

Contamination of E.P.A. Water Feared

Editor's Note: On Saturday, May 12, water users from the Palo Park Mutual Water Company met to discuss an alarming trend: the increasing leakage of sea water, and possibly toxic wastes, into the company's well pumps. The leakage process that lets sea water into the pumps could later carry toxic wastes from the Zoecon property at 1990 Bay Road into the water of Palo Alto Park Mutual. This water is used in 670 homes, most of them in East Palo Alto.

Craig Dremann, a longtime East Palo Alto resident, volunteers his services as a chemist to the water com-

Site is so toxic that walking through the area can cause you to be poisoned by arsenic . . .

pany. He presented to stockholders before the meeting a report which detailed the risk that the Zoecon property poses to the water supply. (The State Department of Health describes the area as one of the most hazardous toxic waste sites in California.)

Dremann believes that the water company stockholders, as well-water users, are in the best position to fight for cleaning the toxic waste site. Zoecon's key argument for "containing" the wastes (leaving them in E.P.A.) is that there are no well-water users in the area. This is not correct. All users of Palo Alto Park Mutual water are using well water; and even closer to the Zoecon property, in the Weeks Tract, there are private wells. Here are excerpts from Dremann's report:

I have used water from the Palo Alto Park Mutual Water Company for our home and farm at 441 Green Street since 1974. I became concerned about our water quality when I noticed an influx of sea water into our wells beginning January 28, 1982. Since that time I have been seeking the answer to improving our water quality, and to find ways we can avoid contamination from the toxic waste site located at the Zoecon land at 1990 Bay Road.

This is my report to the stockholders as well as the renters who use the system, to let you know what I have done so far. All of my work up to this point has been done on a volunteer basis, with all expenses out of my own pocket, and at no cost to the water company.

The morning of January 28, 1982 we began to get an influx of salt water into one or more of our wells at Addison Avenue. There were two possibilities:

1.) The cast iron well casings were leaking at one of the salt water layers and/or,

2.) Salt water was being drawn down by abandoned wells at the end of Bay Road and our wells were beginning to suck this salt water up.

To complicate this problem further, there is a toxic waste site owned by Zoecon at 1990 Bay Road which contains very high amounts of arsenic, as well as lead, cadmium, selenium, and "a number of highly toxic, volatile chemicals, which could present a greater hazard" than the arsenic, lead, etc.

This site is so toxic that walking through the area and stirring up the

Continued from page 7

Law Project Officially Opens

By Jane Maxwell

A cheer went up from the crowd of 200 when Mayor Barbara A. Mouton cut the ceremonial ribbon that officially opened the East Palo Alto Community Law Project. The Law Project will provide legal services to the residents of East Palo Alto and East Menlo Park either free or for a small fee.

Among the well-wishers on that warm April evening were several city and county officials including East Palo Alto council members Ruben Abrica and Omowale Satterwhite; membership secretary of the South San Mateo County chapter of the N.A.A.C.P., Gelsomina Becks; Stanford University law professor Jack Frieden-

Landlord Group Supports Sid Berlin

By Lon Otterby

The political action committee of the Tri-County Apartment Association, a San Jose-based landlord's group, has endorsed Redwood City attorney Sid Berlin in his bid for the 4th district seat on the San Mateo County Board of Supervisors.

Fifty Years Together

Mr. and Mrs. Vessie Sims of East Palo Alto celebrated their fiftieth wedding anniversary with a renewal of their wedding vows at Jerusalem Baptist Church.

Vessie and Hazel Sims were married April 15, 1934, in Dallas, Texas. Vessie Sims attended Coleman Beauty College and the College of San Mateo.

The couple moved to San Francisco in 1943 where Mr. Sims was a Mobil Oil dealer for many years. Mrs. Sims owned a beauty salon. They moved to East Palo Alto in 1958 where Mr. Sims operated Esso and Exxon dealerships until his retirement in 1978.

The Delegates



Right to left: Janet Wells, Lorraine 'Sharifa' Wilson, Cliff Boxley, Ruben Abrica. Not pictured: Victor Hsi, Herb Perkins, Reneta Lamb

thal; and Bob Johnson, the city attorney for East Palo Alto.

"I welcome the opening of the Law Project," said Johnson. "Any time you provide quality legal services to the general population, you increase the quality of life. Now people will have access to an attorney to find out what their legal rights are."

Access to an attorney has always been difficult for the residents of East Palo Alto. Until the Law Project opened, there have been only two practicing lawyers, one of whom, Donald Lawson, will work half-time at the Law Project starting in June.

Judge Thelton Henderson remembers when there were no legal services at all in the district. That was in 1966

when he opened the East Bayshore Neighborhood Legal Center on Willow Road. He is now a Federal District Court Judge in San Francisco.

"This is a spectacular event for East Palo Alto," said Judge Henderson. "This won't fill the need, but will go a long way toward it."

