## **HE 照 PROGRES** October/November, 1985 Volume 3, Number 4

The Council Beat

August 5 Resolution passed that guarantees the City will provide a site for the East Palo Alto Senior Center, Site to be temporarily located at 550 Bell Street until a permanent site can be provided after acquisition of the Ravenswood High School site. Unanimous

Approved resolution confirming Approved resolution confirming refuse collection and disposal service rates for Oct. 1, 1985 -Sept. 30, 1986 at \$82.08 for each eligible parcel, and authorized collection of fees from owners of unoccupied dwellings and unimproved properties.

Unanimous

### September 5

(special meeting) Approved assignment of 2 response teams (4 police officers total) to work in drug-sale prevention

other anti-social activity; and assignment of 3 foot patrol officers for same prevention work. Unanimous (Wilks absent)

#### September 16

Glenda Savage appointed to Human Services Commission, Beverly Royal appointed to Parks and Recreation Commission. Unanimou

Motion passed to direct Human Services Commission to hold a community forum on the problems of women and children in East Palo Alto, and to report findings and recommendations to the City coucil. Yes (4): Abrica, Blakey, Mouton, Satterwhite. No (1): Wilks.

Approved additional funds of approximately \$135,000 for City police services in fiscal year 1985-86. Unanimous



Sandi Wagner, women's division winner in East Palo Alto's first annual golf tournament, receives her award from Vice Mayor James Blakev

### **Telephone Companies: The Choice Doesn't Matter** by Michael Blake

Back in July, East Palo Altans received a mass mailing from Pacific Telephone explaining that, as a result of the AT & To breakup, each telephone user would have to choose a company to handle the long-distance company to handle the long-distance calls they make. Erroneously, the booklet stated that if you did not choose a company, you would automat-ically stay with AT & T. Later, Pacific Telephone sent out a correction, saying that if you do not choose a company, you may have one arbitrarily assigned to you. For this reason, AT & T and all its long-distance competitors have spent massive amounts to get people to think that they must make their long listance decision soon, and if they don't make the right decision, they may forever regret it. Still, the phone company reports that millions have not returned their 'ballots' to choose a 'primary long distance car-rier'. Are these people making a terrible mistake? Not really.

Of course, for each user there

is one "best" decision: choosing the company that can give the best service at the lowest price for the number of long-distance calls made. But how much does the wrong decision But how much does the wrongdecision cost? A few dollars, maybe, in potential savings. It could take hours of your time, though, to find that ideal company, and your time is also worth money. This article will give some tips to help you make the best choice of 'primary carrier'. But first, let us look at some of the reasons why there is no reason to hurry. rea. hurry. 1.

If you are assigned a company you don't like, it can be changed without cost. This means changed without cost. This means that you can try one new company without having to pay if you don't like it. And even if you make the wrong decision twice, it costs only \$5 to have the Pacific Telephone change your 'primary carrier' once more

2. No company has the qualifi-cations, service, and price to be the hands-down best choice that everyone

should use. Some companies have should use. Some companies have tried to make you think you must have push-button phones to use the competition's service, but this has changed. With the advent of Easy Access to East Palo Alto on July 27, you can now have any of a dozen long-distance companies as your 'primary carrier', without the need for Touch-Tone phones and without the need to dial extra numbers. If doing business with an ethical company is a primary consideration for you, you are faced with the fact that any long-distance company you choose will be very big, and by nature will not have entirely clean hands. (See "Skeletons in the Closet," below.)

3. There is a way to try out the various companies before making your choice. A little-known fact about the new telephone system is that you are not limited to one long-distance company at a time. You can make four calls on your phone right now, for example, charging one each to MCI, Sprint, AT & T, and Allnet. This is because, even though Allnet. This is because, even though you have a 'primary carrier' (we will say it is MCI), you can make any other company your 'secondary carrier' simply by dialing a 5-digit code before dialing the area code and number you are dialing. Sprint's number is 10777, AT & T's is 10288, and Allnet's is 10444. (The MCI call is mode without dialing any attra is made without dialing any extra numbers, since you have chosen them as your primary carrier.) At the end of the month, your bill from Pacific Bell will list separately each of the four companies' charges for the calls you made using their codes.

### Money-Saving Tip: Play the Field! The opportunity to use 'second-

ary carriers' presents many opportunities, once you resign yourself to having to dial five extra numbers with each call. The greatest one is knowing that the choice of a primary company is not all that crucial. Companies like AT & Thave tried to make you think that with other companies you cannot call small towns or make international calls. But this isn't so. With 'secondary carriers', you can call anywhere. The only inconvenience is the five extra digits. If you want to call Australia and your company does not go there, just begin your call by dialing 10288 to place it through AT & T, or use the code for another company that goes to Australia.

Another advantage of 'secondary carriers' can be enjoyed by phoners

who live where many housemates share the phone bill. The struggle to separate the monthly long-distance charges can be eliminated simply by having each housemate use a different carrier. At the end of the month each will be responsible for one section of the phone bill. Continued from page 4

### **Secondary Carriers Offer Services**

### Using "Secondary Carriers"

Now that we have 'Easy Access' in East Palo Alto, you can use just about any long-distance company any about any long-distance company any inter you make the choice of a <u>primary carrier</u>. The only companies which cannot be used are the ones without a 5-digit code (like SBS) or the ones specifically for holders of certain credit cards such as Sears. Citibank, or American Express.

To make a call, dial the 5-digit code for the company of your choice, and then the area code and phone number you wish to reach.

Company	Code
AT & T	10288
Sprint	10777
MCI	10222
Allnet	10444
ITT	10488
US Telecom	10333
Western Union	10220

\*Western Union has a minimum charge of \$10 per month, which makes it difficult for casual callers to use this code. Perhaps for this reason, Sprint dropped its \$5 minimum in September.

Remember, you do not have to dial these five digits to make a call using your primary carrier, which now is AT & T, unless you have chosen another company. If you don't know who your primary carrier is, call (700) 555-4141 for a recorded greeting from that company.

When you get your Pacific Bell bill, you will have a separate section listing each long-distance carrier's costs. If you are billed for any call you didn't make, you can mark the bill and deduct the charge from your payment. NOTE: Some companies' billing apparatus begins in 45 seconds (6 rings), so you can sometimes be billed for a one-minute call even though you were never connected. Keep track of these calls!

# **South Africa: Cutting Through The Lies**

### hy Meda Okelo

The mere mention of South Africa seems to evoke many images and reactions. Unfortunately, most of these are based on misconceptions of what South Africa in general, and apartheid in particular, are all about.

