

# Community Activity Guide

City of East Palo Alto

Winter/Spring 2009



## Dear Residents:

Sometime back in May 2007, a resident wrote an open letter to the residents of East Palo Alto with a simple lament regarding the state of parks and recreation in East Palo Alto. From that letter, a meeting was convened of persons interested in conditions of city parks and the status of recreation programs provided and not provided to residents. The follow-up meetings led to the creation, in August of 2007 of the East Palo Alto Parks and Recreation Citizens Committee, (EPAPARCC) a membership association dedicated to assisting the community in the enhancement and development of recreation facilities and programs in the City of East Palo Alto.

The initial members of the association consisted of Marcia Perez, Shannon Pekary, Melvin Gaines, Danny Thompson, Lillian Hense, and Everardo Luna with members of my staff and me serving as the initial facilitators. Together the group established the following six goals for the association: 1) Ensuring access to public facilities, bathrooms, sports fields, parks including safety concerns; 2) Promoting the acquisition and development of more open space, parks and sports facilities; 3) Encouraging collaboration with neighboring cities and the local school district and schools to allow access to sports facilities; 4) Assisting in the creation of a city-supported support infrastructure for registrations as well as volunteer recruitment for local sports organizations; 5) Advocating for the establishment of a Parks and Recreation Commission; 6) the development of mechanisms to inform residents on available recreation activities and programs.

It is however the goal of providing information to residents that has consumed EPAPARCC since its creation. Through the extraordinary efforts of Marcia Perez and Shannon Pekary this activity guide has come into being. To address the challenge that the city faced in previous efforts of getting program and activity information consistently and on time so as to be able to publish with regularity an activity guide. The group under the leadership of Mr. Pekary developed a website based software that would allow individual organizations to input their program and activity information directly on their own. Several trainings were conducted and organizations were given independent access to the site and instructions as to how to upload their information. In addition, the association developed a partnership with Job-Train, a local training and employment agency to hire youth who would work with various organizations to assist them in their data upload.

In recognition of the fact that not every resident would have access to a computer, it was acknowledged that a print version of the website based guide would have to be developed and distributed to each home in the city. This activity guide represents that effort.

Even with these efforts, the guide may not be as complete as we may want, however, this maiden issue will hopefully encourage every organization providing programs and activities to residents to join EPAPARCC and the city to ensure that their programs and activities get maximal exposure and that residents have every opportunity to take advantage of them.

We are very happy to offer you this issue of the activity guide. We hope you enjoy it and find it useful; however, we would also love to get feedback from you as to how it can be improved. Please send any comments regarding the guide to [preliford@cityofepa.org](mailto:preliford@cityofepa.org) or mail to: Activity Guide, Community Services Department, 2277 University Avenue, East Palo Alto, CA 94303. To access the website version of the guide please visit [epaguide.org](http://epaguide.org).

Respectfully,

**Meda O. Okelo**  
Community Services Director

## INSIDE THIS ISSUE:

*Providers are listed alphabetically and are color coded by type of service they provide.*

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City of East Palo Alto  
Community Services Department  
2277 University Avenue  
East Palo Alto, CA 94303  
(650) 853-3140

*If you are a public or non-profit agency providing services to youth, families and/or seniors here in the East Palo Alto community and would like to have your information included in our next issue please contact our data services provider:*

EPA.net @ (650) 322-6405 or send an e-mail to [epaguide@epa.net](mailto:epaguide@epa.net)

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# City of East Palo Alto

## CITY DEPARTMENTS

### ADMINISTRATION OFFICES

The City of East Palo Alto operates under a Council/Manager form of government, a system that combines the policy leadership of five (5) elected officials in the form of a city council with a paid appointed City Manager. **Location:** 2415 University Avenue, East Palo Alto, CA 94303; **Phone:** (650) 853-3100 **E-mail:** (650) 853-3115. **Website:** www.cityofepa.org; **Office Hours:** Monday - Friday, 8:00am-noon and 1:00-5:00pm.

### BUILDING

We are responsible for ensuring that development projects are designed and constructed to a high level of quality and in compliance with adopted code standards. We enforce building, plumbing, mechanical, electrical installations and accessibility and energy compliance. In the event of an emergency or disaster, it is our responsibility to perform damage assessments of all structures. We also work hard to maintain accurate property and permit records. This division is divided into three main work areas: Public Counter, Plan Review and Construction Inspection. These three areas collaborate with customers to deliver public information, project review and approval, permit issuance, and inspection services. **Location:** 1960 Tate Street, East Palo Alto, CA 94303; **Phone:** 650-853-3189; **Counter Hours:** Monday-Thursday: 9:00am-Noon and 1:00-4:00pm, Friday: 9:00am-Noon.

### CITY OF EAST PALO ALTO COMMUNITY SERVICES DEPARTMENT

Our mission is provide for children, youth and their families, residing in East Palo Alto and closely allied neighboring communities, opportunities to grow and develop physically, socially, emotionally and academically through the provision of sports, leisure, and other developmental activities. The Department's services are divided in three areas; Administration, Recreation and Aging. **Address:** 2277 University Avenue, East Palo Alto, 94303; **Phone:** (650) 853-5907; **Fax:** (650) 853-5928. Under the Main Office residents can obtain:

#### Park Permits

No person shall hold, conduct, carry on or cause to be held, conducted or carried on any special event upon any public property within the city or use any city facility without first having obtained a permit to do so issue pursuant to the City of East Palo Alto's Municipal Code as stated in codes 12.08.010, 12.08.020 and 12.08.050. All applicants will be required to appear in front of the City's Development Review Committee (DRC) whose meetings are held every Tuesday between 1:00 and 3:00pm. **Contact:** Community Services Office Monday-Friday, 9:00am-3:00pm for more details.

#### SUBMISSION DEADLINE

1. Permit applications for Parades are due at the Community Services Department Office 60 (sixty) working days prior to the date the scheduled event when (1) the event will have a parade requiring a street, or lane closure, or (2) the applicant is requesting all or partial waiver of the required permit fees.
2. For all other Special Event Permit requests completed applications are due thirty (30) working days prior to the scheduled event. Late applications will be considered on a case by case basis and may be denied at the City's discretion. \*(Working days are counted as Monday - Friday, excludes Holidays and Weekends.) For special events seeking fee reductions or waivers, the 60 (sixty) working days prior to the date of the event requirement would apply.

#### Recreation Division

Recreation Division provides a wide range of social and recreational opportunities for all ages from performing arts classes, East Palo Alto Youth Advisory Councils (EPA-YAC) Clubs for teens and community events and summer playground activities for the whole family. We are committed to enhancing the quality of life in East Palo Alto by preserving parkland resources, conserving East Palo Alto's history, partnering for a safe city, and providing diverse opportunities for its residents to explore arts, culture, sport, recreation, personal growth and wellness. Program under the Recreation Division include Special Events, Middle & High school Programs, and the On-line Activity Guide.

### City Co-sponsored Events

#### East Palo Alto College Planning Workshop □ ■

**Saturday, February 28th**

Are you tossing and turning nights trying to figure out how to pay for college? . . . Have you saved enough to put ALL of your kids through college? . . . Are you worried that you may not be able to afford to send your child to the best school they can get into - or worse, their Dream School? Did you not know that all students regardless if they are US born can go to college? If so, . . . Our Free Workshop Reveals Ways to Slash College Costs, keep your student on track and more! **Dates:** February 28, 2009; **Category:** Educational; **Time:** 11:30am -4:30pm; **Location:** Eastside College Preparatory School, Myrtle Street, East Palo Alto; **Age Group:** 7th-12th graders and their parents; **Registration:** No advance registration required.

#### 4th Annual Tri-City Mayor's Job Fair ■

**Wednesday, April 1, 2009**

It is time again to make summer jobs for youth a priority in our city. Putting more young people to work in the summer is going to make the cities serving low-income youth constituents, from of East Palo Alto, East Menlo Park and Palo Alto, stronger and safer communities. In 2007 these three cities' mayors convened and initiated the first annual Tri-City Jobs for Youth Fair as a crime prevention initiative. Our youth are again calling out for a productive way to spend the summer months and we must answer that call. It is our turn again to host this fair. **Contact:** Pamela Reliford, Recreation Division, preliford@cityofepa.org; **Location:** TBD; **Date:** April 1/1/09; **Time:** 6:00pm - 9:00pm; **Fee:** none; **Bring:** Resume; **Attire:** Dress for Success since some employers that are on hand are prepared to interview and accept applications on site.

#### National Public Health Week Kick-off Event: EPA Community Health roundtable and the Junior League present... ■

**Dance for Health/Baile por la Salud**

**Saturday, April 4, 2009**

The East Palo Alto Community Health Roundtable facilitated by Mayor Ruben Abrica will host its 2nd Annual Health & Safety Fair featuring the Palo Alto Junior leagues' *4th Annual Kids in the Kitchen*. The 2009 Health & Safety Fair highlights hands on demos for all ages, bicycle safety seminars, and cooking classes are just a few highlights that are geared toward tots to seniors. **Location:** Costañõ School, 2695 Fordham, East Palo Alto; **Date:** April 4, 2009; **Times:** TBD; **Fee:** FREE; **Age Group:** Community Event.

#### Beat II Neighborhood Clean-up Day ■

**Saturday & Sunday, April 4th & 5th**

The City of East Palo Alto and the Menlo Park Fire District are sponsoring a neighborhood clean-up day of old unwanted items. Those with special needs who need assistance can contact E-PAY-AC Club, the City of East Palo Alto Youth Club, for assistance by calling 650.853.3172. **Dates:** April 4 & 5, 2009; **Time:** 11:30am - 3:00pm; **Category:** Environment & Health; **Age Group:** All ages; **Registration:** Free.

#### Middle & High School Programs (5th-12th grades)

##### EPA-YAC (East Palo Alto Youth Advisory Council) 9th-12th grade ■

The City of East Palo Alto values the ideas and opinions of its youth and under the direction of the Recreation Division launched a campaign that 'The Magic of change is in YOUTH' in December of 2006. In keeping with that fundamental principle we have re-established the East Palo Alto Youth Advisory Council (EPA-YAC) in a new innovative format that draws from a more diverse group of teens and young adults within the community to work with city council, school officials and youth agencies which provides them a voice in decision making opportunities which concern their well being living in East Palo Alto. **Age Group:** High School, Grades 9-12; **Time:** During school year, September - June; **Location:** Offered during Lunchtime at H.S. within the Sequoia High School District as well as partnering with the advisory councils located at Eastside College Preparatory school and EPA High Academy. **Contact:** If you wish to establish a club at your site please call the Recreation Division at (650) 853-3172. **Email:** preliford@cityofepa.org.

##### Drumming Class for 5th-8th graders □

City of East Palo Alto offers a performing arts program through a grant from the Federal Department of Education. The program is also in collaboration with the Ravenswood City School District. **Dates:** Now through June 2009 **Dates:** Now through June 2009 on Wednesdays: 2:15- 3:00pm for 6th graders, 3:00-4:00pm 7th/8th graders and 4:00-4:45pm for 5th Graders; **Category:** Performing Arts; **Age Group:** Middle School; **Registration:** Register at Cesar Chavez School with the instructor; **Fee:** FREE except equip rental.

**Choral for 5th-8th graders** □

City of East Palo Alto offers a performing arts program through a grant from the Federal Department of Education. The program is also in collaboration with the Ravenswood City School District. **Dates:** Now through June 2009 on Mondays, Tuesdays, Thursdays & Fridays from 4:30pm to 6:30pm; **Category:** Performing Arts; **Age Group:** Middle School; **Registration:** Register at Cesar Chavez School with the instructor; **Fee:** FREE.

**Mobile RecCorps Program geared to Grades K-12th** □ □ ■

East Palo Alto Mobile RecCorps is a leadership training and job skills development program that identify, train & deploy teens aged 15-18 into isolated neighborhoods to run free activities for youth.

**Spring Break - April 6th-10th** □ ■

**Drop-in Program** is geared to 5th - 12th graders who want to have a safe place to come play pool, ping pong, basketball, catch on homework and more!

11:00am-5:00pm 5th-12th graders Lord's Gym Community Center  
1820 Bay Road, East Palo Alto

**Teens Only Program** is time for recreational completion among friends. Geared to teens high school age only.

6:00-10:00pm 9th-12th grades Lord's Gym Community Center  
1820 Bay Road, East Palo Alto

**Registration:** May signup through the Community Services Department, 22777 University Avenue. Phone: (650) 853-3140 or on site. Parents must sign a waiver & medical release form.