The Law Project was the brainchild of a group of Stanford law students who will work there as interns. They also raised the \$208,000 that will cover the first year's expenses.

"We wanted to get some practical legal experience and also become involved in the community," said Peggy Russell, president of the law school's East Palo Alto student organization. "The law school doesn't provide much practical experience, especially in legal services for the poor."

In the future the Law Project hopes to be able to provide a wide range of legal services. But at the moment, they are getting more requests than they are equipped to deal with.

"We're swamped," said Susan Jackson Balliet, the Law Project's executive director.

"We get 30-35 phone calls each day and we had 40 clients in our first month. At the moment we have to compromise between what the community needs and what the skills are of the lawyers working here. Right now there are only two of us."

As the number of attorneys working at the Law Project increases, so will the range of services. But Jackson Balliet is quick to point out that no one gets turned away.

"We'll talk with everyone who contacts us," she said. "And if it's something we can't handle, we can give them a referral to a free, private attorney."

"Right now we're handling mainly

Continued from page 6

Reminiscences . . .

Mother's Day is set apart every year in honor of motherhood. Many families and churches make a special point of honoring mothers in the second Sunday in May.

This year, we would like to honor a very special lady: Julia Lavonia Green. At age ninety-seven, she is the oldest member of the East Palo Alto Senior Citizens Club. Although Mrs. Green is no longer able to join us at Brashar Hall on Bell Street, we keep in close contact with her. We would like to present some excerpts from her life in her own words . . .

The first thing I remember was a visit and a ride when I was just a little tot. Coming home, I fell asleep in the taxi. As we were going in the house, I suddenly woke up. My father was carrying a trunk into the house, and I started in after him. The driver said, "Look out, little girl. Don't get in the way!" I, being sleepy, began to cry. Years later, my memories went back to that time. When I asked my mother where were we coming from, Daddy looked at Mother and said, "Liz, that child had just turned three years old!"

In my growing up days, I stayed with my grandparents. My father drove for three doctors; my mother worked in the doctors' office. The doctors sent her (my mother) to a training school to learn how to assist them. Years later, when she became old, they gave her a little pension. Meanwhile, my two sisters and I went to school in a one-room school house. Those were my happy days. I was the youngest so I tagged along behind my sisters, reading their books, as we walked down the road. Kids had to be six years old before they could enter school in Macon, Georgia, where I was born on May 17, 1887. When I did start school, I already knew how to read. We didn't have kindergarten in those days. Everyone started school in the first grade. We acted in little plays, learned poems (we had graded poem books), learned to speak dialogues or stand up before the class and sing a

song. Every Friday we had a program to end the week. I always learned my part and everyone else's. When kids were out playing, I was somewhere with a book and a slate, trying to write down something I had learned. Since we had all grades in one room, the teacher kept moving me up. I attended a one room high school, too. I was twelve years old, but I enjoyed being in a room with girls and boys 18 years and older.

At home, I played with kids my age. Both of our parents worked. They gave orders never to let anyone in the house. Our playmates played on the outside of our fence. We played inside our fence. That's the way we played until Mother came home; then we let the kids in the yard. We were taught when we visited our friends to always wait in the living room or on the front porch while they were dining. We were never to accept an invitation to eat no matter how hungry we were.

I lived near my uncle who had two children of his own. His wife had one child when he married her. This wife favored her child over my two cousins. When the kids "got into it" she would spank my cousins and pass hers up. This bothered me. I told my mother that when I grew up I didn't want any children. "Why?" my mother asked. I told her I wanted to marry a man who had children so I could show people how to treat step-children.

After I finished high school, I went on to Spellman College. After graduation I came back home and taught in the rural schools. I began to correspond with a fellow I had never seen. My girlfriend, Mabel, asked me to let her send my name to a fellow in Florida. Mabel was also writing to someone there. Sure enough, I got a letter from this strange man. About this time I began to have strange dreams. I dreamed of walking with a man who had some young children. The dream just wouldn't go away. I remembered dreaming that same dream when my aunt mistreated my two cousins. When this strange man

wrote he said he was a minister. He said he got my address from a friend of his who was my friend, Mabel. I began to have some doubts about corresponding with this stranger.

My father said, "Remember, you wanted to get some mail from out of state." I did write back to him and asked him to visit me. He wrote back and said when he came, he intended to marry me. He did not want a long correspondence. He was the father of six motherless children. He needed a mother for them, and if I would be a mother for his children he would be a real husband for me.

I looked at Mother. Mother said, "Julia when you were a little girl what did you tell me?" I told her I wanted to marry a man with children. Then Mother looked me straight in the eye when I said, "To show people how to treat motherless children." Then Mother said, "What do you think, and how would you feel with all those little children around you?" I said, "I would feel proud that the Lord had given me those little children to raise. I should be used to children by now." So I consented to marriage.