Take some examples. (1) At a recent live television interview of Bishop Desmond Tutu duringhis recent visit to the United States, a person in the audience asks about the treatment by 'his' government of Black people. (2) President Reagan, in one of his foot-in-the-mouth remarks, observes that in South Africa (I paraphrase) the disturbances are less a question of white policemen fighting unarmed Blacks, but more an issue of Black policemen beating up and killing their own kind. (3) Jerry Falwell returns from his five-day visit to a few towns in South Africa, calling Bishop Tutu a phoney, and pontificating about what Blacks want or do not want, and who the 'genuine' Black leaders are. (4) A <u>Times Tribune</u> editorial attributes current unrest in South

Africa to the activities of 'the leftist Trans-Africa Inc. lobby' headed by Randall Robinson.

Other people who lay claim to expertise on Africa have written numerous articles and comments attributing South African Blacks' discontent with the apartheid system to selfish prodding by the Soviet Union. Still others are claiming that whites are South Africa's only salvation, and that 'if Blacks are given the vote, they will no doubt elect someone unable to face the problems'. We even have the likes of Walter E. Williams, the Black conservative economist, joining the bandwagon of South Africa's apolo-gists in echoing such retrogressive arguments that Blacks stand to suffer the most should sanctions be imposed on the illicit regime in South Africa.

These misconceptions are based on lies. They are damaging to the struggle for freedom of the people of South Africa. I would briefly like

continued on page 2 . . .

# **Commentary: School Board Elections**

School Board elections are almost here once again. The Ravens-wood City School District (RCSD) is important because it is responsible for the education of East Palo Alto's children. Education enables children to make their own way in an increasingly complex and oppressive world, and it enables them to lessen the dangers and frustrations of living. We should view the upcoming election in that light and elect a school board that will work hard to ensure that children get the education they need, the education they deserve, and the education they must have to survive and fight for constructive change in our communities and society. The RCSD recently has reported

improvement in district test scores.

The selection of Charlie Knight as the new Superintendent is also a good sign, and we look forward to seeing some consistent leadership in the district. We can hope that this is the beginning of an upward trend, but the better course is to press for continued progress with votes and our participation, rather with our hopes alone. present situation makes that all too clear. Retentions are high. The teachers are among the lowest paid in the state. The district is beset with financial and management problems. Eighty percent of our children in high school flunk or drop out. We must improve on this disastrous statistic, which is the measure of success in our schools. Performance in Ravenswood Schools must mean good performance in high school and beyond.

The Coalition for Quality Education Now! (CQUEN) was formed by concerned citizens, parents, teachers, and activists to address the situation in the school district. Concerned citizens along with CQUEN developed a community platform based on remedying poor academic performance, redressing the lack of effective bilingual education, solving financial and management problems, and ensuring community involvement.

The coalition's platform embraces the philosophy of excellence: the belief that all children can learn if taught. As a comprehensive plan for upgrading academic performance, the CQUEN platform's foundation is community involvement and control of schools.

The candidates who best reflect the aspirations of the platform

(Walker, Savage, and Mariscal) were selected by the Coalition to run in the November 5 election. A slate of majority, is crucial in making sure that the district takes a strong and positive direction. We must demand quality education, no matter who is elected. The election is only a small part of the community's push for better education in our schools. If we don't actively oversee the board, our children -- our future -are doomed. We must make the RCSD into something that we and our children can be proud of.

We urge you to support the platform of 'excellence' and the candidates who have the best interest of our children at heart. Vote for Myrtle Walker, Miguel Mariscal, and Glenda Savage on November 5.

# **Education Begins At Home**

### by Carmeleit Oakes

It's that time of year again. Labor Day signals the gradual departure of summer. Children are trooping back to school, anxious to exchange vacation experiences and to show off their fall wardrobes. Parents' first reaction is, "Thank goodness. Now we can take back the house again!" Yet, on second thoughts, parents must give serious consideration to the caliber of schools their children will be attending.

What can parents do at home to help their children at school? What makes one school district a

success, while another is mired in problems? School is the "business" of your

## South Africa

### Continued from page 1

to counter them here. It is important to understand that lies are never propagated for the mere sake of lying -- they are used to safequard the self-interest of the liar. The woman who asked Mr. Tutu

about the way 'his' government deals with Blacks obviously had been misled to believe that the white South African government merited being called a government. For the country's majority Black population, it has consistently been the op-pressor. Botha's government should not be considered the legitimate government of the country; it does not represent the collective interest of over eighty percent of the population.

Africans have tried for centuries to resist the imposition of European rule. The violence that characterized the initial encounter between the Africans and the Euro ans seems to be replaying itself in

Signed editorials represent the opinion of the authors; unsigned editiorials are the opinion of a majority of the editorial board.

### **The East Palo Alto Progress**

A non-profit monthly community newspaper serving East Palo Alto California. Persons interested in contributing articles, photography, or poetry may do so by submitting them to The East Alto Progress.

Editors: Elena Becks, Glenda Jones, Jane Maxwell, Barbara Mouton, Carmeleit Oakes, Carlos Romero

Staff: Elena Becks, Michael Blake, Ron Drake, Leah Halper, Clenda Jones, Jane Maxwell, Barbara Mouton, Carmaleit Oakes, Lon Otterby, Carlos Romero. P.O. Box 51203

East Palo Alto, CA 94303

children. You go to your job in the morning, they go to theirs. They go to school to work for their own sakes, not yours. Children must be given to understand that if they are going to grow up, the skills they acquire along the way will enable them to get a job and become responsible for their own well being. What, then, is your obligation as a parent? To enable the child to study and to enjoy learning.

Simple, isn't it, so long as you Simple, isn't it, so long as you make it a part of your child's psyche. Create the proper environ-ment. Guide them, subtly. But definitely, do not use force. Force is temporary and defeats the whole process of learning. Provide books, encyclopedias, atlases, almanacs, a globe, educational toys

and games. In short, encourage your child in every way to enter the world of

streets of Soweto, Guguletu, Durban, Port Elizabeth, and numerous other cities in South Africa. Blacks are trying, as they have tried for several centuries, to free themselves of an enemy government that, through its military strength and policies. is bent upon the genocidal liquida-tion of Africans in South Africa.

Reagan's remark reducing the South African struggle to a mere fight between Blacks underscores the extent to which certain powers-thatbe are willing to go to obfuscate the real issues in that region of the world. The intended implications of such statements is that whites or Europeans are there, have been there, and should be there as keepers of the peace. It is no coincidence that the South African regime and its diplomatic representatives have consistently harped on their mission to restore order among the Blacks. The emergency was purportedly declared, not so much to reassert their position of dominance, but rather to prevent Blacks from allegedly committing racial genocide through inter-ethnic clashes.