**High School Events 9th-12th Graders** ■

April 4	Game Day part of Public Health Week
April 8	Teens lead Walking School Bus Event
April 11, 2009	Fashion/Talent Show
May 9, 2009	Jam Session
May 18, 2009	EPA-YAC Graduation Ceremony & Unite the Town Dance

**Registration:** May signup through the Community Services Department, 22777 University Avenue. Phone: (650) 853-3140. Parents must sign a waiver & medical release form.

**Senior Service Division** □ □

The City of East Palo Alto provides a variety of activities and services for older adults including Dial-A-Ride Senior Transportation Program, bus excursions, activities and the Congregate Nutrition Program.

**Congregate Nutrition Program**

Congregate Meal Program offers healthy lunches served in welcoming group settings at the East Palo Alto Senior Center, 560 Bell Street, to older adults 60 and older. While the meal is served from 11:30am to 12:30pm, seniors are welcome to come beginning at 9:00am and stay until 2:00pm. Lunch is served Mondays through Fridays. **FEE: A \$2.00 donation is suggested for each person, 60 years and older, who is eating. Those under 60 must pay a flat lunch rate of \$6.50 per person.** In addition, a variety of educational programs are presented at the meals. These presentations are open to the general public, representatives of local agencies and interested seniors.

**Senior Transportation Program**

Transportation to the East Palo Alto Senior Center provides door-to-door service to senior programs for East Palo Alto Residents. **Reservations are required 24 hours in advance by calling 650/444.0405.** This service is provided Monday-Friday with morning pick-ups at approximately 9:00 am and take you home after 2:00pm Monday through Friday. **Donation:** 50 cents for the day.

**Senior Classes & Programs (City Sponsored)** □ □

Bingo	Thursdays - 12:30-2:00pm	.25¢ per day
	EPA Senior Center, 560 Bell Street	
Soul Line Dancing	Tuesdays - 1:30-2:30pm	Free
	EPA Senior Center, 560 Bell Street	

**City's Senior Field/Excursion trips:**

Are offered during the year through the Community services Aging Division for more details on upcoming trips please call the city's transportation Dempsey Mitchell @ (650) 444-0405 for more details.

**HOUSING**

The mission of the Housing Services Department is to advance and support policies and programs to ensure that East Palo Alto is a sustainable and economically vital city of culturally and vocationally diverse residents of all ages. **Office:** 2277 University Avenue, East Palo Alto, CA 94303; **Phone:** 650-853-3109; **Fax:** 650-853-3179.

**Divisions**

Rent Stabilization	(650) 853-3114
Housing Program	(650) 853-3156

**HUMAN RESOURCES DIVISION**

The division provides staff services related to recruitment and selection, employment benefits' management, labor/employee relations, training, job classification and compensation, workers compensation, and safety. **Location:** 2415 University Avenue, East Palo Alto, CA 94303; **Phone:** 650-853-3100

**POLICE DEPARTMENT**

The Department works closely in partnership with neighborhood residents, business owners and their employees to solve neighborhood public safety problems. To that end, the Department undertakes proactive efforts to apprehend violators of the law and to prevent crime by working in concert with other city agencies, training our staff, and educating residents, merchants and local students. Further, the Department will carry out its mission strategically by developing crime strategies that are targeted. We will also leverage our resources by making broad use of volunteers and city, county, state and federal resources. **Administration, Records & Patrol:** 141 Demeter Street, East Palo Alto, CA 94303; **Phone:** (650)853-3160.. our divisions include:

- |   |  |
|---|--|
| • Street medians landscaping maintenance                      | • Traffic signals maintenance                                |
| • Tree maintenance on Public right of way                     | • Street lights maintenance                                  |
| • Street and right of way maintenance                         | • Litter control and free recycling program at Corp Yard     |
| • Storm drainage system and O'Connor pump station maintenance | • Provide sand bags to residents during rainy season         |
| • Facilities maintenance                                      | • Provide compost to residents for gardening and landscaping |
|   | • Respond to resident complain                               |

**EMERGENCY**

None emergency PD dispatch	9-1-1
Code Enforcement	(650) 321-1112
Office of Emergency Services	(650) 853-5940
Parole Reentry Program	(650) 853-3160
Explorer Scouts Program	(650) 462-6999
Police Athletics League	(650) 853-3163
	(650) 853-3155

**PLANNING DIVISION**

The Planning Division serves the residents and businesses of the City of East Palo Alto by regulating the use of land based on the General Plan and the Zoning Regulations. These two documents (hard-copies are available at the Planning Division office) are the City's adopted policies and regulations and are it's principle instruments used to guide the use and development of land. **Location:** 1960 Tate Street, East Palo Alto, CA 94303; **Phone:** (650) 853-3185; **Fax:** (650)853-3179.

**PUBLIC WORKS**

The Public Works Department is responsible for a myriad of functions. These functions include design and management of capital improvement projects, maintenance of city streets, roads, traffic signals, storm water drainage, contract water distribution, contract solid waste collection, recycling, and hazardous materials disposal. **Location:** 1960 Tate Street, East Palo Alto, CA 94303; **Phone:** 650-853-3189; **Counter Hours:** Monday-Friday: 9:00am-Noon and 1:00-4:00pm.

**East Palo Alto Free Community Shuttle Program**

This free shuttle connects East Palo Alto and the Palo Alto Transit Center, where riders can connect with Stanford's free Marguerite shuttle and other transit providers. The shuttle provides morning, evening, and late night service seven days a week. **Location:** 2415 University Avenue; **Contact:** Mary Flamer; **Phone:** (650) 853-7143.



## CITY DEPARTMENTS CONTINUED FROM PAGE 3

### Engineering

The Engineering Division is responsible for the design, supervision and inspection of all street, sidewalk and bike path construction; all City surveying and mapping operations including maintenance of the City's Official Map, street and utility records; the review of land use changes for public works feasibility; and the preparation of various studies relating to Public Works. **Location:** 1960 Tate Street, East Palo Alto; **Contact:** Kamal Fallaha; **Phone:** (650) 853-3117.

### Maintenance

Our Mission is to provide exemplary services for our community that enhance and protect the quality of life. **Maintenance Corporation Yard** is located at 150 Tara Street off of Bay Road. **Open to the Public:** Monday through Friday from 8am to 4pm closed 12noon to 1pm. **Contact:** Gloria Galindo at (650) 853-5916.

### REDEVELOPMENT AGENCY

The Redevelopment Agency's main goal is abating blight, generating jobs, creating economic opportunities, and raising revenues that can be used to improve the quality of life for the residents of East Palo Alto. **Location:** 1960 Tate Street, East Palo Alto, CA 94303; **Phone:** 650-853-3186. The City's Redevelopment Agency supports the following activities:

1. **Redevelopment Activities:** Development projects within the redevelopment areas are either initiated or coordinated through the City's Redevelopment Agency. In general terms, the main functions of the Agency are to eliminate physical blight, expand the City's tax base, create and retain employment for local residents, and improve the City's physical infrastructure.

To put it in numerical terms, as a result of the Agency's efforts, with the creation of the Ravenswood 101 shopping center, the City's sales tax revenue has increased from \$262,000 back in 1992, to about \$2,400,000 in 2008. This phenomenal growth has enabled the City to become a financially viable and autonomous entity, the youngest City in the County. Thus, enabling its resident to take their future and land use decisions in their own hands.

In terms of jobs, in 2007, there were about 848 jobs in the Ravenswood 101 shopping center, a Redevelopment project. Of the 848 total jobs, 345 were filled by East Palo Alto residents. That represents 41% of the total jobs! Thus, Redevelopment has created employment that supports many East Palo Alto families.

With respect to assessed valuations of the Redevelopment areas, the Gateway 101 has increased from \$17M to \$307M from 1993 to 2007, and University Circle has increased from \$7M to \$373M from 1988 to 2007. This has generated substantial tax increment to fund the development of affordable housing and other redevelopment activities. Redevelopment allocates 20% of the total tax increment it receives to create affordable housing in East Palo Alto. Nugent Square on University Avenue, and the Courtyard project on Bay Road are two examples of affordable projects.

2. **Economic Development Activities:** The elected City Council also serves as the Redevelopment Agency Board of Directors, with the Mayor (Ruben Abrica) serving as the Vice-Chair of the Agency, and the Vice-Mayor (David Woods) serving as the Agency Chair. The City's Economic Development Activities are focused to create a healthy and thriving business environment in East Palo Alto by expanding employment, procurement and small business opportunities for East Palo Alto residents and local businesses, as well as attracting needed goods and services. The Agency early focus was to very rapidly create additional sources of revenue to make the City financially viable. With that initial goal achieved and the City now in a better financial position, the Agency is working to bring neighborhood serving retail and goods and services (such as a supermarket) not found in the community, as well as creating additional jobs that match our population's profile, enhancing our open space amenities and improving deficient infrastructure within the Redevelopment area.

## Employment Opportunities For Parolees

The City of East Palo Alto Parole Reentry Program is introducing a pilot project. This project provides up to 90-day employment for parolees that can count towards qualifying for permanent employment with Caltrans via the Caltrans Service Assistant Maintenance exam.

To qualify, a parolee must be actively participating in programs and services at the East Palo Alto Parole Reentry Program, be able to lift at least 50 pounds and pass pre-employment drug screening. Parolees can earn up to \$10 per hour and will work an 8 hour day.

Work performed by parolees shall consist of, but not be limited to:

- Litter and debris removal
- Manual weed control
- Paint over or remove graffiti
- Trim or remove unsightly, dead, or overgrown vegetation
- Make firebreaks at fence lines where appropriate adjacent to shoulder
- Plant restoration in landscaped areas
- Minor storm damage repair activities

For additional information contact the DAY REPORTING CENTER located at FREE AT LAST, 1796 Bay Road, East Palo Alto, CA 94303 or call (650) 462-6999.

East Palo Alto Parole Reentry Program  
219 Demeter Street  
East Palo Alto, CA 94303

## An East Palo Alto Local Resident Star!

### Salt Marsh Harvest Mouse

The salt marsh harvest mouse is a tiny, nocturnal rodent that lives in San Francisco Bay wetlands. The mouse can only be found along the Bay. It was listed as an **endangered species** in 1970.

Salt marsh harvest mice are among the smallest rodents in the United States. Their brown bodies are less than three inches long, which is about the size of a thumb, and weigh less than a nickel. Their tails can be as long or longer than their bodies, and they have grooved teeth.



Salt marsh harvest mice eat seeds, grasses, **pickleweed** and insects, and are active mostly at night. Unlike most mammals, their bodies are specially adapted to tolerate high concentrations of salt in food and water. The mice have been known to drink and survive on salt water or **brackish** water for long periods of time, which has given them a great advantage in the Bay's salty tidal marshes where only a limited number of creatures can survive.

Because of their small size, salt marsh harvest mice live in areas of dense pickleweed, which provides ample hiding places from natural predators, such as hawks, owls, **herons**, and **clapper rails**. During very high tides, water covers the pickleweed, and the mice must either swim or climb onto plants that grow above the high tide line. For this reason, salt marsh harvest mice are very good swimmers and climbers, but they also depend on the bushy vegetation that rings Bay wetlands.

Salt marsh harvest mice live very short lives—most live less than 8 months, but they can live as long as one year. Unlike most rodents, they do not reproduce quickly: females bear only about four young per litter, and have only one litter in their lifetime.

Want to be listed in the next issue?  
Call EPA.net today @ (650) 322-1134.

## American Water-Boys & Girls Club

### AMERICAN WATER COMPANY ■

At American Water, our customers are our number one priority. Here you'll find useful information about your service, your bill, and your rights and responsibilities as an American Water customer. You can also read and download your local water quality reports and turn-on or turn-off service. You can also find helpful information that may help you lower your bill. We welcome your feedback and want you to share your stories about your experience with us. Counter Hours: Monday-Friday **Location:** 2415 University Avenue, 2nd Floor, East Palo Alto; **Phone:** (650) 322-2083.

### BAYSHORE CHRISTIAN MINISTRIES ■ ■

Provides a variety of programming for youth in grades 1-12 including after school tutoring, workshops, outings, Bible studies, middle and high school youth ministries, academic summer programs, parent workshops, college scholarships, summer internships for college students, and jobs for local high school students. **Address:** 1001 Beech Street, East Palo Alto, 94303; **Phone:** (650) 327-1139; **Fax:** (650) 327-4329; **Email:** information@bayshore.org; **Website:** www.bayshore.org.