He then sent for my photo. I sent him my sister's picture. In three days I got a letter with the picture in it. He said in the letter, "This is not your picture. This is not the lady the Lord showed me." I felt guilty then, and sent him my picture. I pretended I had made a mistake. I was anxious to marry. I thought my picture would not suit him.

Then he sent me one hundred dollars and told me to get invitations and mail them out two weeks before he came. Well, I did get married and all my teacher friends were there. We quietly married in the pastor's study. That was in 1912.

The next morning we boarded the train for Jacksonville. A sadness came over me. I turned my head to hide the teardrops that were falling. He looked at me and said, "Don't worry. I am going to be nice to you. I wanted someone for a wife and a mother for

my children and I know I have found her. The Lord gave you to me in the spirit. I knew you before I ever saw you. Remember when I asked you for your picture? As soon as I looked at that picture I knew that was not you." Then I looked up at him and smiled. That's when I told him face to face I was sorry I sent the wrong picture. I wanted to make a better impression because my sister was better looking than I was.

We rode all night from Jacksonville, Florida, to his home in Bradentown, Florida, about 40 miles below Tampa. When we arrived the neighbors had a big reception awaiting us. The kids had been up and down the street saying, "We got a mama! We got a mama! She's coming on the train!"

We had a good family life. I hardly had to scold the children. I had the pleasure of teaching four of them. Their father was rather strict. He had the pleasure of baptising four children from his first marriage and three from our marriage. Our oldest daughter finished from Tuskegee. The youngest graduated from the high school where I taught. My husband pastored at Gethsemane Baptist Church until his health failed. He died in 1948.

After 38 years of teaching I got tired and decided to stop. I had a big house, 16 rooms, so I decided to board teachers. I had many friends but the children had all moved away. I had two little grandchildren with me. I decided to leave my good neighbors and friends and come to California to be near my children. I still have good neighbors and many friends. The Lord has blessed me with 97 years. The Lord is still blessing me. My motto is:

Let me live in a house
By the side of the road
And be a friend to man.

If I have wounded any soul today
If I have caused someone to go
astray

If I have walked in my own willful
way
Dear Lord forgive

Your Government Representatives

U.S. Senators:

Alan Cranston (D) 45 Polk St.,
San Francisco, CA 94102
(415/556-8440)
or U.S. Senate, Washington D.C. 20510
(202/224-3553).

Pete Wilson (R) 450 Golden Gate Ave.,
Box 36004, San Francisco, CA 94102
(415/556-4307)
or U.S. Senate, Washington D.C. 20510
(202/224-3841)

U.S. Representative:

Thomas P. Lantos (D) 520 El Camino
Real, Suite 800, San Mateo, CA 94402
(415/342-0300)
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Washington D.C. 20515
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California Assembly:

Byron D. Sher (D) 785 Castro St.,
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Little League Season Opens

Cars with streamers blowing in the wind . . . cheerleaders in their spiffy costumes . . . groups of marchers . . . the Saturday sun shining down . . . young men and one young lady dressed in the colorful uniforms of their various teams . . . this was the scene May 5th as a parade marked the beginning of East Palo Alto's Little League season.

League play began after opening ceremonies. You could see young

Cameras

Polaroid instant cameras are now on loan at the East Palo Alto branch of the county library.

The cameras come with built-in flash and single-button operation.

Residents over eighteen years of age with a valid library card may borrow the cameras free of charge. Borrowers must supply their own film.

people running the bases, chasing and catching fly balls out in the field, giving everything they had. You began to smile—not because of motherly love or fatherly pride (even though some of these youngsters might be your own) but because you were seeing some of the future generation of our city. There was team spirit, camaraderie, and the practice of good sportsmanship. These young people made you realize that East Palo Alto was going to be all right if these young people were representative of the future.

We owe a debt of gratitude to all the parents, relatives, and other concerned adults who have labored all these years to keep the league going. Thank you for endeavoring to instill in the youngsters involved in the league self-confidence, teamwork, the value of listening and learning to cope.

Appellate Court Hearings Continue . . .

By Barbara Mouton

Oral arguments were presented April 25th before Justices Rancanelli, Holmdahl, and Newsom of the California State Court of Appeal in the case of Wilks, et. al. versus Mouton, et. al.; the court challenge against the validity of East Palo Alto's cityhood election.

East Palo Alto city attorney Thomas Adams argued that a September 1983 ruling by Judge Cruikshank in San Mateo County found no evidence of vote fraud connected with the June

7th election and that incorporation should be left to stand along with the election of council members Abrica, Blakey, Mouton and Satterwhite. Dan Dailey, counsel for the County of San Mateo, agreed with Adams's argument. Opponents of cityhood had as their counsel Paul N. McCloskey.