Such snobbery and snootishness has not been confined to the whites in South Africa. Jerry Falwell came back from his brief trip suddenly transformed into an expert on what Black people wanted and a sympathizer for their cause. In his desperate effort to reverse the mood in this country for a stronger foreign-policy stance on the issue of divestiture and sanctions, he added one essential element to his stack of cards: South Africa's strategic importance to the Western world, both as a provider of essential minerals and as a buffer against an alleged 'communist onslaught in Africa'. This, for the United States, is the crux of the matter. It is therefore of little

surprise that some naive editorial writer can make the preposterous claims that (1) Trans Africa, the African-American lobby, is

the intellect without lecturing or criticizing. A big order? Not criticizing. A big order? really. Remember, we are adults a lot longer than we are children. How your child turns out depends on the foundation that you lay in these formative years. With calm conver-sation parents can teach their children to cope with life and to face adulthood. Responsibility requires daily practice in exer-cising judgment and in making decisions.

In one sense, I am talking about the development of positive ethnic traditions. Our children must develop good communication skills. They must use well the language of the society in which they hope to succeed.

People tend to live up or down to what others expect. By definition, most people are average. few are above average, some are

leftist, and that (2) as a its activities in the United States can spark the massive riots we have witnessed in South Africa. The preponderance of such articles is disconcerting. The implication of such statements is, to say the least, numbing. Africans, we seem to be told, are so insensitive and unconscious of their own condition that it would take somebody from outside to wake them up to their unfortunate reality.

For those familiar with the history of the African in the Americas, the Caribbean, and on the continent, such statements echo other statements of Europeans writing about 'the negro'. One is reminded of Archie Bunker's oft-quoted statement that 'Blacks (in America) didn't know they was bad off until Eleanor Roosevelt told them'. Now we are told that behind the discontent in South Africa is the Soviet Union's sleight of hand. Then there is the infamous

argument that runs: Africans cannot govern themselves; if majority rule occurs, the Africans will mess up; therefore, whites or Europeans should keep on ruling. This argument flies in the face of historical No nation, not even the United States, escaped a civil war in its formative stages. Fear of such eventual internal contradictions (call them what you will -- the media like to call them intertribal conflicts) has never deterred nations from seeking to free themselves from the yoke of external control and domination.

Opponents of divestiture, disinvestment, and the imposition of sanctions on South Africa have hinged their opposition on the claim that such actions would hurt the very people they are trying to help. To these people one should ask the question that a lot of indigenous South Africans have asked: Where has that concern been for the past couple of centuries, when African warriors below the average, and still fewer are gifted. It is unfortunate that Black youngsters are brainwashed into believing that they corner the market in the entertainment and athletic world, and that economic success is defined as "white." This assumption is unfortunately inculcated early in life. We must break this cycle of thought ... which brings me back to the parent again. Parental involvement enables children to develop skills that link up with the school curriculum. Children as learners see new information as it relates to what they already know. This way, school does not threaten them. They will use information as they need it. The educational system, then, achieves results in ways that generate experiences essential for progress, for surely it is to the future that its efforts are discreted. directed.

lined up and shot, women violated, and children starved? Where were they during the Sharpeville massacres, the jailing of Nelson Mandela, the killing of Steven Biko, the issuing of passes, and the massive relocation of people to the Bantustans? These people probably would have argued against slavery abolition with the warning that it would cause unemployment among the freed slaves.

To some of us, the explanation for many of these lies is simple. The proponents are racists, and the Blacks who agree with them are 'house negroes'. Behind these terms, however, we invariably fail to see the material self-interest of attempting to appear moral, just, and concerned about the plight of indigenous South Africans. Immigrant Europeans have, over several centuries, banded together to create societies that have no other objective but the servicing of European needs. In South Africa, just as in the United States, this process began with the misappropriation of the lands of the indigenous people. This soon advanced to the misappropriation of their labor. To consolidate their relatively wealthier economic positions, they enacted laws that curtailed political, economic, and social freedoms. Over the centuries, they have tried to rationalize the ensuing human-rights disaster with the arguments discussed here.

The bottom line for the deliberate clouding of the South African situation lies in the wealth that accrues from the continued exploitation of South African resources. The U.S. government, U.S. companies operating in South Africa, and the immigrant Europeans in South Africa will continue to benefit from the situation they have created there, until we blow away the shroud that covers the real reasons for their continued presence in South Africa and their abominable support of the apartheid system.

# **The Silent Killer: Hypertension**

by Jane Maxwell

More Blacks in the U.S. die from problems caused by hypertension than anything else. The disease strikes one in four Blacks, and is often called the 'silent' killer

often called the 'silent' killer because it can go unnoticed until one of the complications occurs, such as heart attack, stroke or kidney failure.

Hypertension is just another medical word meaning high blood pressure, and in Blacks is far from being an adults-only disease. It develops earlier in life and has especially severe consequences, killing as many as 12 times more Blacks in young adulthood and middle age than it does whites.

Everyone has blood pressure, otherwise the blood would not circulate in our bodies. It occurs when the heart pumps blood into the blood vessels with each beat, creating a force or pressure against the walls of the blood vessels. Blood pressure is a measurement of this force.

There are two different blood pressure readings, one called the 'systolic' and the other the 'diastolic'. The systolic measures the pressure the blood makes as the heart contracts and pushes it through the blood vessels. The diastolic records the pressure in the blood vessels, which should go down each time the heart relaxes between contractions.

These blood pressure readings, which are written as systolic/ diastolic (systolic over diastolic), vary in one person to another, and in the same person from day to day. They go up when you're excited, under stress, or exercising, and down when you relax or sleep.

The 'average' blood pressure is considered to be 120/80, but if the

## Births

### Aug. 1, 1985

- A daughter to Dawn and Celzo Lazo
- Aug. 6, 1985 A daughter to Terry Matthews and Marvin Ware
- A daughter to Classie Powell Aug. 10, 1985 A daughter to Carleena Jackson

and Lee Clark A daughter to Concepcion and Refugio Quintero

Aug. 11, 1985 A daughter to Deborah and David Stinchfield A daughter to Rosa and Ismael

Villalobos Aug. 15, 1985 A son to Autry and J.C.Hearton A son to Felicia and Ronnie Harrison

A daughter to Maria and Fernando Marquez Aug. 16, 1985

A son to Gwendolyn Mena Aug. 17, 1985 A son to Sabria Scoot and Samuel

Shaffer Aug. 21, 1985 A son to Artina and Lambert

Chambers A daughter to Katrina Lockett A daughter to Cherry Yolanda and

Darrel Lockhart

- Aug. 22, 1985 A daughter to Charlotte and Edward Becks A son to Graciela Maldonado and
- Avdez Chavez A daughter to Jackie Young Aug. 23, 1985
- A daughter to Mary and Craig Woolfolk A son to Linda and Jasper Booker
- Aug. 25, 1985 A son to Julita and Chito Pasua Aug. 28, 1985
- A daughter to Rafaela Sierra A son to Regina Brown

Aug. 29, 1985 A son to Mele and Listoa Taufoou A daughter to Lelei and Viliamu Tautine numbers for any individual go up to 140/90 and stay there all the time, that person is said to have high blood pressure, or hypertension.

blood pressure, or hypertension. There is no one thing that research scientists will say causes hypertension, but they do have some good leads: heredity (it often runs in families); obesity (to be 20 pounds over ideal body weight is risky); smoking (nicotine raises blood pressure); age (blood pressure increases with age); diet (people who eat high-salt, high-fat diets get hypertension more often); and environment (blood pressure changes in response to emotional stress).

