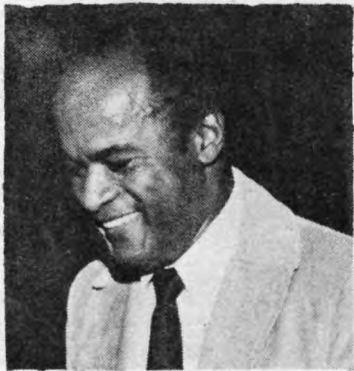


EAST OF BAYSHORE SECTION

East Palo Alto

Belle Haven

Music School Serves Goals of Community



James Samuels

The goal of Community Music School in East Palo Alto is to provide education in music for all who wish to learn. And Director, James Samuels is fulfilling that goal.

Private and Class instruction are being offered in all instruments as well as voice and theory. A new chorus is being taught for children ages 9 to 12. Students are requested to participate in workshops and perfor-

mances as well as their basic musical studies.

Tuition for each four weeks is \$16.00 for half hour private lessons. Class instruction is \$12.00 for each four weeks. (1 hour). The children's chorus is \$5 a month for continuing students and \$10 for new members.

Students will be graded on a report card system. The student's progress will be recorded three terms a year judging various qualities of a good musician.

The faculty made up of approximately 14 people, varies in experience, age, and style allowing a wide range of musical expression.

In an effort to provide the community, church, and school with more entertainment in music, advanced students and artists of the school are available for concert and guest performances.

For more information call 325-5162.

Health Center Receives Grant to Combat Heart Disease

The Charles R. Drew Health Center in East Palo Alto has been awarded \$42,520 to combat high blood pressure -- the leading cause of death among Blacks. For every Black who dies of sickle cell anemia, 100 die of the effects of high blood pressure.

The Drew Health Center, created with Department of Health, Education and Welfare funds in 1968, has been pursuing in recent months a program of expansion which includes the addition of an in-house radiology service, a pharmacy and upgrading of its administrative offices. The new high blood pressure control award from the California Regional Medical Program (RMP) will enable the health center to acquire training for a special high blood pressure control management team. Six months of on-site training by personnel of the Oakland Kaiser-Permanente high blood pressure control unit will be provided to the Drew Center staffers. The Oakland unit has had long-term success with high blood pressure control programs using allied

health professionals. The Drew Center will adopt a similar approach.

A physician, two registered nurses and four family health aides will attend eight weeks of intensive lectures and demonstrations at the Center. The remaining four months will consist of a preceptorship emphasizing clinical experience.

Besides providing the potential for long-term care of patients with high blood pressure, the new team will allow for the development of "in-house" training for the entire staff.

Public education about the dangers of high blood pressure is also an important part of the project. There are an estimated 23 million people with high blood pressure in the United States today. Half are not aware of their condition and in only 10 to 20 per cent is the disease adequately controlled.

"Education about the dangers of high blood pressure is impor-

tant because the patients, who seldom feel ill until complications occur, often lack the motivation to comply with or continue treatment," said Dr. Samuel G. Benson, medical director for the Drew Center.

"They typically use over-the-counter drugs that interfere with prescribed drugs, fail to heed dietary restrictions, and most importantly, do not continue to use prescribed medications. The results are often tragic," he said.

This program is one of 16 funded by the California RMP as part of its statewide High Blood Pressure Control Program. RMP is a Department of Health, Education and Welfare program which invests financial and technical assistance in community health projects.

In April the Health Center will inaugurate a nutrition program funded by the Department of Agriculture. Women, children and infants will receive health examinations, supplemental food and nutrition education.

Computer-Tutor Voice Helps Students Learn to Read

A computer-tutor with a voice, which helps students learn to read is the star of a new film just released at Stanford University.

The computer-assisted instruction program is the only one in the world which has been used to teach beginning reading on a large and practical scale. The computer voice makes possible instruction of students who cannot read when they begin.

A recent study compared students who received the supplementary computer instruction to carefully matched students who did not.

While both groups advanced, the students who had the tutor's help gained an additional month in reading achievement for each of the five months they were in the program.