Most East Palo Altans (including many of those who did not support incorporation) do not realize the lengths to which 'hard-core' cityhood opponents went in their desperate attempt to defeat the City. In addition to spending huge sums of money,

they may have violated the constitutional rights of a citizen of this community by invading his privacy without just cause or due process. Mr. McCloskey, by his own admission and with the sanction of the Attorney General of the United States. William Smith, had a wiretap placed in an attempt to strengthen the case against the City. The wiretap was allegedly to document a bribe being made to a witness who was opposed to incorporation. The tap was carried out at the Stanford University Police station by a U.S. Postal Inspector from San Fran-

cisco. Almost sounds like a James Bond scenario, doesn't it?

Cityhood opponents have spent well over a third of a million dollars in the months since the City's inauguration in attempts to extinguish the City. There have been threats to withhold payment of property taxes in an effort to bankrupt East Palo Alto. Threats of a continuing stream of spurious lawsuits have also been made. We'll let you know when the appellate court decision is made. Through God's grace, we'll prevail.

Financial Planning

By Henry Lewis

Much of financial planning involves the accumulation or creation of assets, their preservation or administration, and their distribution. The long-term process of accumulating assets involves a well-planned strategy for obtaining a portfolio of securities, real estate, annuities and other assets in a balanced approach to investing. Most people do their plan-

ning with the help of one or more advisors. Depending on the complexity of your situation, you may want your planning done with the help of a life insurance professional, an attorney, and an accountant.

The issues to consider in approaching your plan include (1) how much to invest or save, (2) how to measure risk and return, (3) how to obtain reliable

information about alternative investment or savings media, and (4) how to select a portfolio of alternative investment/savings vehicles so as to best meet your goals, needs, and risk preferences.

Your financial plans will undoubtedly depend on your ability to work and to generate a steady and adequate income/cash flow. If your ability to

generate income is impaired because of death, disability, illness, or retirement, the consequences to any financial plan can be severe. The ownership of property also exposes you to risks that can drain valuable and required income. Auto accidents or injuries in the home can create a liability loss that could wipe out any cash reserves and investments.

Landlords Trounced in April Election

By Barbara Mouton

Tuesday, April 10th finally arrived. That was to be the day the citizens of East Palo Alto made the decision on the rent control issue. 'Private Property Rights' proponents (the phrase behind which the most speculating real estate and development interests hid their true stripes) had argued for months that the city had acted maliciously and capriciously in passing an

ordinance in mid-November. An ordinance designed to protect renters from exorbitant rent hikes and arbitrary evictions. An ordinance designed to provide some protection to the landlords themselves.

Groups of landlords went from polling-place to polling-place from mid-morning until the moment the polls closed, writing down copious bits of information gleaned from the regis-

tration lists displayed at the voting sites.

A group of these landlords had the audacity to approach some of us in front of St. Francis Church.

"Don't worry. When the polls close tonight, we'll not only have beaten rent control into oblivion, we will be well on our way to recalling you, too," they said.

History will show that the scenario these speculators envisioned didn't

turn out that way. East Palo Altans understand that the war these outsiders are waging is not about control of rents; it is about control of the City. The East Palo Alto voter turnout was the second highest of the Peninsula. Citizens heavily supported Measure A and repudiated the frenzied charge of the 'Private Property Rights' group to overturn the rent control ordinance and abridge the City's right to make decisions on behalf of all its citizens.

**EAST PALO ALTO
SANITARY
DISTRICT**

* * *

**VIRGIL (JAWANZA)
BOYD JR
CHARLOTTE
BECKS
ROOSEVELT
COX JR**

Flood School Site

The Flood School site is worth much less than the school board was led to believe, according to Ravenswood City School District Associate Superintendent Albert St. Cyr.

The school property is worth \$150,000 per acre instead of the \$300,000 per acre earlier reported to the district trustees by an appraiser.

St. Cyr and district superintendent Bill Rybensky have requested the Board of Trustees to call for bids at \$412,500 instead of the \$535,000 requested in February.

East Palo Alto Government

Meeting Times and Places
City Council—First and third Monday evenings at 8:00 in the Council Chambers of the Municipal Center, 2415 University Avenue.

Planning Commission—Second and fourth Monday evenings at 8:00 in the Council Chambers of the Municipal Center, 2415 University Avenue.

Ravenswood City School District Board of Trustees—Second and fourth Thursday evenings at 7:30 in the district office annex, 2160 Euclid Avenue.



VOTE THE JACKSON SLATE

WELLS, Janet



BOXLEY, Cliff



WILSON, Lorraine



HSI, Victor



ABRICA, Ruben



PERKINS, Herb



LAMB, Reneta



TOM NOLAN

In the next four years, our Board of Supervisors will make critical decisions on the issues that affect our lives, public safety, transportation, housing, development, taxes, the quality of life.

Tom Nolan is just what we need in a Supervisor.

An experienced, effective leader.

