

# EAST OF BAYSHORE SECTION

East Palo Alto

Belle Haven

## Ravenswood Swim Program Called "Most Successful"



Charles Donald, above center, discusses some of the lifeguard rules with two of his students at the Ravenswood pool in East Palo Alto.

Young Black swimmers need a role model to inspire them to go into competitive swimming. This is the thinking behind Charles Donald, the man who is largely responsible for this summer's success at Ravenswood Pool. But what Donald modestly refuses to admit is that he serves as the "role model" himself.

This summer the Ravenswood Red Cross Swim Program has had its most successful summer. Lessons were provided in beginner, advanced beginner, intermediate, swimmer and lifesaving. Adult swimming was taught and recreational swim hours were also provided.

Because the weather was good, swimmers turned out in large numbers, but even more the community has become water safety conscious.

Schery Mitchell, a bright 19 year old college student who served as Donald's Assistant Pool Director, attributes much of the program's success to Donald's influence. "He is planning and implementation of the program," she adds.

"We care about the students and in turn they are eager to learn swimming," she states.

The enthusiasm in East Palo Alto, an area having witnessed eight drownings since last year, has been reinforced by financial aid from EOC and the Sequoia Union High School District.

Close to \$6,000 has been used to teach the some 244. students and the salaries of seven staff members.

This summer's program is far more organized. At the completion of each session, parents were invited to come and observe the students demonstrate their water safety skills.

Last year the aide school was sparsely attended, whereas this summer over thirty students attended. Two thirds of the aides were from the East Palo Alto community ranging in age from 13-24.

## Ravenswood Schools Continue Free Meals

Ravenswood City School District recently announced the continuation of a free meal policy for school children unable to pay the full price of meals served in schools under the National School Lunch Program and Breakfast programs.

Local school officials have adopted the following family size-income criteria for use in determining eligibility.

For the family size of 1, the monthly gross income will be \$0 to \$228. (Family size of one means a pupil who is his sole support, such as a foster child.

For a family of 2, income will be \$0 to 300; family of 3, \$0 to \$372; family of 4, \$0 to \$443; family of 5, \$0 to \$508; family of 6, \$0 to \$574; family of 7, \$0 to \$633; and for a family of 8, \$0 to \$693.

\$53 is added for each additional family member.

Children from families whose income is at or below that shown are eligible for meals free. In addition, families not meeting this criteria but with other unusual expenses due to unusually high medical expenses, shelter costs in excess of 30% of income, special education expenses due to the mental or

physical condition of a child, and disaster or casualty losses are urged to apply.

They may do so by filling in the application forms to be sent home in a letter to parents. Additional copies are available at the principal's office in each school. The information provided on the application will be confidential and will be used only for the purpose of determining eligi-

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## Nairobi Schools Slate Open House

Each school in the Nairobi System will hold open house this Friday, August 31, 1973, from 10:00 a.m. to 4:00 p.m. Staff will be available at each school to answer questions, conduct a tour of the facilities, et cetera. Applications will be available, also, for prospective students. This will provide an opportunity for members of various agencies serving the East Bayshore Community and area parents to become better acquainted with the educational programs offered by the Nairobi Schools. The locations are: M.E.E. Day Care Center -- 1194 Saratoga Avenue; Annette Latorre Day Care Center -- 2358 University Avenue; the Nairobi Day School -- 791-805 Runnymede Street; Nairobi High School -- 855 Runnymede Street. Come on by and get acquainted.

On Saturday, September 1, 1973, from 10:00 a.m. on, a workday will be held to get things in order for the 1973-74 school year which begins on September 10. Everyone is invited. Bring your lunch; coffee and tea will be provided.

Across the bay on U.C. Berkeley's campus, a heated controversy is in progress regarding an hypothesis advanced by Professor Jensen. He main-

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## Dates Set for Muni Council

Due to County Holidays on September 3rd and 10th the East Palo Alto Municipal Council and Community Redevelopment Commission will hold joint meetings on Tuesday, September 4, 1973, and Tuesday, September 11th.

The CRC meeting will begin at 6:30 p.m. September 4th. Regular Municipal Council meeting at 8:00 p.m.