### BOYS & GIRLS CLUB OF THE MID-PENINSULA ■ ■ ■

The Boys & Girls Clubs of the Peninsula is a place where youth are welcome every day during the after school hours and summer days. We offer a number of programs, activities and educational opportunities at our three locations in East Palo Alto, Menlo Park, and Redwood City. Their sites:

#### Moldaw-Zaffaroni Clubhouse

**Address:** 2031 Pulgas Avenue, East Palo Alto, 94303; **Phone:** (650) 646-6090; **Fax:** (650) 330-1299; **Email:** info@bgcp.org; **Website:** http://www.bgcp.org.

#### McNeil Family Clubhouse

**Address:** 401 Pierce Road, Menlo Park, 94025; **Phone:** (650) 646-6070; **Fax:** (650) 322-9042; **Email:** info@bgcp.org; **Website:** www.bgcp.org.

### BUILD ■

BUILD is a four-year entrepreneurship-focused college preparation program whose mission is to provide real-world entrepreneurial experience that empowers youth to excel in education, lead in their communities, and succeed professionally. **Address:** 2197 East Bayshore Road, Palo Alto, 94303; **Phone:** 650.543.4762; **Fax:** 650.543.4775; **Website:** www.build.org.



### BUILT TO LAST ■

In May 2006, Menlo College was awarded a six-month California Service Corporation Planning grant. The Menlo College Built to Last Feasibility Study identified ways to involve the community in what Martin Luther King Jr. called the "beloved community." The Beloved Community is an all-inclusive spirit of sisterhood and brotherhood working together to increase East Palo Alto and East Menlo Park high school student graduation rates. On May 24, 2007, the California Volunteer (CV), Commission awarded the Built to Last Collaborative a three-year AmeriCorps grant to increase the high school completion rates of Sequoia Union High School District students. The grant award of \$1 Million will allow Built to Last to recruit, train and deploy forty academic coaches and hundreds of area volunteers to increase high school graduation rates. **Contact:** Main office number: (650) 330-2259; **Address:** 100 Terminal Avenue, Menlo Park, CA 94025.

## Canopy-Community Legal Services

### CANOPY ■

Canopy is a non-profit urban forest organization that engages and educates the community in the planting and care of trees and the importance of the urban forest for the urban environment. **Address:** 3921 East Bayshore Road, Palo Alto, 94303. **Phone:** (650) 964-6110; **Fax:** (650) 964-6173; **Email:** info@canopy.org; **Website:** www.canopy.org.

#### Trees For East Palo Alto Initiative

Canopy's East Palo Alto Tree Initiative planted and cared for over 1,000 trees in East Palo Alto. These trees will clean the air, cool the busy streets and create a safer, greener city. **Dates:** ; **Category:** Environmental; **Age Group:** All ages; **Registration:** Contact organization.



### COLLARD GREENS CULTURAL FESTIVAL ■

The 11-year-old Festival features live blues, jazz, funk and gospel; community information booths; the legendary Collard Greens Ice Cream; and a collard greens cook-off to crown the King and Queen of Collard Greens. The event is a fundraiser to support quality education for African American children. **Contact:** Nobantu Ankoanda, Ed.D.; **Address:** P.O. Box 50714, East Palo Alto, 94303; **Phone:** (650) 323-5861; **Fax:** **Email:** NAnkoanda@aol.com; **Website:** http://www.epa.net/collardgreens.



Collard Greens  
Celebrating Culture, History, and  
Traditional African-American Food  
Cultural Festival



#### Collard Greens Cultural Festival 2009

Collard greens lovers everywhere! Get out your favorite recipes and get ready for the 10th annual Collard Greens Cultural Festival, Saturday, July 26, 2008 from 12 noon to 7:00 PM. Come out and bring the whole family because there's something for everyone! Relax to sounds of smooth, soothing Jazz, or the down home, guitar thumping rhythm of the Blues. **Location:** Bell Street Park, East Palo Alto; **Date:** July 25, 2009; **Time:** 12:00 - 7:00pm; **Fee:** Free Admission; **Contact:** Nobantu Ankoanda, Ed.D, Founder/ Executive Director; **Phone:** (650) 323-5861; **Mail:** P.O. Box 50714, Palo Alto, CA 9430; **Email:** nankoanda@aol.com.

### COLLECTIVE ROOTS ■

The mission of Collective Roots is to engage youth and communities in food system change through sustainable programs that impact public and environmental health. **Contact:** Wolfram Alderson; **Address:** 1286 Runnymede Street, East Palo Alto, 94303; **Phone:** (650) 324-2769; **Email:** wolfram@collectiveroots.org; **Website:** http://www.collectiveroots.org.



### COLLEGE TRACK ■

College Track is an after school, college preparatory program that helps students graduate from high school and succeed in college. We set high expectations for student achievement and offering a variety of programs in our three core service areas: Academic Affairs, Student Life and College Affairs. **Address:** 1877 Bay Road, East Palo Alto, 94303; **Phone:** (650) 802-0731; **Fax:** (650) 802-0731; **Email:** Info@collegetrack.org; **Website:** www.collegetrack.org.

### COMMUNITY DEVELOPMENT INSTITUTE ■

CDI's mission is to develop well-trained leaders; to support and nurture community-based organizations, public agencies, and businesses; and to promote community self-determination and sustainability. CDI also serves as the fiscal sponsor for more than a dozen community-based Bay Area organizations. **Contact:** Rashid Herd; **Address:** 321 Bell Street, East Palo Alto, 94303; **Phone:** (650) 327-5846; **Fax:** (650) 327-4430; **Email:** rashid@cdi-usa.org; **Website:** www.cdi-usa.org.

### COMMUNITY LEGAL SERVICES IN EAST PALO ALTO ■

Provides legal assistance to low-income individuals and families in East Palo Alto and the surrounding community. Our practice areas include housing, immigration, general civil litigation, and anti-predatory lending. To schedule an appointment, please call our office. To volunteer, please send an email to volunteer@clsepa.org. **Address:** 2117 University Avenue, East Palo Alto, 94303; **Phone:** (650) 326-6440; **Fax:** (650) 326-9722; **Email:** info@clsepa.org; **Website:** http://www.clsepa.org.

#### Immigration Clinics

Immigration attorneys and Stanford law students are available for free comprehensive immigration consultations. Community Legal Services can take on many of the cases or assist with referrals for others. **Dates:** Ongoing; **Category:** Community; **Age Group:** Adults; **Registration:** Call (650) 326-6440 to make an appointment.

## EPACT FUND-EPA.net

### EPACT EDUCATION FUND

The EPACT Education Fund is the educational adjunct of EPACT, the East Palo Alto Council of Tenants. The aim of both EPACT and EPACT Education Fund is to mobilize and assist tenants to defend the rights of the tenant community in East Palo Alto, prevent unlawful evictions, and ensure affordable, safe, and habitable living conditions for low-income residents. **Contact:** William B. Webster; **Address:** P.O. Box 50142, East Palo Alto, 94303; **Phone:** (650) 322-9725; **Email:** wbw@stanford.edu; **Website:** http://www.stanford.edu/~wbw/epact.html.

**EAST PALO ALTO-BELLE HAVEN****CHAMBER OF COMMERCE** ■

The Chamber works to promote economic prosperity for East Palo Alto and the Belle Haven and the Willows neighborhoods of Menlo Park through representation and advocacy for the business community. We work to enhance business development and mentoring opportunities for new and emerging businesses. **Address:** P.O. Box 50519, East Palo Alto, 94303; **Phone:** (650) 482-9711; **Email:** info@epabhchamber.org; **Website:** www.epa.net/epabhcc.

**EAST PALO ALTO BABE RUTH****BASEBALL (AGES 13-15)** ■

Baseball for 13 - 15 year olds. Boys and girls welcomed. Competitive team sport. All practices at Costañó School. All games in Belmont and San Mateo. Transportation provided if necessary. **Contact:** Coach Evarardo Luna, (650) 799-3085 or Marcia Perez, (415) 297-6009; **Email:** marciaperez@cs.com.

**EAST PALO ALTO BOXING CLUB****AGES 8 -ADULTS** ■ ■ ■ ■ ■

Provides training in self-defense, classic boxing training, teaching of discipline and self-respect. Ages 8 to adult. **Activity:** boxing and training classes for children 14 and up Mon-Fri from 6:00-8:00pm.

**Contact:** Coach Johnnie Gray; **Address:** 2528 Pulgas Avenue, East Palo Alto, 94303; **Phone:** (650) 630-0213; **Email:** epaboxing-club@yahoo.com.

**EAST PALO ALTO CENTER FOR COMMUNITY MEDIA (EPA TODAY)** ■

The East Palo Alto Center for Community Media exists to further the vision of an East Palo Alto that is informed, connected, involved, secure and empowered. The EPA Center provides East Palo Alto residents with up-to-date news and information by operating "EPA Today," the only local newspaper; maintaining the www.epatoday.org web site; and working to establish a television division, the East Palo Alto Media Annex. **Contact:** Henrietta Burroughs; **Address:** 321 Bell Street, East Palo Alto, 94303; **Phone:** (650) 327-5846, ext. 311; **Fax:** (650) 327-4430; **Email:** EPAMedia@aol.com; **Website:** www.epamedia.org.

**EAST PALO ALTO COMMUNITY FARMERS' MARKET BOARD** ■ ■ ■ ■ ■

After 20 years without a supermarket, East Palo Alto individuals and organizations joined together to establish the East Palo Alto Community Farmers' Market. Come and buy fresh and affordable produce every Sunday without leaving the City. **Contact:** See website or call organization for produce in season, weekly specials and more information. Hours vary with seasons, 3-6pm in summer, and 2-5pm in fall/winter; **Address:** Behind St. Francis of Assisi Church at 1425 Bay Road, East Palo Alto, 94303; **Phone:** (650) 324-2769; **Fax:** 650 324-2769; **Email:** epafarmers-market@collectiveroots.org; **Website:** www.epafarmersmarket.org.

**EAST PALO ALTO FAMILY YMCA** ■ ■ ■ ■ ■

The Lewis and Joan Platt East Palo Alto Family YMCA is committed to strengthening and enriching the development of youth, adults, families and communities through health and wellness, aquatics, camp, youth and adult sports, teen activities, family programs and volunteer opportunities. **Address:** 550 Bell Street, East Palo Alto, 94303; **Phone:** (650) 328-9622; **Fax:** (650) 687-5380; **Email:** eastpaloaltofamily@ymcamidpen.org; **Website:** www.epaymca.org.

**The Spot Teen Center**

Provides teens a place to call their own and a chance to connect with adults that care about them and an opportunity to get involved in positive programs such as: group exercise, arts & crafts, sports, youth and government, homework assistance and much more. **Dates:** ongoing; **Category:** After school; **Age Group:** High School; **Registration:** YMCA (650) 328-9622.

**YMCA Kids Club**

A place for entertainment for kids and also a place where they can get help with homework if any. Requires membership. **Time:** Runs Monday through Saturday; **Location:** East Palo Alto YMCA; **Contact:** Contact the YMCA; **Phone:** 650-328-9622.

**EAST PALO ALTO JUNIOR GIANTS****T-BALL & PITCHING MACHINE** ■ ■ ■ ■ ■

East Palo Alto Junior Giants T-Ball and Pitching Machine League is a volunteer run league. Since its inception in 1992, the league has grown to include 9 teams, 105 young participants and 15 coaches. The program promotes the awareness of the Old Negro League whose teams played from the late 1800's through the early 1960's. **Contact:** Ray Askew; **Phone:** (650) 207-1943, (650) 322-5440, (408) 515-7489; **Email:** ; **Website:** http://www.ballcharts.com/juniorgiants.

**EAST PALO ALTO KIDS FOUNDATION**

The Foundation is a community-based, all-volunteer organization that promotes educational opportunities and academic success for students in East Palo Alto and eastern Menlo Park. We provide educator micro grants directly to teachers and sponsored project grants that significantly impact the learning environment for more than just one classroom of students. **Address:** P.O. Box 50542, East Palo Alto, 94303; **Phone:** (650) 852-9398; **Email:** info@epak.org; **Website:** www.epak.org.

**EAST PALO ALTO LIBRARY** ■ ■ ■ ■ ■

The East Palo Alto Library has books, music, movies and many more items that you can borrow for free. We also have computers that you can use for the Internet and word processing, or bring your own computer and access the library's free WiFi. We have a variety of items in Spanish and other languages. At [www.smcl.org](http://www.smcl.org) you can access the library catalog and other features like Live Homework Help, a program that connects students to a real live tutor via the Internet. **Address:** 2415 University Avenue, East Palo Alto, 94303; **Phone:** (650) 321-7712; **Email:** eastpaloalto@smcl.org; **Website:** <http://www.eastpaloaltolibrary.org>.