For many years, Tom Nolan has staffed an organization that has worked for planning transportation and growth policy for our county's future. He serves on the San Mateo County Housing Task Force, working to obtain affordable housing for all of San Mateo County. He has worked on a U.S. Senate staff in Washington.

As head of several social service agencies, he has learned the managerial skills necessary to make government work on tight budgets.

A concerned, committed citizen.

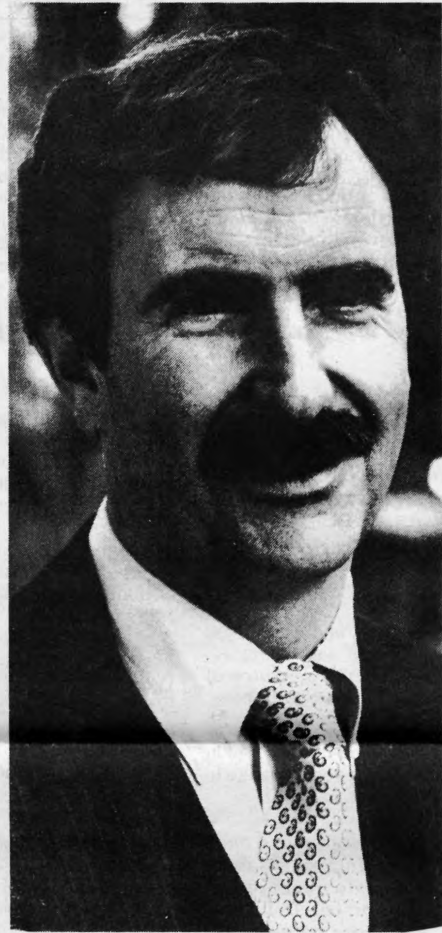
Tom Nolan has devoted years of his energy to community service. He has done important volunteer work for San Mateo's Easter Seals Society, the Center for the Independence of the Disabled, church groups, and other community organizations.

Tom Nolan knows our county, our communities, and our needs from government. He's committed and energetic enough to get things done for us.

Tom Nolan for Supervisor, Treasurer Joseph Bergerson
520 El Camino #300, San Mateo, California 94402

For Supervisor. For San Mateo's future.

Supported by:
Mayor Barbara A. Mouton, Vice-Mayor James E. Blakey, Jr., and Councilman Ruben Abrica



LAW PROJECT

Continued from page 1

landlord/tenant issues, government benefit problems and consumer issues. Also, we're helping the elderly with the special problems they have such as rights to Medicare and Medi-

Run For Your Life

The third annual "RUN FOR YOUR LIFE" day of races, walks and barbeque will be held at the Drew Medical Center, 2111 University Ave. on Saturday, June 23 beginning at 9 a.m.

There will be three races: a 3-mile run, a 1-mile run and a 1-mile walk. All ages are encouraged to attend. Trophies will be given to the first and second place winners in four age

Cal, denial of pensions, and what to do if a spouse becomes incompetent." There is both a Spanish speaking law student and lawyer available.

The Law Project is also concerned with giving legal aid to battered

divisions: Peanut, 11 years and under; Juniors, 12-19; Adults, 20-49 years; and Masters, 50 years and over. Free T-shirts will be given to all participants. Entry fee is \$4 for adults, \$2 for children 11 and under, and \$2 for seniors.

A delicious barbeque will be served following the race and there will be a raffle for a television, a Walkman and records. For further information telephone 328-5060, extension 247.

spouses and has already obtained restraining orders for four women to protect them from their husbands.

Future plans include community meetings and workshops to let the residents know the services the Law Project offers.

Until now, low-income residents of East Palo Alto and East Menlo Park have had to travel to the Legal Aid Society in Redwood City for legal services. That office handles about 600 cases a year from this area, and Jackson Balliet expects that clients will still be referred there if the Law Project can't handle their cases.

The Law Project will use the same sliding-scale guidelines for assessing

fees that Legal Aid uses. Individuals who earn less than \$7,290 per year, for instance, will not be charged, whereas someone who earns between \$7,291 and \$10,000 per year will pay an hourly fee of \$5, up to a maximum of \$250. Services are free for a household of four with a total annual income of under \$15,000, but a four member household earning between \$15,000 and \$20,000 per year will pay \$20 an hour, up to a maximum of \$1,000.

Anyone may drop in the Law Project's office at 1395 Bay Road, or telephone 853-1600 for an appointment. The office is open 9 a.m. to 5 p.m., Monday to Friday.

Drew Campaigns Against VD

By Jane Maxwell

When Erik Mangrum answers the phone at East Palo Alto's Drew Medical Center, chances are the person on the other end will be a man in his early twenties who thinks he might have a venereal disease.

For the past 7 years, Mangrum has been the director of communicable diseases at Drew for the County of San Mateo.