Although many theories are posed, no one knows exactly why certain groups of people succumb more to one particular disease than another. As an example, White women, and northern Europeans in particular, suffer more from osteoporosis, a bone-wasting disease, than anyone else. And Latin women, especially those in Caribbean countries, get more cancer of the cervix than other women.

Why Blacks suffer so much from hypertension has never been definitively answered, but several things do seem to point to race as an important factor.

Hypertension in Blacks, for instance, didn't just start in the U.S. Studies from Ghana, West Africa, show that blood pressure levels in that country are similar to Black North American's, and that hypertension in Ghana is the most common cause of strokes and heart failure.

No one knows how much the stress imposed by colonialism has influenced this as blood pressure readings were not studied until this century. But it's obvious stress plays a role because the Ghanaian

Aug. 31, 1985 A son to Maria and Jose Bejines

Sept. 4, 1985 A daughter to Alicia and Miguel Cuevas

Sept. 5, 1985 A son to Sabdra and Jose Cortez

Sept. 6, 1985 A daughter to Patricia and David

Jackson Sept. 7, 1985

A son to Deborah Ann Keller Sept. 9, 1985 - A son to Ramsay Ann and Robert Waterman

Waterman Sept. 10, 1985

A daughter to Ana and Boris Rodriguez Sept. 12, 1985

A son to Nadia and Ricardo Rodriguez

Sept. 16, 1985 A daughter to Tina and Siliako Nahe

- A daughter to Ricio Moreno A son to Renee Newson and Raymond Jones
- Sept. 21, 1985 A daughter to Sherran Dorn and
- Richard Burns Sept. 22, 1985

A son to Jennifer Reed and Garfield Bodden

#### MARRIAGE LICENSES August and September, 1985

\*\*\* Jean A. Bodyiski, 45, East Palo Alto, and Deborah Jo Knox, 31, Millbrae.

\*\*\* Viliami H. Kilikitti, 26, East Palo Alto, and Lasini Tuuhoko, 24, Redwood City

Redwood City. \*\*\* Robert M. Neilon, 23, East Palo Alto, and Jacqueline A. Vaillant, 23, East Palo Alto.

\*\*\* Floyd Jackson, Jr., 24, East Palo Alto, and Connie D. Jackson, 21, East Palo Alto. \*\*\* Charles W. Griffin, 50, East Palo

\*\*\* Charles W. Griffin, 50, East Palo Alto, and Zarifa Holmes, 34, East Palo Alto.

\*\*\* Robin S. Weiss, 28, East Palo Alto, and Mark S. Ludlow, 27, Newark. studies also show that people there who live in crowded cities have higher blood pressure readings than those who live in the rural areas. Likewise, U.S. studies have

Likewise, U.S. studies have shown that Blacks who live under constant tension in the inner cities where incomes are low and crime rates high have higher blood pressure readings than suburban Blacks. The stress suburban Blacks live under may be more veiled, however, as their blood pressure readings are consistently higher than their white counterparts. Another 'racial' factor that

Another 'racial' factor that pertains to Blacks and hypertension is that scientists have discovered that Blackssecrete from the kidneys a higher level than whites of an enzyme calledrenin which constricts blood vessels and raises blood pressure.

Mary Payne, an Oakland-based social worker and nutritionist, says that a big reason Blacks suffer from higher blood pressure is because, in general, they use extremely high quantities of fat and salt in their diets. And she singles out soul food, with its highly flavored and rich sauces, as particularly high in these thions.

these things. But don't despair, soul food lovers. Payne says it's the meat in the salt pork and ham hocks, for instance, that give greens and beans their special flavor--not the fat. So even if the meat used is an inexpensive cut, by trimming the fat away before cooking, Payne says the calories consumed as fat will be reduced by as much as 50 percent. And she has found that people seldom notice if the salt usually added to food while it's cooking is reduced.

Few people, though, like to change their eating habits. Payne recommends gradually cutting down on

\*\*\* James L. Buxton, 39, East Palo Alto, and Charlotte C. Ratzlaff, 34, East Palo Alto \*\*\* Roy C. Jacks, 45, East Palo Alto,

\*\*\* Roy C. Jacks, 45, East Palo Alto, and Sarah A. Harrison, 42, Menlo Park.

\*\*\* Elvia Santana, 28, East Palo Alto, and Manuel Magana, 23, East Palo Alto. fat and salt intake, while at the same time experimenting with herbs and spices that haven't been tried before.

These cooking tips, combined with losing weight -- cutting out fats will help here -- quitting smoking, exercising, and, if possible, reducing the stress in your life, can all help keep blood pressure down.

East Palo Altans can get their blood pressure checked for free at the Drew Health Center. To find out how, call 328-5060, Monday to Friday, 9am to 4pm.

### **Some Salty Surprises**

Health experts say that the average person needs no more than 2,000 milligrams (mg.) of salt in his or her diet each day. The average North American, however, consumes much more than that--most often without realizing it.

Planter's Cocktail Peanuts: 132 mg. per 1 oz. serving

Lay's Potato Chips:

191 mg. per 1 oz. bag

Kellogg's Corn Flakes: 260 mg. per 1 oz. serving

Jell-O Chocolate Instant Pudding: 404 mg. per 1/2 cup serving

Pepperidge Farm White Bread: 117 mg. per slice

Del Monte Sweet Peas: 349 mg. per serving

Wishbone Italian Dressing: 315 mg. per tablespoon

McDonald's Big Mac: 1,510 mg. each

\*\*\* Kelly Ann Rodriguez, 26, East Palo Alto, and Jose Francisco Arana, 38, East Palo Alto. \*\*\* Elisa Bernal Flores, 38, East

Palo Alto, and Joaquin Lopez, 38, East Palo Alto.