On September 11th CRC meeting will begin at 6:30 p.m. Followed by Municipal Council study meeting at 8:00 p.m.

## 3 R's Workshop Offered in Area

Two short courses designed to help you to improve your reading skills and your ability to concentrate on what you are reading will be offered by Canada College at the St. Francis of Assisi Church, 1425 Bay Road in East Palo Alto.

Emphasis will be placed on overcoming your individual reading problems and to improve your reading speed. The Reading Workshop will be taught Thursday afternoons, 1:00 to 3:00 p.m. September 13, 20, 27; October 4, 11, 18, 25 and November 1.

The Writing Workshop will consist of discussing and analyzing examples of good writing and will be taught Wednesday mornings from 9:00 to 11:00 a.m., September 12, 19, 26; October 3, 10, 17, 24, 31.

The fee to all members of the East Palo Alto Senior Citizens Club is \$.50 for each course. The fee for everyone else is \$1.00 for each course.

Mr. Arthur Rauch, English instructor at Canada College, who will teach both classes, will explain at the first session how it is possible for you to receive one unit of college credit for each course.

The two programs are offered in cooperation with Mrs. Laura Cullen of the Information and Referral Service and the East Palo Alto Senior Citizens Club.

You may register at the first session of the course. For further information please call 364-1212, ext. 236, Community Services, Canada College, 4200 Farm Hill Blvd., Redwood City, CA 94061.

## Party for Mel Harris

The Nairobi Community is invited to attend a no-host cocktail party on Friday, August 31, 1973, from 4:30 p.m. until at the home of Walter and Dolores Randall, 2548 Hazelwood way, East Palo Alto, California. The party is being held in honor of Mel Harris, a candidate for the Ravenswood City School District Board of Trustees; spaghetti dinners and drinks will be sold at a nominal fee. The entire community is urged to come out and support Mel Harris both at the cocktail party on Friday, August 31st, and at the polls on Tuesday, October 2, 1973.

**Be Proud of Your History**

## "Sidewalk" Sale

The Greater Friendship Baptist Church located at Chilco and Ivy Drive in Menlo Park will hold a "Sidewalk" sale this Saturday, September 1, 1973, from nine in the morning on. There will be an old-fashioned outdoor fish fry, home-made ice cream, individual sweet potato pies, and all sorts of other goodies. There will be a cakewalk and chittlin strut, also.

For additional information contact Rev. Dalton Dyer at the church or phone 323-0554.



From left to right: Arthur Rauch of Redwood City, Leora Owens, East Palo Alto, Evelyn Chaney, Redwood City, and Adeline Coleman of East Palo Alto.

## ...Free Meals

bility. Applications may be submitted any time during the school year.

In certain cases foster children are also eligible for these benefits. If a family has such children living with them and wishes to apply for meals for them, they should contact the school.

In the operation of child feeding programs, no child will be discriminated against because of his race, sex, color, or national origin.

Under the provision of the policy the Principal of each school will review applications and determine eligibility.

If a parent is dissatisfied with the ruling of the principal he may make a request either orally or in writing to the Superintendent, Mr. Warren Hayman, whose address is 2160 Euclid Avenue, East Palo Alto, CA 94303, for a hearing to appeal the decision. Hearing procedures are outlined in the policy.

A complete copy of the policy is on file in each school and in the office of the Superintendent, where it may be reviewed by any interested party.

## ...Nairobi

tains that the intelligence quotients of Blacks are inferior to those of Whites. Professor Jensen, along with a colleague, Professor Shockley of Stanford University, argues that the higher a Black's I.Q. the greater the amount of "White" genes he possesses.

Students of the Nairobi Schools located in this East Bayshore Community are a vivid refutation of these poor men's confused projections. These students are living testimony that Black children can learn and excel inside the Black community, and, they do this without those "White" genes of which Jensen and Shockley are so fond.

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## Classified Ads

### No experience necessary

Rack merchants needed by specialty distributor to take over territory. No sales experience necessary since no direct selling is involved. Heddy Schroeder's line of Tomorrow's Products are famous for their high quality and low cost. Part time work usually provides full time income.

### Earn \$100 or more a day

As a rack merchant, self-service display racks do your selling for you. You will learn how to get