"About 85 percent of the calls I get are from young men," said Mangrum during a recent interview. "Some of them are aware of what they have, and if not, I explain it to them."

During the years he has worked at Drew, Mangrum has seen a change in his clients' attitude toward VD.

"Five years ago people were more reluctant to be open and talk about it," he said. "But with the advent of AIDS (Acquired Immune Deficiency Syndrome), people are more aware in general and more selective in choosing their partners. But people using drugs and alcohol tend to be less selective and they're the people who keep getting (VD) again."

The services that Mangrum provides—diagnosis and treatment of venereal diseases—are both free and confidential to anyone over the age of 12. Any clients who would rather go somewhere outside the community for treatment, Mangrum sends to the San Mateo Health Clinic where services are also free and confidential.

In the past few years, venereal diseases have reached epidemic proportions in the United States with over 10 million cases reported annually. Of these, nearly 85 percent occur in young people between the ages of 15 and 30. In San Mateo County alone, 574 cases of gonorrhea were reported for the first 4 months of 1984; approximately 120 of these came from East Palo Alto.

Despite the alarming increase in VD, cutbacks in federal funds for health care and social services make it difficult for health departments to organize programs to bring the diseases under control. In 1981 alone,

the Reagan administration cut by \$5 million the budget for the Venereal Diseases Prevention and Control Programs of the Centers for Disease Control, the Atlanta-based agency that monitors all infectious diseases in the U.S. Fortunately for East Palo Alto, though, Mangrum does go into the schools in the district and talk to the children about sexually transmitted diseases.

Venereal diseases are caused by germs that spread from one person to another through close personal contact—usually by sexual contact. There are 5 prevalent venereal diseases: syphilis, gonorrhea, trichomoniasis, chlamydia and herpes.

The signs of syphilis are rashes that can appear almost anywhere on the body, including the palms of the hands and soles of the feet. Hair may also be lost in patches from the scalp and face. Also a sore, called a chancre, may appear in the genital area.

Gonorrhea, trichomoniasis and chlamydia all produce a discharge from the penis and the vagina, though they affect men and women differently. Trichomoniasis, for instance, infects mainly women. Men can be carriers of the disease and can infect women with it, even though they seldom have any symptoms. So it is important that women and their male partners are both treated.

With gonorrhea and chlamydia, the reverse is true. Both diseases produce discharges in both men and women, but men will usually notice the discharge before women. They may see it 3-5 days after contact, while women, because their reproductive organs are internal, may not notice a discharge for several weeks and sometimes months. Because of this delay, by the time a discharge does appear, the disease may have infected a woman's reproductive organs, causing what is called pelvic inflammatory disease (PID). If this goes untreated she can become sterile and will not be able to have children. It is, therefore, extremely important for men who learn they have gonorrhea or chlamydia to tell their female partners so that they

can be treated immediately.

Herpes has become one of the most talked-about "social" diseases. It has reached the cover of *Time* and the forefront of TV news. At the end of 1983, an estimated 50 million persons in the U.S. had herpes, and an additional 500,000 new cases are expected to occur in 1984. Sixty-six percent of the phone calls received by the National VD Hotline in Palo Alto are about herpes.

Unlike syphilis, gonorrhea, trichomoniasis and chlamydia, there is no known cure for herpes. It is caused by a virus that enters the body after an individual has direct contact with someone who is infected and has an active lesion or sore.

The signs of herpes are sores around the mouth, lips and face, or on the genitals. The sores may itch and be painful and the individual may also have swollen glands, generalized muscle aches and a fever. Women may experience a mild vaginal discharge. The sores can last for several weeks during the first outbreak. Even though the sores eventually heal, the virus is still present and lies dormant in the nerve endings and nerve cells near the spinal column.

For many persons (some experts say as many as 50 percent), the virus stays dormant and they never get another outbreak. But others do, and sometimes quite frequently. No one clearly understands what triggers additional outbreaks. Many health workers think they are related to poor general health and a lowered resistance, to physical trauma, and to emotional stress. In general, recurrent outbreaks tend to be less severe than the initial one with the sores only lasting about 7 days.

For generations, untreated venereal diseases have been causing blindness, insanity, sterility, deformity, paralysis and death all over the world. One of the most serious consequences of letting these diseases go untreated is the effect they can have on an infant born to a woman who is infected.

Infants can be born with gonorrhea

and syphilis. And if chlamydia is present in the birth canal when the baby is delivered, the infant can be born with both an eye infection (conjunctivitis) and lung infection (pneumonia). Sometimes the infants die. If a pregnant woman has an outbreak of genital herpes at the time of birth, her baby must be delivered by Caesarean section (an incision made in the abdomen) to make sure the infant doesn't come in contact with the sores. So if pregnant women have had herpes at any time, even if it was just the initial outbreak, they must let their doctor or midwife know so that special precautions can be taken.