Alto, and Wilbert Lee Noble, 30, Portola Valley.



Future leaders of East Palo Alto enjoy the last rays of summer. Photo by Earl Black

### Your Government Representatives

### U.S. Senators:

Alan Cranston (D), 45 Polk St., San Francisco, 94102, (415) 556-8440, or New Senate Building, Washington D.C., 20510, (202) 224-3553.

Pete Wilson (R), 450 Golden Gate Ave., Box 36004, San Francisco, 94102, (415) 556-4307, or New Senate Building, Washington D.C., 20510 (202) 224-9652.

### **U.S. Representative:**

Thomas P. Lantos (D), 520 El Camino Real, Suite 800, San Mateo, 94402, (415) 342-0300, or House Office Building, Washington D.C., 20515, (202) 225-3531.

### **California Assembly:**

Byron D. Sher (D), 785 Castro St., Suite C, Mountain View, 94041, (415) 961-6031, or State Capitol, Room 2136, Sacramento, CA, (916) 445-7632.

### Crossword Puzzle

#### Across

- Boxer Max 1 5
- Oct 31 sight: 'lantern
- 10 Agricultural product
- 14 She, in Paris 15 Mr. T's show
- 16 Comedian Bob
- 17 majeste 18 voce: in an
- undertone
- 19 Prayer ending
- 20 Gertrude Wilks Feminist novel: "The 22
- Room" Head of Benjamin's 24 clan
- 25 Swedish car
- 26 EPA school nearest
- Dumbarton Bridge Changed, as a hemline After FDR, before DDE 30 34
- 35 37 Calm, undisturbed
- In Texas, this is
- yellow 38 Top pilot or driver
- 39 Also
- Depot: Abbr. 40
- 41 43 Actor Calhoun Directs
- 46 47 Comparative ending Avenue off Bay Road Often seen at 2415 49
- University, Ground Floor 51
- Rend

### What Choice? Continued from page 1

Even if you are the only phoner in your home, you can use the 'secondary carrier' codes while you are still trying to decide which company to make your primary carrier.

#### The Final Decision: Your Primary Carrier

Eventually, of course, you will want to choose the one company that you will use most often and make it your 'primary carrier'. But don't let the hype get to you. The primary carrier is just the one that you won't have to dial five extra digits to use. Here are some things

### Skeletons in The Closet

Does any long-distance phone carrier have an untarnished reputation for ethical business practices? If you decide to factor this question into your decision in choosing a long-distance carrier, you will be hard pressed to find a company with no evidence of misconduct. <u>AT & T</u>, a company of gargantuan proportions, has much to brag about.

They have built the most modern, sophisticated, and reliable phone system in the world. But with their bigness has come a reputation for not caring about individuals, either customers or employees. They are a constant target for lawsuits, and it is no coincidence that they have the largest in-house staff of lawyers of any company. Almost everyone has a strong opinion about AT & T. What's yours?

Western Union is a former Western Union is a former part of the AT & Tempire, known for its bigness and occasionally its arrogance. Many people here have been annoyed at a local policy of not delivering telegrams to East Palo Alto.

Sprint Communications is a subsidiary of General Telephone and Electronics (GTE), the "other phone company" that, before the breakup, owned 8% of the phones in the US. They have mostly come under public fire for their operations in the Third World, being accused of bribes to influence government decisions in 28 countries, most notably Iran (during the Shah's reign) and the Philippines.

Allnet is really a Sprint spinoff -- a 'reseller' that buys a chunk of time from Sprint at volume rates and then splits the volume savings with the individual phoners.

- Farrow Skirt features 52 53 56
- EPA Police Cmdr. C. Kelley
- 60 Gull genus 61
- Reject Timber wolf 64
- 65 Only medical school
- in The City (init.) Made a mistake 66
- 67 Tiny particle
- 68 Simple Simon
- pieman .... " 69
- German negatives 70 States

### Down

- 1 Lugosi
- Guinness
- Famous lioness Prepare to rewrite,
- once again "Perfume flower"
- street in EPA Gardens 6 Plastic-bag warn-ing: This is not
- 7
- arbre (Fr. for "that tree")
- Krazy Satterwhite 8
- 10 Glendale bldg. has become this kind of "room"
- 11 It wasn't built in a day

to consider when choosing your

primary carrier: 1. Price. You can get rate charts from the companies by calling their 800 numbers, or you can experiment with several calls and look at your own phone bill to decide. Or you can do a computer analysis of your phone costs, comparing the various companies'

charges (see box). 2. Sound Quality. With Easy Access, the local connection is made through the same lines, regardless of which company you use, but then the long-distance connection is made with that company's microwave or satellite

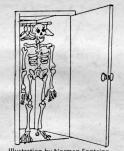


Illustration by Norman Fontaine

Musication by Norman Fontaine MCI Communications is soon to be owned by IBM, which is currently under fire for its investments in South Africa. Bringing about divestment of IBM stock is a major objective of campus activists. SBS Skyline is already ap IBM

<u>SBS Skyline</u> is already an IBM property, which may be merged with MCI when IBM takes over MCI.

ITT is a corporate leviathan that has more than once been accused of trying to improperly interfere with the elections processes of governments around the world. It was in the headlines in the 70s when, in a prelude to the Watergate scandal, evidence emerged that ITT had given the Republican National had given the Republican National Convention \$400,000 in return for favorable action on an antitrust case. Before that, ITT spent millions to try to prevent the election of the leftist government of Salvador Allende in Chile, and it is widely believed that ITT was comnlicit in the events leading to the CIA coup that eventually overthrew the popularly elected Allende government.

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- Ready for business 12 13
- Mightier than swords Ages
- 21 23 Cereal grain
- 25 Wood-smoothing tool
- 26 Amulet 27 With R, a man's name
- Brown or R Tanner)
- Lucie C Speechmaker 28 Center
- 29 31 amed riveter
- 32 Chemical compound
- 33 Letter salutation:
- pl. Compass pt.
- shule (EPA school) 42

equipment. Check a company's

sound before you sign up. **3. Billing.** Some companies bill by the minute, others by the half-minute or even in six-second intervals. If you make a lot of quick calls, this can make a differ-ence to you. Also, although all companies have different rates for day avening and other calls some day, evening, and night calls, some define it differently. AT & T, for example, charges the night rate all weekend, but then the rate goes up to the evening rate from 5 to 11 PM on Sundays. Other companies give the night rate all weekend, making their Sunday-evening calls about twice as inexpensive as AT & T. 4.Travel Feature. If you

If you travel often and want to charge calls to your home phone, you will want to use the savings and convenience of a feature like AT & T's Calling Card or Sprint's Travelcode. But note the difference: the Calling Card costs \$.60 to \$1.55 extra each time you use it, but calls using the Travelcode cost the same as if you had placed them from your home phone to a similar distance. Other companies allow use of travelcodes, but they all add monthly fees, start-up fees, or per-call charges. (Note: If you pass a credit check, you can get a travel card from Sprint even if you don't make them your primary carrier.) The only advantage of the AT & T card is that it does not require the use of a push-button phone.