**EAST PALO ALTO RAZORBACKS RUGBY** ■ ■ ■ ■ ■

The East Palo Alto Razorbacks are an under 19 years Rugby Football Club. We draw players from High Schools near the East Palo Alto, California area. We're always looking for new players wanting to learn and play the game of rugby. **Contact:** Dave Tupou; **Phone:** (650) 642-4751; **Email:** dave@eparugby.org; **Website:** <http://www.razorbacks.eparugby.org>.

**EAST PALO ALTO TEEN HOME** ■ ■ ■ ■ ■

Provides a home for teenage girls 12 to 17 who have come from juvenile hall, child protective services and social services. Girls can live at the home until they turn 18 as long as they attend school or work. Approximately six girls live at the home with seven staff members. The girls also go on field trips to broaden their experiences and receive assistance in finding jobs. **Contact:** Sheila George; **Address:** 2265 Oakwood Dr, East Palo Alto, 94303; **Phone:** (650) 324-8487; **Fax:** 650 329-8748; **Email:** epateens@flash.net; **Website:** www.epateenhome.org.

**EAST PALO ALTO TENNIS & TUTORING PROGRAM (EPATT)** ■ ■ ■ ■ ■

Through partnerships with families, schools, and the local communities, EPATT promotes leadership, discipline, hard work and excellence among one hundred K-12 students. Using the unique mix of one-on-one academic tutoring and tennis instruction, EPATT strives to enrich the academic, athletic, and social skills of its participants. **Contact:** Dave Higaki, Executive Director; **Address:** Department of Athletics, Stanford, 94305; **Phone:** (650) 725-4450; **Fax:** (650) 724-7083; **Email:** goepatt@mac.com; **Website:** www.epatt.org.

**EAST PALO ALTO YOUTH SPORTS (WARRIORS FOOTBALL)** ■ ■ ■ ■ ■

East Palo Alto Youth Sports (Warriors) is a youth football and cheerleading program that has been serving the youth and their families in East Palo Alto and East Menlo Park for over 35 years. Football players: boys and girls ages 8-14. Cheerleaders: ages 4-14. **Contact:** Sherrod Smith; **Address:** P.O. Box 50818, East Palo Alto, 94303; **Phone:** (650) 814-7192; **Fax:** (650) 859-2079; **Email:** sherrod.smith@sri.com.

**ECUMENICAL HUNGER PROGRAM** ■ ■ ■ ■ ■

Since 1975, the Ecumenical Hunger Program (EHP) has assisted local families and individuals who are experiencing economic and personal hardship. Our resources and services sustain our neighbors in the community through immediate crises and help them to regain stability and independence. **Contact:** Lesia Preston; **Address:** 2411 Pulgas Avenue, East Palo Alto, 94303; **Phone:** (650) 323-7781; **Fax:** (650) 833-0371; **Email:** info@ehpcare.org; **Website:** <http://www.ehpcare.org>.

**EHP Food Drive 2008**

EHP is accepting healthy canned foods during the holidays for those that are in needs. Drop off point is at their office location or every Sunday during December at the Farmer's Market on Sundays. **Dates:** Sundays until Christmas; **Category:** Health; **Age Group:** All ages; **Registration:** None.

**EPA.NET**

EPA.net is a social enterprise that trains and hires youth and young adults from East Palo Alto to create web and video products for paying clients. Youth also manage the www.epa.net community website. **Contact:** Michael Levin; **Address:** 2411 Pulgas Avenue, East Palo Alto, 94303; **Phone:** (650) 322-6405; **Fax:** (650) 322-6405; **Email:** levin@epa.net; **Website:** www.epa.net

EPA Razorbacks  
in Action!



## City of East Palo Alto Athletic/Sports Interest Card

Send or drop of to the City of East Palo Alto/Community Services Department  
2277 University Avenue, East Palo Alto, CA 94303

Are You interested in joining our mailing list to here more about youth and adult sports in East Palo Alto?

If so please complete the form below and return it the Community Service Office Located at 2277 University Avenue in East Palo Alto. We can forward your info to the following organizations:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Greyhounds                 | <input type="checkbox"/> Razor Backs            | <input type="checkbox"/> EPA Family YMCA          |
| <input type="checkbox"/> Warriors Football          | <input type="checkbox"/> SF Junior Giants       | <input type="checkbox"/> Other Please State _____ |
| <input type="checkbox"/> Little League              | <input type="checkbox"/> St. Francis Youth Club | <input type="checkbox"/> Other Please State _____ |
| <input type="checkbox"/> Babe Ruth Baseball         | <input type="checkbox"/> After School Sports    |   |
| <input type="checkbox"/> Ravenswood Athletic League | <input type="checkbox"/> Boys & Girls Club      |   |

Activities (please check all that apply : \_\_\_ Tots (5 and Under) \_\_\_ Elementary Boys (K-5th) \_\_\_ Elementary Girls (K-5th) \_\_\_ Middle School Boys (6-8th) \_\_\_ Middle School Girls (6-8th) \_\_\_ High School Boys (9th-12th) \_\_\_ High School Boys (9th-12th) \_\_\_ Men's Sports (19-40 years) \_\_\_ Men's Sports (40+ years) \_\_\_ Women's Sports (19-40 years) \_\_\_ Women's Sports (40+ years)

Your Name: \_\_\_\_\_ E-mail \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_\_ Cell Number: (\_\_\_\_) \_\_\_\_\_

## BASEBALL PLAYERS WANTED!

**East Palo Alto Babe Ruth Mustangs is looking for players for its new season.**

Sign ups immediately for 13 - 15 year olds. Boys and girls welcomed. Practice starts March 1. Opening games starts May 1. Competitive team sport. Experience required. All positions needed, especially pitchers. **Please call Coach Evarardo Luna, (650) 799-3085 or Marcia Perez, (415) 297-6009 for an application.** Also, please provide birth certificate and \$125 sign up fee along with application. No child turned away for lack of funds.

## East Palo Alto Sport Organizations!!!

- ✓ Are you not listed in this issue!
- ✓ Do you have registration dates we need to help you advertise?

Please contact Pamela Reliford, City of East Palo Alto Recreations Services Supervisor, by e-mail, [preliford@cityofepa.org](mailto:preliford@cityofepa.org), and send with your information as a Word file for our next issue by Friday, March 13, 2009.

## SAN FRANCISCO JUNIOR GIANTS & T-BALL PITCHING MACHINE

T-Ball & Pitching Machine: Runs March -June 2009  
4-9 years old  
Registration is on Saturdays in February at Jack Farrell Park  
11:00am-2:00pm  
Cost: \$25

Junior Giants: Runs June -August  
4-18 years old  
Registration starts in June  
Cost: Free

Contact: Ray Askew-(650) 322-5440 or  
Sonja Thompson (650) 464-1365

Can pick registration forms at Jack Farrell Park and Community Services Department, 2277 University Avenue.

## East Palo Alto Little League

Age Group: 9-12 year olds  
Registration: On-going you can pick forms at local schools, YMCA, Boys & Girls Club and the Community Service Department  
Contact: Tommie Roberts-(650) 327-9208 or at (650) 281-4384

Opening Day Parade is Saturday, March 28, 2009 starts from City Hall, 2415 University Avenue, line-up is 8:00-9:00am, Parade starts at 9am. For details on how to participate please call Tommie Roberts..

# Community Events Calendar

## February 2009

- 7, 14,  
21 & 28 T-Ball & Pitching Machine Sign-ups @ Jack Farrell Park—11:00am to 1:00pm  
Ray Askew (650) 207-1943 or  
Sonja thompson (650) 464-1364  
Call (650) 853-3140  
or (650) 322-6405 for more info
- 28 College Planning Workshop at Eastside college Preparatory School  
11:30am-4:30pm 1041 Myrtle Avenue, East Palo Alto

## March 2009

- 1-13 East Palo Alto Youth Advisory Clubs Food Drive (EPA-YAC)  
City of East Palo Alto  
Recreation Division  
(650) 853-3172
- 7 Teen Sports Day @ Lord's Gym sponsored by East Palo Alto Youth (EPA-YAC)  
Advisory Clubs & Project We H.O.P.E.  
City of East Palo Alto  
Recreation Division  
(650) 853-3172
- 14 East Palo Alto Youth Advisory Clubs Park Clean-up  
City of East Palo Alto  
Recreation Division  
(650) 853-3172
- 28 Baseball League Opening Day- Starts 9:00am- from City Hall, 2415 University  
Tommie Roberts  
(650) 327-9208 or at  
(650) 281-4384

## April 2009

- 1 Tri-City Teen Job Fair  
City of East Palo Alto  
Recreation Division  
(650) 853-3172
- 4 T-Ball & Pitching Machine opening day ceremonies @ Jack Farrell Park  
4-11 City of EPA Celebrates National Public Health Week  
City of East Palo Alto  
Recreation Division  
(650) 853-3172  
See page 15 for more details
- 4 2009 Public Health week Kickoff: EPA Health &  
Safety Fair featuring Kids In the Kitchen 11:00am-2:30pm  
Costaño School 2695 Fordham Street, East Palo Alto  
Beat II Neighborhood Clean-up Day  
City of East Palo Alto  
(650) 853-3148 or  
(650) 853-5907
- 8 Safe Routes to School Walking School Bus Event sponsored by  
East Palo Alto Youth Advisory Clubs & faith Action (PIA) teens  
City of East Palo Alto  
Recreation Division  
(650) 853-3172
- 11 YMCA Family Fitness Day  
EPA Family YMCA  
(650) 328-9622  
East Palo Alto Youth Advisory Clubs Fashion Show  
City of East Palo Alto  
Recreation Division  
(650) 853-3172
- 18 Youth Community Services (YCS)/Public Allies (PA) Family Service Day  
Call YCS at (650) or PA at  
(408) 586-7633

**To have your event placed on the calendar please e-mail Pamela Reliford with the Community Services Department @ [preliford@cityofepa.org](mailto:preliford@cityofepa.org).**

## Clubs, Collaboratives & Organization Community Meetings

Organization	Meets	Location	Contact Info
EPA Community Health Roundtable*	3rd Tuesday @ 11:30am Months: Feb & April	City Hall 2415 University	Pamela Reliford City of East Palo Alto (650) 853-5907 <a href="mailto:preliford@cityofepa.org">preliford@cityofepa.org</a>
EPA Parks & Recreation Residents' Advisory Committee*	1st Friday @ 9:30am	Varies	Shannon Pekary, Chair (650) 248-0488 <a href="mailto:shannon@ryaa.org">shannon@ryaa.org</a>
EPA Senior Center, Inc. Board Mtg.	3rd Saturday	EPA Senior Center 560 Bell Street Call for Location	EPA Senior Center, Inc. (650) 329-5900
EPA Youth & Young Adult Serving Agencies Consortium	3rd Tuesdays @ 11:00am	Call for Location	Julio Garcia One east Palo Alto (650) 330 7467 <a href="mailto:jgarcia@1epa.org">jgarcia@1epa.org</a>
EPA Town Hall Community Meeting	Varies	891 Weeks Street	Doug Fort (650) 924-0725 <a href="mailto:epatownhall@gmail.com">epatownhall@gmail.com</a>
Fellowship of Faith*	1st Thursday 12:00pm—\$5 lunch	Call for Location	Rolando Zeledon Bayshore Christian Ministries (650) 327-1139 <a href="mailto:rolando@bayshore.org">rolando@bayshore.org</a>
Get Fit EPA*	3rd Friday @ 8:30am	California Room 1798 Bay Road	Belinda Hernandez Ravenswood Family Health Center (650) 330-7449 <a href="mailto:bhernandez@ravenswoodfhc.org">bhernandez@ravenswoodfhc.org</a>
Kiwanis Club of the Bayshore	4th Tuesday @ Noon	City Hall 2415 University East Palo Alto	Sandy Farley (650) 366-1818 <a href="mailto:farley@spont.com">farley@spont.com</a>
One East Palo Alto	Varies	California Room 1798 Bay Road	Kava Tulua One east Palo Alto (650) 330 7467 <a href="mailto:ktulua@1epa.org">ktulua@1epa.org</a>

Is your organization meeting not listed? Please call either (650) 322-6405 or (650) 853-5907 to be included in the next issue.

\* Denotes a collaborative where the public is welcome to attend meetings.

