN SAN MATEO.

MARIE VIDRIOS IS HOME AFTER A STAY IN CHOPE HOSPITAL.

OBELIA TOBIN IS MAKING STEADY PROGRESS AFTER HER HOSPITAL STAY.

PLEASE REMEMBER THE SICK AND FEEBLE IN YOUR PRAYERS.

THOUGHT FOR TODAY

TRUTH FOREVER ON THE
SCAFFOLD

WRONG FOREVER ON THE
THRONE

YET THAT SCAFFOLD SWAYS
THE FUTURE

AND, BEYOND THE DIM
UNKNOWN

STANDETH GOD WITHIN THE
SHADOW

KEEPING WATCH O'ER HIS
OWN

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COMMENTS FROM REV. JESSE JACKSON:

THE WORKING POOR - "MOST POOR PEOPLE WORK EVERY DAY AND ARE TOO PROUD TO ASK FOR FOOD STAMPS OR OTHER GOVT HELP . . . THEY JUST DON'T GET PAID ADEQUATELY FOR THE WORK THEY DO. WHEN I WAS GROWING UP MY FAMILY WAS NEVER POOR . . . WE JUST DIDN'T HAVE ANY MONEY."

VICTIMIZATION - "YOU MAY NOT BE RESPONSIBLE FOR BEING DOWN, BUT YOU MUST BE RESPONSIBLE FOR GETTING UP."

UNDERSTAND YOUR RESPONSIBILITY
DON'T LET OUTSIDERS MAKE
DECISIONS FOR YOU. GET UP,
GET OUT AND VOTE ON APRIL 10TH
SAY NO TO SLUMS, VOTE YES FOR
YOURSELF. YOU'LL BE GLAD YOU
DID.

AGING IS A CONTINUATION OF OUR DEVELOPMENT AS PERSONS. WE ARE FORTUNATE TO ENJOY A SENSE OF CONTINUITY OF THE PAST WITH THE PRESENT AND WITH THE FUTURE.

OUR MAYOR EXEMPLIFIES THIS TRUISM EACH TIME SHE STARTS HER NEWS COLUMN GIVING HONOR AND GLORY TO GOD. WE, TOO, START OUR ACTIVITIES AT BRASHEAR HALL BY GIVING HONOR AND GLORY TO GOD. WE OBSERVE WITH PRIDE THE POSITIVE CHANGES IN OUR NEW CITY. A GREAT MAN ONCE SAID, "IF YOU WANT TO DEFEAT APATHY IN A COMMUNITY, YOU MUST EITHER PROVIDE AN INCENTIVE FOR PEOPLE OR EXPOSE A DEVIL, AND THE PEOPLE WILL RISE UP AND DEFEAT THE DEVIL." BUT THE DEVIL IS A POWERFUL TRICKSTER. FOR YEARS SLUM LANDLORDS AND LAND SPECULATORS HAVE BEEN RIPPING OFF THIS COMMUNITY WITH RENTS OUT OF PROPORTION TO THEIR VALUE. SO-CALLED LEADERS WITH PLANTATION MENTALITIES GAVE THEM SUPPORT. A FEW CRUMPLED DOLLAR BILLS LINE THE POCKETS OF THESE CONNIVING "GUNG-HO" CARPET BAGGERS. REMEMBER THE OLD ADAGE - YOU NEVER BUY MUCH WHEN YOU SELL YOURSELF!

THE MOST IMPORTANT WALK YOU CAN TAKE IS THAT SHORT WALK TO THE BALLOT BOX. BETTER STILL, USE THE ABSENTEE BALLOT ON THE LAST PAGE OF YOUR VOTER INFORMATION BOOKLET. IF IT'S TOO LATE TO MAIL IN A BALLOT, YOU MAY GO TO THE CITY COUNCIL OFFICE AT 2415 UNIVERSITY AVE BEFORE 5:00 P.M. UP THROUGH

APRIL 9, 1984 AND REQUEST AN ABSENTEE BALLOT, MARK YOUR BALLOT AND HAND IT TO THE CLERK OF THE CITY. ALL VOTERS RECEIVED THE VOTER INFORMATION BOOKLET. READ WHAT OUR CITY ATTORNEY SAYS ABOUT RENT CONTROL. READ REV. JOSEPH GREEN'S EXPLANATION. WHAT DID REV. JESSE JACKSON SAY ABOUT THOSE WHO WOULD GOBBLE US UP? THEY WANT THE HARVEST FROM TREES THEY DID NOT PLANT!

VOTE YES FOR YOUR CHILDREN.
VOTE YES FOR FUTURE GENERATIONS.
VOTE YES FOR YOUR OWN SELF-RESPECT.

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LEGAL HELP IS ON THE WAY

A LEGAL SERVICE CLINIC HAS ARRIVED IN EAST PALO ALTO. THIS IS A MUCH NEEDED SERVICE. IN THE BEGINNING IT IS EXPECTED THAT MOST PROBLEMS BROUGHT TO THE CLINIC WILL INVOLVE LANDLORD-TENANT CASES, SOCIAL BENEFITS, AND POLICE-CITIZEN CONFRONTATIONS. AREAS IN WHICH YOUTH AND SENIOR CITIZENS ARE MOST VULNERABLE.

THE CLINIC IS HOUSED IN A GRAY-GREEN, TWO STORY HOUSE NEXT DOOR TO ST. FRANCIS CHURCH, 1395 BAY ROAD. ITS HOURS ARE 9 TO 5, MONDAY THROUGH FRIDAY. PERSONS UNABLE TO PAY WILL NOT BE CHARGED; OTHERS WITH SLIGHTLY MORE INCOME WILL BE CHARGED FEES ON A SLIDING SCALE. PHONE 853-1600 FOR INFORMATION. AN OPEN HOUSE WILL BE HELD APRIL 13, 4 TO 7 P.M.

Lillie Johnson, Editor
April 1984

THE EAST PALO SENIOR CITIZENS CLUB
Brashear Hall
550 Bell Street
City of East Palo Alto, CA 94303