### Computerizing your decision If you still want help in

choosing a company, you can put together 3 monthly long-distance bills and have a computer analyze how much each company would have charged you. This service is offered by the Bay Area Consumers' Checkbook (Long-Distance Comparison, 222 Agriculture Building, 101 The Embarcadero, San Francisco, CA 94105). The service costs from \$10 to \$75, depending on the size of Your bill ... the comparison costs your bill -- the comparison costs \$25, for example, if the largest of your three bills is \$35.

You can do the analysis yourself for the same price if you have access to an IBM-PC or compatible computer, using a program called "Teledoll."

- 43 Harold frequent Presidential also-ran
- Jogs the memory Take to the sea
- 48 Allow
- J.R. lives here
- Seen on Jack Horner's 53 thumb
- Tie, as shoes 54
- Before while 55 Architect Christopher 56

(\$29.95 from Suresoft, 1311-A Dolley Madison Blvd., McLean, VA 22101; (703) 356-9309).

the program to the **Fast Palo Alto Progress**, and we must say it is easy to use. Following the instructions

from the menu-driven program, you

from the menu-driven program, you tell it your own phone number, then tell it which companies you wish to compare (there are 15 choices, including subgroups like AT & T's Reach Out America and ITT's Nightline plan). Then you enter the numbers you have called, and the program calculates and compares what you

calculates and compares what you

would have paid with each of the companies you chose.

You can also ask Teledoll to analyze the costs of a single call with each company. This is useful for learning at what times your primary carrier is not the best deal,

and that you should use a different company (see box, "Using Second-ary Carriers"). For example, Teledoll showed that our monthly phone bill would be cheapest with SBS

as our primary carrier, but that for calls made at 7:59 AM, it is better

sto dial the 5 extra digits and use Sprint, Allnet, or ITT. This is because these companies make their

charges based on the rate period when

the call began. Other companies, including SBS and AT & T, change the

per-minute charge when the new rate period begins. This can make

their charges over twice as high! The program does not analyze the extra charges for collect, credit

card, or person-to person calls, although it will tell you what the

direct-dial charges are for them if you enter them. It also does

not compare long-distance charges within California, even though several companies can handle such

One advantage of using Teledoll instead of the Consumers'

Checkbook service is that you can check again in, say, a year, and see

if your choice is still the best one. Suresoft updates Teledoll each month,

and they will send you the latest version if you return your disk and

analyze the calls made on several

different lines, all for one low

You can also use it to

calls.

\$8.50.

charge.

Suresoft sent a review copy of

- 57 Tiny amount
- and his dog" 58
- Mabley 59 Means the same as "ante-" 62
- Magician Geller 63

# Kwanzaa: A Celebration of **African-American People**

**By Keith Archuleta** 

One way of dealing with a society that ignores our history, values, and culture and at worst. murders our children, assassinates our leaders, and allows our children to bear the burden of unemployment, military service, poverty, and imprisonment -- one way of dealing with such a society is to develop and promote Black institutions that support Black values, culture, history, spiritual orientation and world-view. As the Kwanzaa holiday ap-

proaches, a discussion of Kwanzaa is appropriate in the context of understanding the role Black values play in institution and community building. Kwanzaa is an indigenous

African-American creation and is the only nationally celebrated non-heroic African-American holiday (Juneteenth celebrations, while widespread, are not yet national observations). It is not a continental African holiday, but, rather, it is an African-Ameri can holiday which, by its very definition, reflects the dual character of the identity and experience of the African-American people.

Kwanzaa is a time for the gathering in of our people, celebra-tion of ourselves and our achievements and re-dedication to greater achievements and fuller, more meaningful lives. Moreover, the collective values and spirit which pervade the Kwanzaa holiday have their historical and cultural roots

in Africa. The holiday, celebrated December 26th through January 1st each year, is reflective of our need as a people for a cultural revolution which introduces and establishes principles and behavior to alter our fundamental values and relations with each other. Then we can move from competition to cooperation and from negative individualism to collective planning and practice which insure our liberation and a higher level of human life.

Kwanzaa is not an imitation, but an alternative. It is not a Black Christmas, and, therefore, is not a time for expensive gift-giving. Kwanzaa has definite principles, practices and symbols which are geared to the social and spiritual needs of Black people in the U.S. Its reinforcing gestures or rituals honor our past, critically evaluate our present and commit ourselves to a productive future.

The above core principles of Kwanzaa are the Nguzo Saba (The Seven Principles) which Karenga developed proposed during the Black Cultural Revolution in the Sixties as a necessary minimum set of principles by which Black people must live in order to begin to rescue and reconstruct our history and lives.

#### LIMO.1A

The first principle is Umoja (Unity), which is a commitment to the principle and practice of togetherness and collective action on crucial levels such as building and maintaining unity in the family, community, nation, and race.

### KUJICHAGULIA

The second principle is Kujicha-gulia (self-determination), which is a commitment to defining, defending, and developing ourselves instead of being defined, defended and developed by others. Self-determination is the sence of freedom, for freedom is the right and capacity to act in our own interests according to our own definition of them. We are our own liberators.

#### UJIMA

The third principle is Ujima (collective work and responsibility), which is a commitment to active and

### **Christmas—What It All Means**

### **By Carmeleit Oakes**

Living the holiday virtues of Christmastime should be our goal year-round. We each feel in our hearts at this time of year a sense of inner peace and gladness. Peace, joy, love, the innocence of children and general good will get top billing at Christmas. But what about the rest of the year? What the world needs is a constant, year-round commitment to cooperation for the good of ourselves

and for the good of others. At Christmas we usually think of the preparation of the present, that our good deeds may live in the future. For service is the price we pay for the space we occupy on this planet. To give service, we must give selflessly, for it is more blessed to give than receive.

We have seen the faces of hunger, despair and the homeless on TV. We pause and think "there, but for the grace of God, go I." The pain of everyday living is not necessarily caused by individual action but rather the irrationalities of the larger social system.