## City of East Palo Alto City Council, Boards, Commissions, Committee Meetings

### City Council

**Meets:** 1st & 3rd Tuesday of each month; **Time:** 7:30 pm;  
**Location:** Council Chambers, East Palo Alto City Hall,  
2415 University Avenue.

### Redevelopment Agency

**Meets:** 2nd Tuesday of each month; **Time:** 7:30;  
**Location:** Council Chambers, East Palo Alto City Hall,  
2415 University Avenue.

### Planning Commission

The Commission reviews all development proposals requiring a use permit, architectural control, variance, minor subdivision and environmental review associated with these projects. The Commission is the final decision-making body for these applications, unless appealed to the City Council. **Meets:** 2nd & 4th Monday; **Time:** ;  
**Location:** Council Chambers, East Palo Alto City Hall,  
2415 University Avenue

### Rent Stabilization Board

The Rent Stabilization Board is responsible for carrying out the provisions of the Rent Stabilization Ordinance including: (a) protecting residential tenants in the City from unreasonable rent increases by discouraging speculation in rental property and stabilizing rent increases; (b) protecting tenants from arbitrary, discriminatory or retaliatory evictions; and (c) assuring landlords both a fair return and rental income sufficient to cover costs of maintenance and operating expenses, as well as, the costs of capital improvements to their rental properties. **Meets:** 2nd & 4th Wednesday; **Time:** ;  
**Location:** Council Chambers, East Palo Alto City Hall,  
2415 University Avenue

### Public Works & Transportation Commission

This Advisory Committee is charged with advising the City Council on matters related to the adequacy and improvement of all types of public and private transportation within and cross the Planning Commission City, including the best approaches to establishing and maintaining systems and facilities for the transport of people and goods around the City; **Meets:** 1st & 3rd Wednesday; **Time:** pm; **Location:** Council Chambers,  
East Palo Alto City Hall, 2415 University Avenue

### Senior Advisory Committee

The purpose of the Senior Advisory Committee is to encourage, foster, facilitate, establish and purpose programs and services which enhance the social, economic, recreational, cultural, and personal well being of the City's senior population. The City Council has asked the Senior Advisory Committee to (a) recommend the establishment of programs which stimulate and encourage the development and maintenance of senior programs and services in the City and to review such programs as are established; (b) review and make recommendations regarding the funding of senior programs and services that operate within the City for the benefit of the City's senior population; (c) review and make recommendations regarding seniors' special housing needs; and (d) advise the Council and other boards and committees of the City regarding matters that affect the City's senior populations. **Meet:** 1st Wednesday of the month; **Time:** 6:30pm; **Location:** City Hall, 2415 University Avenue, 2nd floor Room 2C

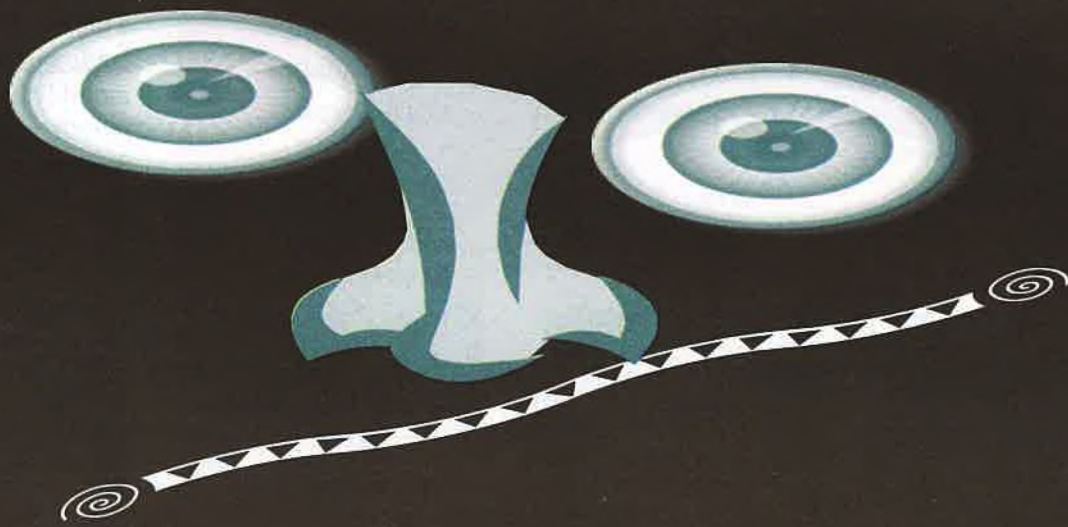
### East Palo Alto Youth Advisory Council also called EPA-YAC

The Youth Advisory Council is formed to foster greater involvement of youth in municipal government, specifically to study any problems, activities and concerns of youth relating to municipal policies, programs or projects of the City of East Palo Alto. The Youth Advisory Committee makes recommendations to the City Council and to the Community Services Department on these issues and conducts forums to involve youth in the governmental decision-making process. **Meeting Dates:** 1st Thursday of each month; **Time:** 6:00pm; **Location:** City Space located at the YMCA, 550 Bell Street.



# BETWEEN AGES 14-18!

And looking for **SOMETHING TO DO** April 6th-10th?



## Join Us Spring Break!

Join the City of East Palo RecMobile Program April 6-10, 2009 at the Lord's Gym Community Center, located at 1840 Bay Road, East Palo Alto for:

- ✓ Games
- ✓ Music
- ✓ Food
- ✓ Field Trip
- ✓ Outreach
- ✓ Teen Empowerment

**MUST PRE-REGISTER BY  
DOWNLOADING APPLICATION  
FROM CITY [WWW.CI.EAST-PALO-ALTO.CA.US](http://WWW.CI.EAST-PALO-ALTO.CA.US) OR PICK ONE UP  
FROM THE COMMUNITY SER-  
VICES DEPARTMENT LOCATED  
AT 2277 UNIVERSITY AVENUE, M-  
-F, BETWEEN 9AM AND 3PM. IF  
ATTENDING ANY FIELD TRIPS  
MUST HAVE PARENT CONSENT  
AHEAD OF DEPARTURE.**

For more information please call the Community Services Department at 650.853.3140 or 650.853.5907.



**EAST PALO ALTO SENIOR CENTER**

The East Palo Alto Senior Center, a city-owned facility leases the management center to the East Palo Senior Center, Inc., a 501 (c)(3) non-profit organization, which provides a continental breakfast Monday-Wednesday and Friday from 9:00-10:00 am; A full service country breakfast on Thursdays 9:00-10:00am; as well as social, intellectual and physical activities, nutrition education and the opportunity to volunteer at a variety of fulfilling assignments. **Address:** 560 Bell Street, East Palo Alto, 94303; **Phone:** (650) 329-5900; **East Palo Alto Senior Center, Inc. Board Meetings:** 3rd Saturday of the Month, 9:00-11:00am **Website:** <http://www.stanford.edu/~jamila/EPA>.

**Sr. Center Inc. Classes & Programs**

All classes and programs are taught at the East Palo Alto Senior Center, 560 Bell Street.

*\* In collaboration with Senior Center, Inc., the City of East Palo Alto Community Services*

**Mondays**

Continental Breakfast	9:00-10:00am
Dominos	10:30-11:30am
City's Hot Lunch*	11:30-12:30pm
Senior Game Day	12:45-1:45pm
Sewing/Crochet Class	Noon-2:00pm

**Tuesdays**

Continental Breakfast	9:00-10:00am
Bible Study	10:00-11:00am
City's Hot Lunch*	11:30-12:30pm
Grandparents' Class	1:00-2:00pm
Dominos	2:00-3:00pm

**Wednesdays**

Continental Breakfast	9:00-10:00am
Tai Chi Class	10:00-11:00am
City's Hot Lunch*	11:30-12:30pm
Senior Club	1:00-2:00pm
Dominos	2:00-3:00pm


**Thursdays**

Country Breakfast	8:30-10:00am
Brown Bag	9:00-11:30am
Music Appreciation	10:30-11:30am
City's Hot Lunch*	11:30-12:30pm
City's Bingo Program*	12:45-2:00pm

**Fridays**

Continental Breakfast	9:00-10:00am
Strong For Life	10:30-11:15am
City's Hot Lunch*	11:30-12:30pm
Senior Game Day	12:30-1:30pm
Dominos	1:00-3:00pm

Department provides a daily Congregate Nutrition and senior Transportation program, which is partially funded by the Older American's Act through the San Mateo County Department of Aging. Furthermore, the City provides Senior Field/Excursion trips that are offered throughout the year. For more details on upcoming events and trips please call either Robert Kurucz, senior Supervisor regarding the nutrition programs and/or Dempsey Mitchell, the senior van driver at (650) 444-0405 for more details.


**Fellowship of Faith-  
JobTrain**
**FELLOWSHIP OF FAITH ■**

The Fellowship of Faith was developed as a means of bringing the faith community together to gain a unified voice on issues that affect our community and helping to bring about lasting change in East Palo Alto. For the past several years the Fellowship has been hosting monthly meetings of over 60 faith-based leaders and leading initiatives on critical community issues. **Contact:** Rolando Zeledon; **Phone:** ; **Email:** [rolando@bayshore.org](mailto:rolando@bayshore.org).

**Fellowship of Faith Monthly Luncheon**

Gathering of Fellowship of Faith members to hear speakers over lunch. Meets every month at a difference location. **Contact:** [Rolando@bayshore.org](mailto:Rolando@bayshore.org) to find out location for monthly lunch.; **Dates:** First Thursday of every month, 12pm to 1:30pm; **Category:** Community Building; **Age Group:** Adults & teens welcome; **Registration:** Cost: \$5.00. No advanced registration, just show up.

**FOR YOUTH BY YOUTH ■■**

Offers a new community of healing and hope for young people suffering from chronic trauma. Our youth are in crisis due to experienced and witnessed violence in the home and on the streets. We help them eliminate violence from within their own lives and their community by walking them through a multi-stop healing process. **Contact:** Heather Starnes; **Address:** 2200 Oakwood, East Palo Alto, 94303; **Phone:** 510-772-8917; **Fax:** (510) 772-8917; **Email:** [sondanse@gmail.com](mailto:sondanse@gmail.com); **Website:** [www.fyby.org](http://www.fyby.org).

**FOUNDATION FOR A COLLEGE ■****EDUCATION**

Increases the number of students of color and low-income students pursuing a bachelor's degree by providing the necessary support and services to prepare them for college. FCE is about more than simply getting kids into college. Our vision is to create community change and to significantly alter a community's perception about the attainability of higher education. **Contact:** Joyce L. Latu; **Address:** 2160 Euclid Avenue, East Palo Alto, 94303; **Phone:** (650) 322.5048; **Fax:** (650) 327.9977; **Email:** [jlatau@collegefoundation.org](mailto:jlatau@collegefoundation.org); **Website:** [www.collegefoundation.org](http://www.collegefoundation.org).

**FOUNDERS EDUCATION FUND**

Produces musical events and promotes the showing of films associated with honoring the Founding Period in American history especially the Founding Fathers, with special emphasis on President George Washington. **Contact:** William Byron Webster; **Address:** P.O. Box 50142, East Palo Alto, 94303; **Phone:** (650) 322-9725; **Email:** [wbw@stanford.edu](mailto:wbw@stanford.edu); **Website:** <http://www.stanford.edu/~wbw/founders.htm>.

**FREE AT LAST ■■**

A community-based recovery agency in East Palo Alto offering a full range of services from street outreach and intervention to bilingual substance abuse. **Address:** 1796 Bay Road, East Palo Alto, 94303; **Phone:** (650) 462-6999; **Fax:** (650) 462-1055; **Email:** [tlaloc52002@yahoo.com](mailto:tlaloc52002@yahoo.com); **Website:** [www.freeatlast.org](http://www.freeatlast.org).

**Exercise: It's Never Too Late!!!****Strong for Life**

a FREE Program to Seniors @ the EPA Senior Center  
560 Bell Street, East Palo Alto

**Date/Time:** Fridays/10:30-11:15am  
**Presented by:** Kate Buckley, SFL Coordinator  
Stanford Hospital & Clinics

Strong for Life, is a FREE easy to follow exercise program targeting specific muscles important in every day movements such as getting up from a chair. Walking, or reaching for an item! For more information please call Kate Buckley @ (650) 725-4137.

**FREEDOMARTS ■**

Founded to celebrate the interrelated ideas of freedom, democracy, human rights, and tolerance through educational performing arts events both in live performances and on public access television. **Contact:** William Byron Webster; **Address:** P.O. Box 50142, East Palo Alto, 94303; **Phone:** (650) 322-9725; **Email:** wbw@stanford.edu; **Website:** <http://www.stanford.edu/~wbw/freedom.arts.html>.