Some of the students liked the program so much they requested extra sessions or came in during their lunch hour to improve their reading skills. In interviews their teachers added that the tutor's reports helped identify student strengths and weaknesses.

The new film explains the organization of the program. A group of kindergarten students is shown as they first meet the computer tutor and learn some basic reading skills.

Each of the students proceeds

Meeting Date Changed

The East Palo Alto Municipal Council has changed the next regular meeting date to February 25th at 8:00 p.m. This change was necessary as February 18th, the usual meeting date is a legal holiday.

at his own rate. The computer tutor individually tailors instruction based on the student's ability and the difficulty of each item.

The system was developed under the direction of Prof. Richard Atkinson, chairman of the Stanford Psychology Department. William Rybensky, director of special projects for the Ravenswood Elementary School District, has coordinated its evolution through eight years of continuous use. It is certainly used by students in the first through third grades at Brent-

wood Elementary School in East Palo Alto.

The computer tutor supplements classroom reading instruction by enabling the student to associate sounds with the letter groups he sees. The student learns individual letters, then a sight-word vocabulary, spelling patterns, and phonetic units in successive strands which culminate with comprehension exercises.

Copies of the film are available from Olin Campbell, 18 Ventura Hall, Stanford University, Cal. 94305, (415) 321-2300, ext. 3771.

Variety of Activities During Black History Week

"Black History Week" began Feb. 11 and extended through the 16th. A theme will be spreading across the United States in communities and schools alike -- "Helping America Understand."

The "essence of Black" is threaded throughout various programs in the different high schools. Black students have been working hard with community workers, teachers and counselors to dramatize important events and individuals in Black History as well as current reflections.

The Betty J. Olive Memorial Fund, established in memory of the Carlmont High School Community Liaison Worker who died an untimely death, has given funds to the district high schools. These funds are being used for presentations at each school. The Olive Fund was established to

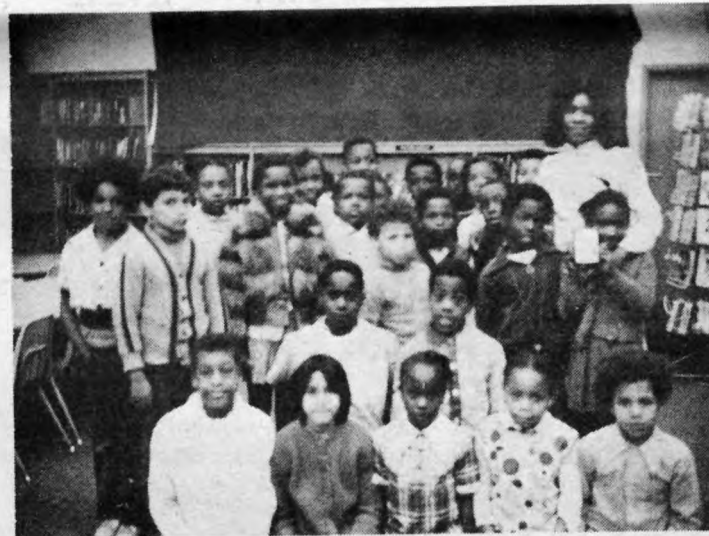
provide new experiences for minority students.

Daily events were scheduled at each in the Sequoia District to create interest and knowledge of the Black Culture.

Birthday Celebration

Everyone is invited to come share in the celebration of the birthday of Mrs. Gertrude Wilks, founder of Nairobi Day and High School, March 9, 1974, 6:30 p.m., First Congregational Church, 1985 Louis Road, Palo Alto. Proceeds of the dinner go to the Nairobi Schools. Further information at the meeting, or call 322-8880 (Mothers for Equal Education, sponsors with Whities for Equal Education).

Sister Russell Awards



Winners for the Award of the Months of October and January, Room 6 - Miss Walker, Teacher.



Art Winner for January FITZGERALD* Room 8 - Mr. Whitfield, Teacher.



Poetry Winner for January CEACY GRIFFIN, Room 7 Mrs. Spillers, Teacher