We empathize with the droughtridden African countries; our African heritage demands it. When do you really feel the most

human? Is it when you unexpectedly receive a spontaneous gift? I mean a real gift--when somebody gives you something simply because he or she likes you. It might be the homemade art a child gives her parents, or a home-baked treat given to a friend, or a necessary chore for someone who is housebound. Such gifts can be offered daily, thereby extending

Christmas cheer--love--into every day of the year. The influence you exert through your own life and what you have become yourself. Truly joyful people are always open to experience--yes, open to all

the inevitable heartaches and illnesses and family traumas. Yet, they are the ones who face life positively, proud of their longevity and of the experience and wisdom they have accumulated. I salute the senior citizens of our community. Their self-esteem comes from knowing that they are much-loved children of God. Some seniors never once consider that they are 'old'. We never grow old emotionally. We all want to be loved. Our bodies change but our emotional needs do not. As one senior said, "I've just lived longer than most people."

And so, we honor the spirit of Christmas. We honor it now. And we intend to honor it the other 364 days of the year. To us, that's what it all means.

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informed togetherness on matters of common interest. Without collective work and struggle, progress is impossible and liberation unthinkable. Being Black is not just an identity; it is also a destiny and a responsibility. I liima means that we accept the fact that we are collectively responsible for our failures and setbacks as well as our victories and achievements. Such a commitment implies and encourages a capacity for self-criticism and self-correction which is indispensable to our strength, defense and development as a people (notice that I said criticism, not pessimism).

### UJAMAA

The fourth principle is Uiamaa (cooperative economics), which is essentially a commitment to cooperative living and shared wealth and resources. It grows out of the fundamental African communal concept that the social wealth belongs to the masses of people who created it and that no one should have such an unequal amount of wealth that it gives him/her the capacity to impose unequal, exploitative and oppressive relations with others. This value is a refreshing principle and practice which can begin to alter negative attitudes and behaviors acquired from a context--a society--in which money is the measure of all things. Little thought is given to the rights and needs of the masses of people in that context.

NIA Nia (purpose) is the fifth principle. It is a commitment to the collective vocation of building, defending and developing our national derending and developing our national community in order to regain our historical initiative and greatness as a people. Personal purpose translates into a vocation which involves and benefits the collective wholes dives fullness and messing to whole: gives fullness and meaning to

### **Ron's Corner** by Ron Drake

Christmas is going to be here soon so I thought I'd compile my gift list now. While I can be as full of the Christmas spirit as the next guy, please don't forget, as you read this list, that gift is the German word for "poison".

To Ronald Reagan: a recording of "If I Only Had A Brain" from the Wizard of Oz.

To the Forty-Niners: a Bay Area full of real Forty-Niner "Faithful". If the players didn't understand the phrase "What have you done for me lately?" before, they do now.

To the Pentagon: \$345,269.67 for a box of paper clips.

To Humphrey the Whale: a compass. To Mr. T: a mirror to look into when

he says "I pity the fool." To people who pop their gum in

public: lockjaw. To the government of South Africa:

(censored). To racists: children who know better.

To people who cook chitlins outdoors: a stiff fine.

a person's life in a way that individualistic and isolated pursuits can't. Positive and pro-active purpose has its most definitive roots in a positive, pro-active and clearly defined identity or self-knowledge.

### KUUMBA

The sixth principle, Kuumba (creativity), is a commitment to building rather than destroying. It is the commitment to do asmuch as we can. in our own way, to leave our community more beautiful, effective and beneficial than we inherited it. The principle of creativity involves both aesthetic and material produc-tion; the writing of poems as well as the raising of cities; the develop-ment of new forms of art and music as well as the development of new medicines and new ways of winning the old war for liberation and a higher plane of human life.

#### IMANI

The seventh principle is Imani (faith). It is essentially a profound belief in and commitment to ourselves as persons and as a people. It is a profound belief and commitment to the righteousness and victory of our struggle. Inherent in the principle of Imani is the call for a humanistic faith, an earth-oriented, people-centered faith in the tradition of best African philosophies and values.

A point worth noting is that Kwanzaa, by its very purpose and principles, requires the full, active participation of children. The principles are especially for them, for they are the future. However, we would all do well to learn and teach each other these principles.

Perhaps one New Year's resolu-tion we can make right now is that this year, during December 26th "Kwanzaal)

To people who cook okra anywhere: a stiffer fine.

To people who cook and serve hog's head on New Year's: jail. To people who insist on publicly playing their "boom boxes" on the loudest setting: dead batteries. To Phillip Michael Thomas of "Miami

Vice": humility and continued SUCCESS. To Ed Meese: immersion in a vat of

Preparation H.

To Clarence Pendleton: immersion in a vat of Porcelana.

To the Kansas City Royal's organist: broken fingers.

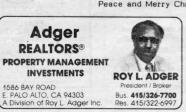
To the San Francisco Giants: a team composed of players they've traded away and a new stadium.

To Louis Farrakhan: see racists. To people who criticize O.J. Simp-son's speech patterns: the recorded

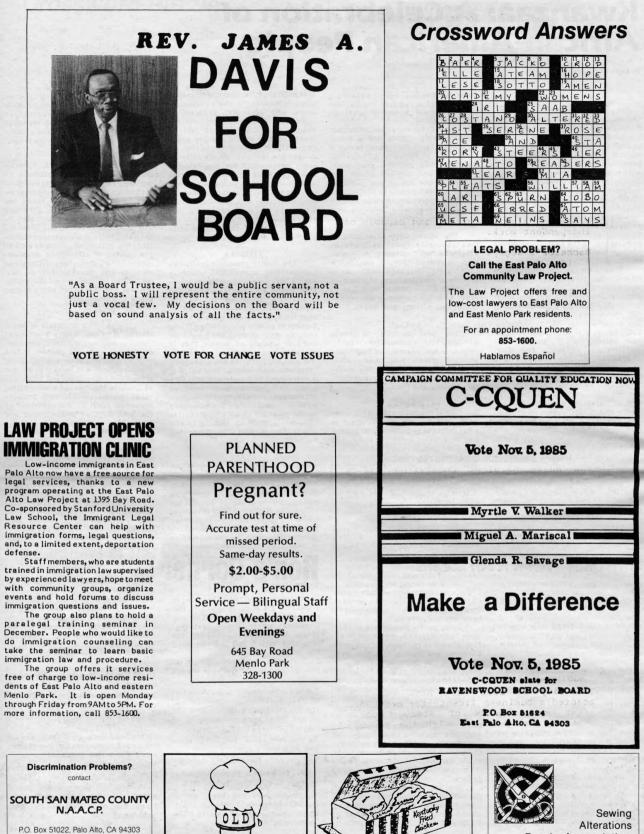
works of Sparky Anderson. To the East Palo Alto City Council: good luck.

To the City of East Palo Alto: progress and prosperity.

To everyone not previously mentioned: Peace and Merry Christmas.