**FRESH LIFELINES FOR YOUTH ■**

Helps teens in trouble learn to make healthy decisions. Provides at-risk and disadvantaged youth with vital information regarding the decisions they make in their lives and connects them with well-trained mentors who will listen. FLY gives its graduates the opportunity to advance to a leadership program where they use their knowledge and skills to give back to their communities. **Contact:** Aila Malik; **Address:** 568 Valley Way, Milpitas, 95035; **Phone:** 408 263-2630; **Email:** [info@flyprogram.org](mailto:info@flyprogram.org); **Website:** [www.freshlifelinesforyouth.com](http://www.freshlifelinesforyouth.com).

**GARDENS NEIGHBORHOOD ASSOCIATION**

Since the Gardens neighborhood backs up against the San Francisquito Creek, it is the area in the City most at risk of flooding. Residents participate in the ongoing efforts to manage the risk of flooding and sometimes host meetings and share information related to long-term efforts to reduce the risk of flooding. **Contact:** Dennis Parker; **Email:** [wisteria423@yahoo.com](mailto:wisteria423@yahoo.com).

**GIRLS TO WOMEN ■ ■ ■**

Dedicated to supporting girls as they design their futures for successful womanhood. Serves 25 girls ages 6-14 and their families. Ninety percent are below poverty income guidelines. Two-thirds of the girls are Latina, one-third are African-American. All live in East Palo Alto or the adjacent Belle Haven neighborhood in Menlo Park. **Contact:** Patricia Foster; **Address:** 1070 Beech Street, East Palo Alto, 94303; **Phone:** 650-521-2890; **Fax:** 650-322-6703; **Email:** [girlstowomenepa@yahoo.com](mailto:girlstowomenepa@yahoo.com); **Website:** [www.epa.net/girlstowomen](http://www.epa.net/girlstowomen).

**JOBTRAIN - ADULT CLASSES ■**

An educational and training institution also offering career counseling and job placement services to our graduates. JobTrain's adult services include daytime vocational programs, evening classes, an assessment center, e-learning modules, job placement counseling, assistance in developing job search, and help learn the computer skills needed to find and keep a job. Additionally, we have a free clothing store called "Clothes Encounters" where our students can find donated business clothes and professional attire for interviews and work. **Contact:** Ruben Avelar; **Address:** 1200 O'Brien Street, Menlo Park, 94025; **Phone:** 650.330.6432; **Fax:** 650.330.6401; **Email:** [ravelar@jobtrainworks.org](mailto:ravelar@jobtrainworks.org); **Website:** [www.jobtrainworks.org](http://www.jobtrainworks.org).

**Bilingual Education**

Beginning and intermediate classes in learning how to read and write English, grammar and parts of speech. **Dates:** **Contact:** Ruben Avelar; **Category:** Education; **Age Group:** Adults; **Registration:** Open Enrollment.

**Certified Nurse Assistant Training**

Attained skills in professional communication, patient care, emergency care and prepare for state exam. **Dates:** **Contact:** Ruben Avelar; **Category:** Education; **Age Group:** Adults; **Registration:** Open Enrollment.

**Computer Literacy Workshop**

Learn basic hardware and software. Intro to Windows, Microsoft Office and Internet Explorer. **Dates:** ; **Contact:** Ruben Avelar; **Category:** Education; **Age Group:** Adults; **Registration:** Open Enrollment. Usually runs every two weeks.

**Computer Service/Telecom Technician Training**

Attain skills in servicing computers to repair common computer problems and train to-work as telecom installer and technician to work with cable, fiber optics and wireless installation. **Dates:** ; **Contact:** Ruben Avelar; **Category:** Education; **Age Group:** Adults; **Registration:** Open Enrollment. Usually runs every two weeks.

**Culinary Arts Training**

Attain skills in food prep, cooking techniques, knife handling, food safety, sanitation, and operating a commercial kitchen.. **Dates:** ; **Contact:** Ruben Avelar; **Category:** Education; **Age Group:** Adults; **Registration:** Open Enrollment. Usually runs every two weeks.

**Medical Office Assistant Training**

Develop skills for job opportunities in the medical field. **Dates:** **Contact:** Ruben Avelar; **Category:** Education; **Age Group:** Adults; **Registration:** Open Enrollment. Usually runs every two weeks. Contact Ruben Avelar.

**JOBTRAIN - YOUTH PROGRAMS ■**

JobTrain's youth programs help students focus on educational success, job readiness, life skills, and practical goal setting. Youth between the ages of 14 and 21 receive vocational training, tutoring in basic skills, GED preparation, and job placement assistance. In the School After School For Successful Youth program (SASSY), youth take classes after school in culinary arts, digital multimedia, fine arts, and more. In the Out of School Youth program (OSY) youth in need of these services receive vocational training, personalized GED exam assistance, or help finding shelter. Finally, in the Sponsored Employment Program (SEP) places youth in summer jobs as paid interns. JobTrain is one of the three SEP partners along with One East Palo Alto and El Concilio. **Contact:** Allan Johnson; **Address:** 1200 O'Brien Drive, Menlo Park, 94025; **Phone:** 650.330.6420; **Fax:** 650.330.6401; **Email:** [ajohnson@jobtrainworks.org](mailto:ajohnson@jobtrainworks.org); **Website:** [www.jobtrainworks.org](http://www.jobtrainworks.org).

**KIWANIS CLUB OF THE BAYSHORE COMMUNITY/EAST PALO ALTO ■**

This chapter of the Kiwanis provides opportunities for adults to support programs serving local youth, puts on the annual Al Julian Track Meet and sponsors the Key Club at College Track. Time: Gathers at 11:30 am for lunch followed by our club meeting from 12:00 to 1:00 on the second and fourth Tuesdays of each month at City Hall; **Location:** 2415 University Avenue, East Palo Alto, 94303; **Contact:** Meda O. Okelo; **Phone:** (650) 323-4477; **Email:** [medaokelo@sbcglobal.net](mailto:medaokelo@sbcglobal.net); **Website:** <http://www.spont.com/homebsck.htm>

**Key Club at College Track**

Leadership Program for high school students. **Dates:** 6pm - 7pm on every Monday; **Category:** Club; **Age Group:** High School, Grades 9-12; **Registration:** Contact organization at 1877 Bay Road.

**Al Julian Track & Field Invitational Meet**

The Al Julian Track Meet is for students of the Ravenswood City School District and the Community Schools. **Dates:** Takes place in January; **Category:** Sports & Fitness; **Age Group:** 9-14 years old; **Registration:** Entry Forms may be picked up from coaches and School offices. No fee for participants. T-shirts will be provided for all students. **Contact:** Arnold Hart, (650)290-0702.

**LORD'S GYM & PROJECT WEHOPE ■ ■**

Project WeHOPE seeks to increase the health of our city by developing transformational leaders that will address the critical issues facing our community. The Lord's Gym Community Center of East Palo Alto, Inc. is a non-profit organization formed with the goal of providing an energized, safe and healthy recreational environment for the youth of EPA and surrounding communities. **Contact:** Pastor Paul Bains; **Address:** P.O. Box 50624, East Palo Alto, 94303; **Phone:** (650) 330-8002; **Fax:** (650) 330-8010; **Email:** [pbains@projectwehope.org](mailto:pbains@projectwehope.org); **Website:** [www.projectwehope.org](http://www.projectwehope.org).

**MEDIA CENTER ■ ■ ■**

A not-for-profit resource where every citizen can make a difference. Community members can learn video production, make shows on local cable TV access channels, support us financially, join our Board of Directors and view programs on the cable channels or this web site. **Address:** 900 San Antonio Road, Palo Alto, 94303; **Phone:** (650) 494-8686; **Fax:** (650) 650-494-8386; **Email:** [info@midpenmedia.org](mailto:info@midpenmedia.org); **Website:** [www.communitymediacenter.net](http://www.communitymediacenter.net).

**MURAL MUSIC & ARTS PROJECT ■**

The Mural Music & Arts Project's mission is to educate, empower and inspire youth through the arts. **Contact:** Sonya Clark-Herrera; **Address:** 425 First Street Suite D, Los Altos, 94022; **Phone:** (650) 520-8061; **Email:** [epamap@aol.com](mailto:epamap@aol.com); **Website:** [www.epamap.org](http://www.epamap.org).

**NORTHERN CALIFORNIA URBAN DEVELOPMENT**

Northern California Urban Development exists to relieve the causes and effects of systemic and generational poverty in Northern California's urban communities. NCUUD works in collaboration with Community Trust Credit Union and provides financial literacy for the east Menlo Park and East Palo Alto community as well as addressing other issues related to economic development. **Contact:** Cynthia Ruiz; **Address:** 1836 Bay Rd. Suite B, East Palo Alto 94303; **Phone:** (650) 328-1890; **Fax:** (650) 838-9098; **Email:** [cynthia@norcaludc.org](mailto:cynthia@norcaludc.org); **Website:** [www.norcaludc.org](http://www.norcaludc.org)



**NUESTRA CASA**

Nuestra Casa is a community education organization dedicated to increasing civic participation and promoting economic self-sustainability of the Latino immigrant population of East Palo Alto and the area served by the Ravenswood City School District. **Address:** 1798 Bay Road, East Palo Alto 94303; **Phone:** (650) 330-7437; **Fax:** (650) 321-4532; **Email:** [nuestracasa@nuestracasa.org](mailto:nuestracasa@nuestracasa.org); **Website:** [www.nuestracasa.org](http://www.nuestracasa.org)

**Parents as Leaders Program**

Provides leadership training to develop parents' understand their rights, duties and opportunities for participating in their children's education. **Dates:** Ongoing, contact organization for details; **Category:** Educational; **Age Group:** Adults; **Registration:** Call or email to sign up.

**ONE EAST PALO ALTO (OEPA) NEIGHBORHOOD IMPROVEMENT INITIATIVE**

One East Palo Alto is a youth-focused community-based intermediary. Our vision is to transform East Palo Alto into a community where our residents are celebrated for their diversity -- a community in which we are engaged, informed and empowered to develop all the resources we need to enjoy a good quality of life for ourselves and for our children. Our mission is to develop resident leadership, broker resources and services, build the capacity of individuals and organizations, and advocate for change leading to the improved social, physical, spiritual, educational and economic wellbeing of East Palo Alto, CA. Finally, OEPA is one of three partners in the Sponsored Employment Program (SEP) that places youth in summer jobs as paid interns. The other two SEP partners are JobTrain and El Concilio. **Contact:** Kava Tuluá; **Address:** 1798-B Bay Road, East Palo Alto 94303; **Phone:** (650) 330-7462; **Fax:** (650) 644-0550; **Email:** [officeadmin@1epa.org](mailto:officeadmin@1epa.org)

**PENINSULA BRIDGE**

Offers academic enrichment programs for middle school students from low-income families. Founded by parents and community members, Peninsula Bridge is making a difference in the lives of middle school students by providing programs that help them achieve academic success in high school. **Contact:** Sherri Shaner, Development Director; **Address:** P.O. Box 963, Menlo Park, 94026; **Phone:** (650) 473-9461; **Fax:** (650) 649-1793; **Email:** [info@peninsulabridge.org](mailto:info@peninsulabridge.org); **Website:** [www.peninsulabridge.org/](http://www.peninsulabridge.org/)

**PUBLIC ALLIES SILICON VALLEY**

Public Allies is changing the face and practice of leadership in communities across the country. Our mission is to advance new leadership to strengthen communities, nonprofits and civic participation. Allies serve 10-month, paid apprenticeships at local nonprofits and participate in a rigorous and rewarding leadership development program with a diverse group of peers who are also of and working within their home community. **Address:** 600 Valley Way, Milpitas, 95035; **Phone:** 408.586.7633; **Fax:** 408.586.7637; **Email:** [SiliconValley@publicallies.org](mailto:SiliconValley@publicallies.org); **Website:** [www.publicallies.org](http://www.publicallies.org) (Click "Communities" for Silicon Valley office)

**Global Youth Service Day**

An annual global event that highlights and celebrates the contributions of youth to their communities through volunteer service. **Dates:** April 25, 2009, **Time & Location:** TBD; **Category:** Community; **Age Group:** Youth; **Registration:** Contact organization

**QUEST LEARNING CENTER @****EAST PALO ALTO LIBRARY**

The Quest Learning Center is a free literacy-based tutoring program for 3rd-12th graders. Our core group of students are 3rd-5th graders from the Ravenswood City School; student-to-tutor ratios are 5:1 or better. Our 6th-12th graders are drop-in students who receive assistance on an as-needed basis; student-to-tutor ratios are 3:1 or better. **Contact:** Darwin Eustaquio, Program Director; **Address:** 2415 University Ave, East Palo Alto 94303; **Phone:** (650) 321-7712, ext. 226; **Fax:** (650) 326-8961; **Email:** [quest@smcl.org](mailto:quest@smcl.org); **Website:** [www.smcl.org/libraries/epa/quest/index.html](http://www.smcl.org/libraries/epa/quest/index.html)

**RAÍCES DE MÉXICO**

Raíces de México is dedicated to the preservation and instruction of Mexican folk dance and has been offering classes to children and teens of all ages and backgrounds for over 25 years. **Contact:** Maria Elena Varela; **Address:** P.O. Box 50101, Palo Alto, 94303; **Phone:** (650) 322-1501; **Fax:** (650) 322-1501; **Email:** [raicesdemexico@hotmail.com](mailto:raicesdemexico@hotmail.com); **Website:** <http://raicesdemexico.wordpress.com>

**Folkloric Dancing**

Learn the traditional folk dances of Mexico. **Dates:** September to June; **Category:** Performance; **Age Group:** Children and teens; **Signup Directions:** Call or see website for times and location and to download registration form. Spring session begins January 9, 2009. OK to just drop in. **Fee:** \$125 to \$245 per season.