Erik Mangrum at the Drew Medical Center is very aware of the special care pregnant women must take.

"I always stress to the men that they must get in touch with their female companions," he said.

If people feel uncomfortable about telling someone they've been in contact with that they may have VD, Mangrum will do it for them, without revealing any names.

The following is a list of agencies that can provide residents of East Palo Alto with free, confidential information and treatment about venereal diseases:

Drew Medical Center, 2111 University Ave., East Palo Alto (328-5060) Mon-Thurs 9-5, Fri 9-2. No appointment needed. Provides diagnosis, treatment and information about all venereal diseases. Ask for Erik Mangrum.

San Mateo Health Clinic, 225-37th Ave., San Mateo. Mon-Fri 1-5, Mon and Wed 1-7. No appointment needed. Provides diagnosis, treatment and information about all venereal diseases.

Herpes Resource Center, P.O. Box 100, Palo Alto, CA 94302 (328-7710). Write or phone for free, confidential information about herpes.

National VD Hotline, 260 Sheridan Ave., Palo Alto, CA 94306 (800/982-5883) Mon-Fri 8 am-8 pm. Write or phone for free, confidential information about all venereal diseases.

WATER

Continued from page 1

dust can cause you to be poisoned by arsenic by skin contact or inhalation. Pesticides (DDT, Monuron, Fenac and Cromacil) are also present. There are other toxic organic chemicals such as hexachlorobenzene, 2,3,6-trichlorobenzene, chloroform, tetrachloroethylene, aromatic petroleum derivatives, and others. All of this information is from a report "Hydrogeologic and Soil Investigations of the 1990 Bay Road Site 12 Jan. 1984" done by Woodward-Clyde for Rhone-Poulenc, Inc. who is responsible for cleaning up this mess.

Since January, 1982, I have been trying to get State or County agencies to monitor and test our wells for

possible cross-contamination from the toxic wastes that are floating around at the Zoecon land. I have contacted, with no results, a long list of "Who's Who" in water quality.

The unfortunate thing about the toxic wastes at the Bay Road/Zoecon site is that the report done by Woodward-Clyde denies that our wells, or that any other wells, exist and are being used in East Palo Alto on our side of Highway 101. This report denies the existence of our well water use, and our neighbors who live in the Weeks Tracts who have private household wells. By leaving out our well water use, Rhone-Poulenc, Zoecon, and the State of California are now

only considering "containment of the toxic wastes, which means—buy a big sign that says "Poison, Stay Out" and leave the mess at 1990 Bay Road in our community.

As we use well-water for our drinking, bathing, washing, and watering our gardens, we should make sure that the State of California knows that leaving the mess in our community is unacceptable and irresponsible. I believe that nothing short of total excavation and transportation to a proper disposal site would be acceptable to the well-water users (and probably the rest of the residents!) of East Palo Alto. It is irresponsible for a company to leave their mess for this

community to clean up later, or for future generations to clean up later. These firms have profited, and are still profiting, by being located in this community and I believe that they should act as good neighbors and clean up their garbage after themselves.

If you are a stockholder in the Water Company, I suggest you write to the State and demand a total clean-up of the 1990 Bay Road site, and also that they find or locate all the wells in use in East Palo Alto and begin monitoring the water for all the toxic waste that may be getting in them from the 1990 Bay Road site, or from other sites which may be yet undiscovered.

ALPERL'S RESTAURANT #1

2117 Capital Ave.
Soul Food That's Lip-Licking Good
LUNCH AND DINNER
Catering Available
Telephone 327-9095

HOURS:

11 am—9 pm Tues, Wed, Thurs
12 am—2 am Friday, Saturday
(Closed Sunday and Monday)

STEPHENIE'S FISH MARKET and DOWN HOME KITCHEN

(Formerly Louisiana Fish Market)

2375 University Ave., EPA Tel: 322-8650

HOURS: Tues.-Thurs. 11:30 am-11 pm
Friday: 11:30am - 3am
Saturday: 1:30pm - 3:00am
Sunday: 1:00pm - 10:00pm
Weekend Special:
Seafood Gumbo
Closed Monday

Take-out or Eat-in service

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East Palo Alto

Discrimination Problems?
contact

SOUTH SAN MATEO COUNTY N.A.A.C.P.

P.O. Box 51022, Palo Alto, CA 94303
Phone: (415) 322-4089

Min. Annual Membership Dues
\$10.00

Monthly meetings open to the public
2nd Tuesday of each month
7:30 p.m.