**RAVENSWOOD FAMILY HEALTH CENTER**

We are a non-profit community health center that provides primary medical care and prevention services for all ages, including the uninsured and new immigrants, regardless of ability to pay. Our patients live in East Palo Alto, the Belle Haven community in Menlo Park, and the North Fair Oaks section of Redwood City. We provide service from a main office in East Palo Alto, a satellite office in Belle Haven, and a mobile health van. We also provide behavioral health services and dental care for uninsured adults.

**Main Office**

**Address:** 1798A Bay Road, East Palo Alto 94303; **Phone:** (650) 330-7400; **Fax:** (650) 321-1156; **Email:** [rfhc-info@ravenswoodfhc.org](mailto:rfhc-info@ravenswoodfhc.org); **Website:** [www.ravenswoodfhc.org](http://www.ravenswoodfhc.org)

**Belle Haven Office**

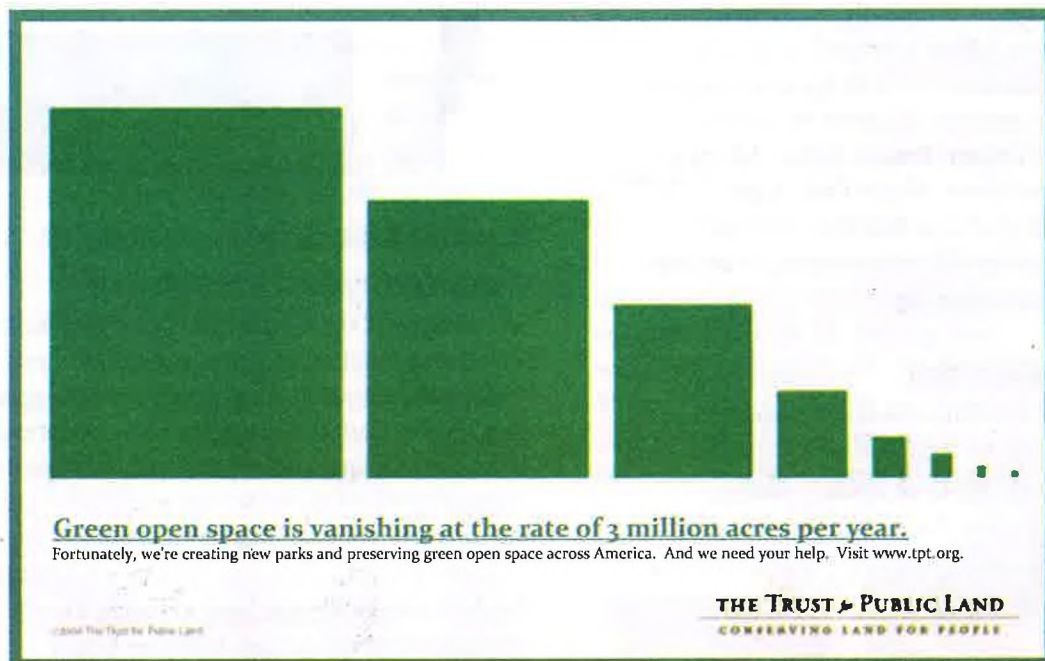
**Address:** 100 Terminal Avenue, Menlo Park, 04025 (Next to Onetta Harris Community Center); **Phone:** (650) 321-0980; **Fax:** (650) 321-0988

**Ravenswood Mobile Health Clinic**

The Mobile Health Clinic provides physical exams and immunizations for children, and sick visits, pregnancy tests, birth control and STD screens for children, adolescents and their parents. **Dates:** Monthly schedules are posted on [epaguide.org](http://epaguide.org). Also contact Center.; **Category:** Health; **Age Group:** All ages; **Registration:** Varies. Contact RFHC for more information.

**Ravenswood Family Health Center Health Navigators**

Our main goal is to educate our community about diabetes by targeting Latino, African American and Pacific Islander adults living in the East Bayshore Area. Our activities include health education, health navigation services, and free screenings and early diagnosis for diabetes and other chronic diseases. **Dates:** We provide free diabetes and high blood pressure screenings on Wednesdays from 2pm to 4pm right outside the main RFHC office at 1789 Bay Road in East Palo Alto.; **Category:** Health; **Age Group:** Adults; **Registration:** No registration, just come to screenings



**RAVENSWOOD YOUTH ATHLETIC****ASSOCIATION** ■ ■ ■

The Ravenswood Youth Athletic Association (RYAA) offers fun, faith-based sports program to youth of all ages and all abilities. The Ravenswood Youth Athletic Association (RYAA) offers fun, faith-based sports program to youth of all ages and all abilities. **Contact:** Shannon Pekary; **Address:** 1290 Cypress Street, East Palo Alto 94303; **Phone:** (650) 331-0382; **Email:** ryaa@ryaa.org; **Website:** <http://www.ryaa.org>;

**Recreational Soccer**

RYAA Soccer is a fun, faith-based soccer league or children and youth ages 4 - 18. Positive coaching and good sportsmanship are emphasized. **Dates:** Takes place in Fall, dates TBD; **Category:** Sports & Fitness; **Age Group:** 4 - 18 years old; **Registration:** At posted signups at Chavez field, or online. **Fee:** \$40.

**Competitive Soccer**

For players who are ready to play at higher levels. Teams are formed from the best players, and play against other cities in CYSA leagues. Tryouts are in January and June. **Dates:** Takes place in Spring and Fall, dates TBD; **Category:** Sports & Fitness; **Age Group:** Ages 9 - 18, elementary through high school; **Registration:** Please call for tryout dates; **Fee:** \$200.

**Martial Arts**

This is a faith-based program where you will learn self-defense using the Korean martial art of Tang Su Do and Japanese Judo. It also incorporates a Bible-based character-training program. **Dates:** Year-round, contact RYAA for dates; **Category:** Sports & Fitness; **Age Group:** 6 - 18 years old; **Registration:** The first month is FREE. After the first month, the cost is \$100 for 3 months, which includes a uniform. To sign up, come to the Lord's Gym at 1842 Bay Road during signup events. **Contact RYAA for more information.**

**Tennis Games**

Pickup tennis games on Saturdays organized by RYAA. Whatever your ability, you can find a friend to play tennis with. **Dates:** To be announced but usually starts in September; **Category:** Sports & Fitness; **Age Group:** Elementary to High School; **Registration:** Come to courts after start of game series has been announced online and in the community.

**Wrestling**

RYAA will be hosting a collegiate style wrestling program. Athletes will be trained to wrestle in high school wrestling programs, and will compete in tournaments in the area. **Dates:** Probably will go from February to June. Watch for more information or contact RYAA.; **Category:** Sports & Fitness; **Age Group:** Boys, 8 - 16 year old; **Registration:** Contact RYAA. **Fee:** \$75 - tournament fees

**Day to Remember Festival**

Free lunch, entertainment and speakers **Dates:** Takes place in Fall. Date to be announced; **Category:** Sports & Fitness; **Age Group:** All Ages; **Registration:** FREE. Just show up. Watch for date online and in the community.

**RAVENSWOOD LITTLE LEAGUE** ■ ■ ■

Little league seasons runs from February to June for kids ages 9 - 12. All games and practices are held at Martin Luther King, Jr. (MLK) Park in East Palo Alto. Ball players always wanted. **Contact:** Bruce C. Swain, President ; **Phone:** 650-218-1344; **Email:**

**SAN MATEO PRENATAL ADVANTAGE BLACK INFANT HEALTH (PABIH)**

Our goal is to reduce the infant mortality, low birth weight, and SIDS rates in the African-American community. We provide prenatal outreach and care coordination, nursing case management, social support and parenting classes, and home visiting services. Offers support for women up to 12 months following delivery, as well as a Reclaiming Fatherhood Group and parenting support for fathers. **Address:** 2415 University Avenue, 2nd Floor, East Palo Alto 94303; **Phone:** (650) 363-7850; **Fax:** (650) 327-5238; **Email:** prenataladvantage@co.sanmateo.ca.us; **Website:** Visit using this link: <http://tiny.cc/jjT5X>

**RENAISSANCE/START UP** ■

Renaissance/Start Up is a nonprofit organization that provides small business training and support services. By helping clients to start or grow their own business, Renaissance/Start Up promotes lasting economic development for individuals and communities that traditionally have not had access to capital and business support. We offer training courses, workshops, one-on-one consulting and more in English and Spanish. **Address:** 1848 Bay Road, East Palo Alto 94303; **Phone:** 650.321.2193 ext. 20; **Fax:** 650.321.1025; **Email:** kimberly@rencenter.org; **Website:** [www.rencenter.org](http://www.rencenter.org)

**SEQUOIA DISTRICT ADULT SCHOOL** ■

The Sequoia District Adult School provides a positive, life-long learning environment that encourages individual student success and responds to the needs of all participants in a diverse and changing community. **Address:** 3247 Middlefield Road, Menlo Park, 94025; **Phone:** (650) 306-8866; **Fax:** (650) 365-2420; **Email:** pcocconi@seq.org; **Website:** [www.adultschool.seq.org](http://www.adultschool.seq.org)

**STANFORD COMMUNITY LAW CLINIC**

The Stanford Community Law Clinic is a direct-services clinic serving low-income people in and around East Palo Alto. With an emphasis on trial-level skills—including fact investigation, legal research, client counseling, and negotiation—students represent clients in employment, housing, and criminal-record-clearance matters. **Contact:** Juliet M. Brodie, Director; **Address:** 2117 University Ave., Suite A, East Palo Alto 94303; **Phone:** 650 475.0560; **Email:** jmbrodie@law.stanford.edu; **Website:** [www.law.stanford.edu/program/clinics/communitylaw/](http://www.law.stanford.edu/program/clinics/communitylaw/)

**YOUNG LIFE EPA** ■ ■

Young Life is a fun, sometimes crazy, but always safe place for middle and high school youth. We usually meet at someone's home on a weeknight during the school year, and we go to an awesome camp in the summer. If you're a kid, you don't want to miss this. If you're an adult -TOO LATE-but there are ways you can support what we do. To find out more... **Contact:** Heather Starnes; **Address:** 121 Beech Street, East Palo Alto, 94303; **Fax:** 510.772.8917; **Email:** [sondanse@gmail.com](mailto:sondanse@gmail.com)

**YOUTH COMMUNITY SERVICE** ■

YCS provides after school programs for middle school students at Ravenswood District schools based on the core values of Cesar Chavez. We provide academic support and develop leadership skills. The schools are Belle Haven, James Flood, Costaño, 49ers Academy, Cesar Chavez and EPA Charter. In the summer YCS has the Summer of Service day camp program for middle school students and the Freshmen Leadership Corps mentoring program for EPA students entering Carlmont high school. **Contact:** Leif Erickson; **Address:** 1798-B Bay Road, East Palo Alto 94303; **Phone:** (650) 617-8961; **Fax:** (650) 617-8088; **Email:** [leif@youthcommunityservice.org](mailto:leif@youthcommunityservice.org); **Website:** [www.youthcommunityservice.org](http://www.youthcommunityservice.org)

**Family Service Day**

Get out and help your community and have fun! Youth Community Service and their partners invite you and your family to the Annual YCS Family Service Day. **Date:** April 18, 2009; **Time:** TBD; **Category:** Community; **Age Group:** All ages; **Registration:** Free. Contact organization for more information.

**YOUTH UNITED FOR COMMUNITY ACTION (YUCA)** ■

We are a grassroots community organization created, led, and run by young people of color, the majority from low-income communities. YUCA provides a safe space for young people to empower ourselves and work on environmental and social justice issues to establish positive systemic change through grassroots community organizing. **Address:** 2135 Clarke Ave, East Palo Alto 94303; **Phone:** (650) 322-9165; **Fax:** (650) 322-1820; **Email:** [info@youthunited.net](mailto:info@youthunited.net); **Website:** [www.youthunited.net](http://www.youthunited.net)



# Our Schools

## PALO ALTO UNIFIED SCHOOL DISTRICT (PAUSD) K-12TH

**Henry M. Gunn**  
Telephone: (650) 354-8288  
Attendance Office: (650) 354-8210

**Palo Alto Senior High School**  
Telephone: (650) 329-3831  
Attendance Office: (650)329-3711

### PRE-SCHOOLS

**Creative Montessori Center**  
Telephone: (650) 325-9543  
**Magnolia Head Start Program**  
Telephone: (650) 323-1443  
**East Palo Alto Head Start Center**  
Telephone: (650) 326-9498  
**Ravenswood Child Development Center Pre-k (3-5 years)**  
Telephone: (650) 838-3460

## SEQUOIA UNION HIGH SCHOOL DISTRICT (SUHSD) 9TH-12TH

**Carlmont High School**  
Telephone: (650) 595-0210  
Attendance Office: (650) 595-0210 x 3280 or 3281

**Menlo-Atherton High School**  
Telephone: (650) 322-5311  
Attendance Office: (650) 322-5311 x 5101

**Redwood Continuation School**  
Telephone: (650) 369-1411  
Attendance Office: (650) 369-1411 x 7315

**Sequoia High School**  
Telephone: (650)369-1411 or (650)367-9780  
Attendance Office: (650)369-1411 x 36281 or 6282

**Woodside High School**  
Telephone: (650) 367-9750  
Attendance Office: (650) 367-9750 x 4308 or 4020

**Sequoia Adult School**  
Telephone: (650) 306-8866

**Canada Middle College**  
Telephone: (650) 306-3120

## NON-DISTRICT SCHOOLS K-12TH

**Eastside College Preparatory School (6th-12th)**

Main Office: (650) 688-0850 extension 100

**St. Elizabeth Seton School (K-8th)**

Main Office: (650) 326-2949

**St. Francis High School**

Main Telephone: (650) 968-1213

Shadow Program extension 270

Admissions extension 430

Attendance extension 470

## RAVENSWOOD CITY SCHOOL DISTRICT (RCSD) PRE-K-8TH

**Belle Haven Elementary School K-8th**

Telephone: (650) 329-2898

**Cesar Chavez Elementary School 5th-8th**

Telephone: (650) 329-6700

**Costaño Elementary School K-8th**

Telephone: (650) 329-2830

**East Palo Alto Charter School K-8th**

Telephone: (650) 614-9183

**East Palo Alto Stanford Elementary School (Charter) K-4th**

Telephone: (650) 329-2888

**Edison Brentwood Academy K-4th**

Telephone: (650) 329-2881

**Ronald McNair Academy 5th-8th**

Telephone: (650) 329-2888

**San Francisco 49ers Academy 6th-8th**

Telephone: (650) 614-4300

**Green Oaks K-4th**

Telephone: (650) 329-6536

**James Flood Magnet Elementary School K-8th**

Telephone: (650) 329-2891

**Ravenswood Child Development Center Pre-k (3-5 years)**

Telephone: (650) 838-3460

**East Palo Alto Stanford Charter High School 9th-12th**

Telephone: (650) 329-2811

**Willow Oaks Elementary**

Telephone: (650) 329-2850

## Emergency Numbers

Allied Waste	(650) 592-5652
American Water Company	(650) 322-2083
East Palo Alto Police	
<b>Emergency</b>	<b>9-1-1</b>
Non-Emergency	(650) 321-1112
East Palo Alto Sanitary District	(650) 325-9021
Menlo Park Fire Protection District	
<b>Emergency</b>	<b>9-1-1</b>
Non-Emergency	(650) 688-8400
Pacific Gas & Electric (PG & E)	
Report an Outage	1-800-743-5002
Customer Service	1-800-743-5000



Creates oxygen. Fights crime.

Also improves health and brings communities together. Help us create new parks and green open spaces. Visit [www.tpl.org](http://www.tpl.org).

**THE TRUST FOR PUBLIC LAND**  
CONSERVING LAND FOR PEOPLE

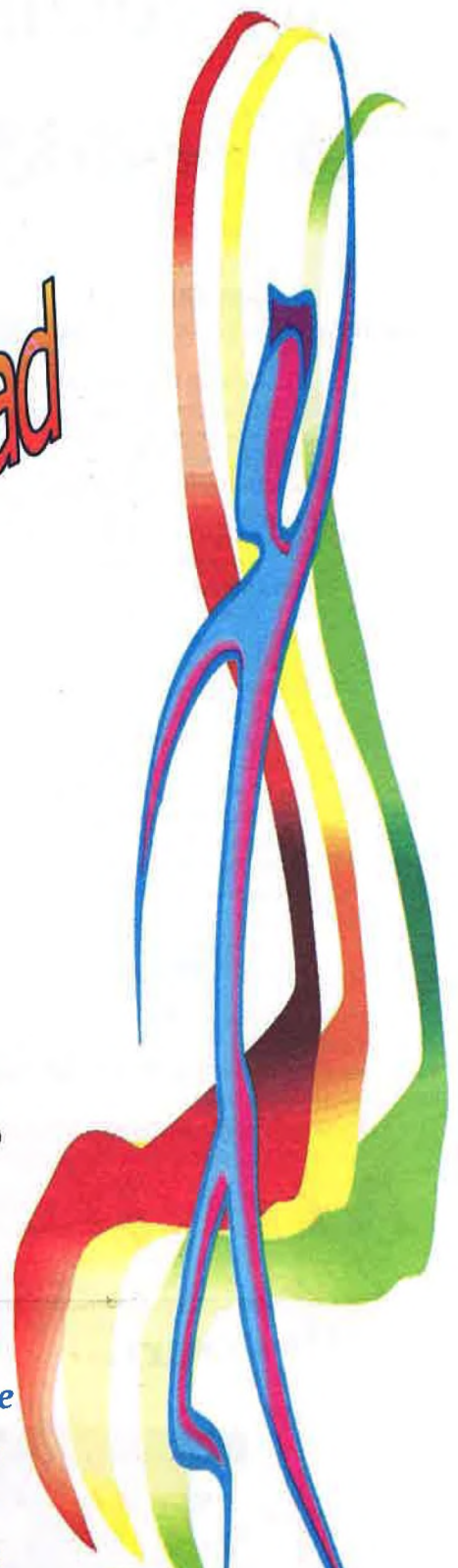
@2004 The Trust for Public Land

Celebrate Public Health Week April 6-12, 2009 with the East Palo Alto Community Health Roundtable & the Junior League Kickoff...

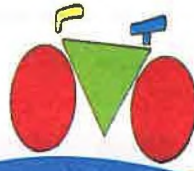
# Dance for Health & Safety Fair

## Danza de Salud y Feria de Seguridad

Saturday, April 4, 2009  
 Costano School  
 2695 Fordham Street  
 East Palo Alto  
 11:00am-2:30pm



- Bicycle Safety
- Teen Health Spa
- CHP Helicopter Tour on Costano School's ball field
- Hands On Cooking Demos for kids with the Junior League
- Food Systems Change Road Show! Presented by Collective Roots
- Health Screenings by Ravenswood Family Health Center
- Ravenswood City School District Youth Health & Safety Awards
- Volunteer Tree Planting with Canopy



# KiDs in the KiTcHeN

Sponsored by: Canopy, East Palo Community Health Roundtable Committee facilitated by the City of East Palo Alto, Get Fit EPA Collaborative facilitated by Ravenswood Family Health Center, Junior League, EPA Asthma Task Force, San Mateo County Health Department, Menlo Park Fire District, Allied Waste, EPA Mental health task forces facilitated by One East Palo Alto, Collective Roots, Ravenswood City School District. For information please call the City of East Palo Community Services Department at (650) 853-3140 or the Recreation Division at (650) 853-3172.



# city youth leaders in action... city youth leaders in action...

east palo alto youth advisory councils...  
simply called **epa-yac**

## East Palo Alto Youth Advisory Council Club Officers

- Carlmont High School  
Jessica Carrillo, Chair  
Sharita Smith, Co-Chair  
O'Krisha Ashley, Secretary
- East Palo Alto High School  
elections pending
- Eastside College Preparatory School  
elections pending
- Menlo Atherton High School  
Mele Teu, Chair  
Villiami Talakai, Co-Chair  
Losaline Finau, Secretary
- Redwood High School AM  
Maria Centeno, Chair  
Liani Leota, Co-Chair  
Ana Hernandez, Secretary
- Redwood High School PM  
elections pending
- Sequoia High School  
Alannah Shafer, Chair
- Woodside High School  
Crystal Falepouono, Chair  
Tiki Mahoni, Co-Chair  
Jean Mailo, Secretary

EPA-YAC Youth & Young Adult Coordinators: Emma Frlaz Gallardo & Folola Takapu; Program Supervisor: Pamela Reliford Contact Info: Recreation Division (650) 853-3172 or (650) 853-5907.

*EPA-YAC Leaders clockwise: EPA-YAC Meeting at Menlo Atherton High School, Dancer at Holiday Toy Drive, EPA-YAC Leaders lead group discussion at EPA United Nations Association Film Festival, EPA-YAC Leaders at Rock the Vote Drive in Bell Street. Not Pictured are EPA-YAC Leaders at Bay trail dedication. Upcoming events include college Planning Workshop February 28, media Classes February 15-March 1, clothes 7 Food Drive March 1-13, Teen Sports Day March 7, Park cleanup March 14, Teen job Fair April 1, Youth Service Day April 18, fashion Show, Jam session May 9, two Field Trips and their end of year Graduation/Unite the Town Dance on May 23. For more details on how to join call the Recreation Division at (650) 853-5930 or (650) 8453-*



# Magic of Change is... **YOU<sup>th</sup>**

## youth court...



*Youth Steering Committee members after receiving commendations at City Hall, with pro bono attorney Laurel Parker, legislative aide Maya Perkins and Pastor André Harris.*

### JUDGE LADORIS CORDELL:

"I was delighted to preside over the mock hearing in November and see the result of so much preparation. The young people involved are enormously impressive. I am eager for Youth Court to move out of the pilot phase. I have no doubt



*Judge Cordell with Bailiff at mock hearing*

*Judge LaDoris Cordell, a retired Superior Court judge and Stanford University senior administrator, is the Youth Court judge. Judge Cordell practiced in East Palo Alto for five years as a new lawyer and has remained involved in the community ever since. She has helped plan the Youth Court over the past year.*

## East Palo Alto

### Youth Court Advisory Board\*

- Valerie Armento, Interim City Attorney  
East Palo Alto
- Pastor Paul Bains, Project We H.O.P.E., Inc.  
Pastor St. Samuels Church
- Gary Beasley, County of San Mateo Human  
Services Agency in East Palo Alto  
David Cherniss, Esq.  
Juvenile Mediation Program
- Judge LaDoris Cordell (Ret.), Special Counselor  
to President, Stanford University  
Chief Ron Davis, Chief of Police  
East Palo Alto
- Tarah S. Evans, Executive Director  
The Franklin and Catherine Johnson Foundation  
Patricia Foster  
Former Mayor of East Palo Alto
- Pastor André Harris, Project Keys, Inc.  
Born Again Christian Center
- Hon. Rose Jacobs Gibson, Supervisor  
San Mateo County
- Allan Johnson, Youth Services Director  
JobTrain (formerly OICW)
- Michael Avanti Lopez, Pro Bono Attorney  
Simpson Thacher & Bartlett LLP
- Dyane Matas, Nonprofit Board Leader  
Chief Financial Officer Youth Court
- Khabral Muhammad, Youth Development Specialist  
JobTrain (formerly OICW)
- Leeor Neta, Pro Bono Attorney  
WilmerHale
- Dr. Sally Stewart, District School Board Member  
Sequoia Union High School  
David E. Woods, Councilman  
East Palo Alto City Council