Municipal Services Building, 3rd Floor
2415 University Ave., East Palo Alto



**Sewing
Alterations**
Repair of your clothes
Pants hemmed—1 day or less

King-Charlemagne

2148 University Ave.
Hours: 7am to 6pm
Monday through Saturday

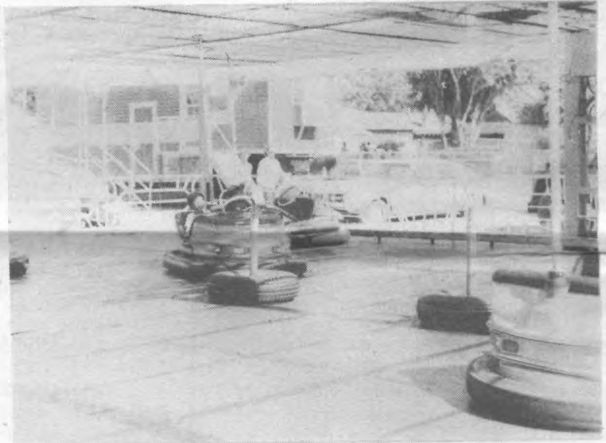
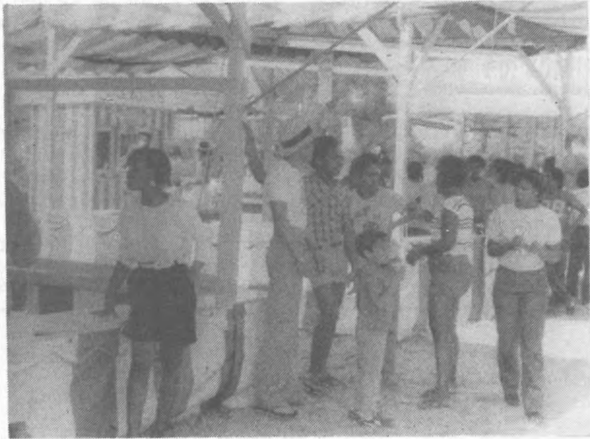


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Phone (415) 326-5077

Senior Citizen's Day Every Tuesday, 15% Discount 55 And Older
Report Card Discount, 15% Discount for B Average or Better
College Student Discount Day Every Wednesday, 10% Discount
Group Discount, 10% Off for Groups of 15 or More

MEMORIAL DAY WEEKEND



Rainbow Coalition Comes to E.P.A.

By Elena Becks

Peninsulans for a Political Action Coalition held a grand office opening on Saturday, April 21st at 1491 East Bayshore Road in East Palo Alto.

The event was attended by more than 100 enthusiastic supporters of the Jesse Jackson for President campaign. Delegate hopefuls from the eleventh and twelfth congressional districts, representatives from the South Bay regional campaign headquarters, community activists, city officials and supporters in general spoke to the significance of the Jesse Jackson campaign and its impact locally, nationally, and internationally.

The Delegate Process

For the first time this June, Californians will vote for the delegates of their choice. Until this year, California was a 'winner-take-all' state meaning that the Presidential candidate receiving the simple majority of the vote took all of California's 345 delegates

to the Democratic National Convention. This year, delegates will be chosen according to the percentage of the vote they receive (the total has to be twenty percent or more). Since the candidates for President will not be on the ballot, the strongest way to show your support will be to vote for the candidate's delegates. There are five delegates and two alternate positions in the eleventh district. The Jackson delegates for this district are: Clifford Boxley, Janet Wells, Ruben Abrica, Lorraine 'Sharifa' Wilson, Victor Hsi, Herb Perkins and Renata Lamb.

The Issues

Jesse Jackson has emerged as the only candidate able to tie together local, national and international issues into a strong, consistent, identifiable platform. Jackson calls for enforcement of civil rights laws, an end to dual primaries and gerrymandering in Southern states, and support for the Equal Rights Amendment. He supports

a twenty percent cut in the military budget while both Hart and Mondale support increases of about five percent. Jesse Jackson is also the only candidate to come out squarely in opposition to U.S. intervention in Latin America. For example, he recently condemned the U.S. mining of Nicaraguan harbors as 'an act of war.' He opposes U.S. involvement in Lebanon and South Africa and Jackson supports a verifiable, bilateral nuclear freeze and a no-first-strike nuclear weapons policy.

The Jackson campaign speaks to and for the broad spectrum of the population adversely affected by Reagan Administration policies. The critical task Jackson supporters have now is expansion of the Rainbow Coalition in the critical time left before the Democratic Convention in July. That also means getting out the vote in June to ensure the greatest possible number of delegates representing the Jackson platform. The

Democratic Party must become responsive to the needs and demands of the Rainbow Coalition.

Office Hours (Get Involved)

The Peninsulans for Political Action Coalition's office hours are 2:00 to 9:00 Monday through Friday evenings and 10:00 to 6:00 on Saturday and Sunday. Volunteers are needed for office work, outreach work, publicity, fundraising, and June's Get-Out-The-Vote drive.

For more information, phone 325-0506 or 325-0507 or visit the offices at 1491 East Bayshore Road in East Palo Alto. Regular meetings are held every Wednesday evening at 7:00.