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Phone: (415) 322-4089

Min. Annual Membership Dues \$10.00

Monthly meetings open to the public 2nd Tuesday of each month 7:30 p.m.

Municipal Services Building, 3rd Floor 2415 University Ave., East Palo Alto COODLES FEATURING BUD'S ICE CREAM OPEN SEVEN DAYS I 200 NOON TO 940 PM 1943 University Ave., E. Palo Alto, West of Bayshore Phone (Iaf) 5325-5077 Some Creater bury, E. Bayshore B. And State Cher Phone (Iaf) 5325-5077 Some Creater Bury, Bayshore B. Bayshore Phone (Iaf) Sasses of the Mark Creater Bury, Bayshore B. Bayshore B. Bayshore Cherge Burger B. Bayshore Bayshore B. Bayshore Cherge Burger B. Bayshore B. Bayshore B. Bayshore Cherge Burger B. Bayshore B. Bayshore B. Bayshore Cherge Burger B. Bayshore B. Bayshore Cherge Burger B. Bayshore B. Bayshore Bayshore B. Bayshore Bayshore Bayshore B. Bayshore B. Bayshore B. Bayshore Bayshore B. Bayshore Bayshore Bayshore B. Bayshore B. Bayshore B. Bayshore Bayshore Bayshore B. Bayshore B. Bayshore Bayshore B. Bayshore Bayshore Bayshore B. Bayshore Bayshore B. Bayshore Bayshore B. Bayshore B. Bayshore B. Bayshore B. Bayshore Bayshore B. Bayshore B



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### COUNCILMEMBERS AVAILABLE

Councilmembers are available to talk with your group about the City. For more information call Patricia Perkins at 853-3100.

### ECONOMIC DEVELOPMENT SPECIALIST (Contract Position)

Successful applicant will be responsible for implementing major portion of City's comprehensive economic development program, recruitment of new commercial and industrial businesses, providing direct assistance to local businesses, coordinating technical assistance for small businesses, preparing financial feasibility and market analysis studies, preparing various grant applications, and other related duties as assigned by the Community Development Director. Person must be action- and resultsoriented, a self starter, and capable of independent work.

Bachelor's degree in business or related field required, master's preferred. Minimum of five years experience in economic or community development including at least two years of program or project management.

Salary about \$35,000, depending on qualifications.

Apply at: City Council Office CITY OF EAST PALO ALTO 2415 University Avenue East Palo Alto, CA 94303 Tel: (415) 853-3100

Filing Deadline: November 22, 1985 An Affirmative Action and Equal Opportunity Employer

HUMAN SERVICES COMMISSION VACANCY The Human Services Commission has a vacancy for a Youth Alternate to serve on the Commission. All interested youth should contact the City Offices for an application form or call (415) 853-3100 for more information.

### REGISTRATION FOR WINTER SESSION

The Community Services Department at 550 Bell Street is currently registering students for the Winter Session classes in music, dance and drama. Please come by the department to pre-register or call (415) 853-3139. If you think you can instruct others in any of the Performing, Visual or any of the other cultural arts forms, feel free to contact the Community Services Department.

### BUSINESS LICENSE TAX ORDINANCE PASSED

The City of East Palo Alto recently enacted a business license tax ordinance after many months of study, public hearings and debate. With the support With the support of the Chamber of Commerce, the City passed an ordinance and fee schedule that will provide important benefits to residents, businesses, and our community in general. Residents now have some basic protection from door-to-door salespersons. You can ask such persons to show you their ask such persons to show you their license before continuing their sales pitch. No license, no sale. Businesses will benefit from the additional services the City can now provide with the new revenues. While the amount of money from this tax will not be substantial in any one year, it will represent a reliable and on-going source of needed public services of needed public services. All businesses located or operating in East Palo Alto are required to have a license. For applications and information, contact the City Finance Director at 853-3100.

The East Palo Alto Progress, October/November, 1985 • 7

### CITY OF EAST PALO ALTO FIRST ANNUAL GOLF TOURNAMENT

On Sunday, October 13, 1985, the City of East Palo Alto and its Chamber of Commerce held their First Annual Celebrity Golf Tournament and couldn't have asked for a better day. A bright sun and beautiful skies greeted more than 40 participants vying for trophies and prizes at Sunol Golf Course, Sunol, California. The tournament was a tremendous success with participants coming as far away as Portland, Oregon to play.

Celebrity Host, Isaac Stevenson, from TV48 on hand to greet guests. Other celebrities were Delvin Williams, former football star and C. J. Johnson of the Golden State Warriors. The day of Golf ended with dinner and an awards ceremony. Vice-Mayor James E. Blakey, Jr. handed out awards and congratulated all participants.

Winners Were:

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Flight A: 1st - Ra	aymond Young
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	om Butler on Waldrof
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Callaway Flight	Nickelberry
2nd - Ed	Nickelberry ddie Adams
3rd - Bo	b Kemp
Women's Flight:	
	andi Wagner
2nd - Be	everly Brown
Longest Drive: San	ndi Wagner
Junior Flight:	
	Vonn Young
Special Awards	eve Kemp
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Longest Drive:	Ray Young
Closest to the Hole	
Low Gross: The Big One:	Bob Kemp G. Wells
Traveled Longest Di	.stance: Sandi Wagner
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more watchful.	seed perform and be
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<u>Auto</u> Newell W. Bayshore Cooley	Unit Block 45, 66, 35
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Auto Newell W. Bayshore Cooley Woodland	Unit Block 45, 66, 35 1700, 1800 1900, 2000 1717, 1735 165, 515, 466 555
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Auto Newell W. Bayshore Cooley Woodland E. O'Keefe O'Connor Clarke Lincoln Donohoe Residential W. Bayshore E. Bayshore	Unit Block 45, 66, 35 1700, 1800 1900, 2000 1717, 1735 165, 515, 466 555 1851, 2375 2155 648 <u>Number Blocks</u> 1800 1800, 1900 1900
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Auto Newell W. Bayshore Cooley Woodland E. O'Keefe O'Connor Clarke Lincoln Donohoe Residential W. Bayshore E. Bayshore Clarke Manhattan Demeter Donohoe Beech Ralmar Laurel Verbena	Unit Block 45, 66, 35 1700, 1800 1900, 2000 1717, 1735 165, 515, 466 555 1851, 2375 2155 648 Number Blocks 1800 1800, 1900 1900, 2000 600 1200 2100 2100 2100 200
Auto Newell W. Bayshore Cooley Woodland E. O'Keefe O'Connor Clarke Lincoln Donohoe Residential W. Bayshore E. Bayshore Clarke Manhattan Demeter Donohoe Beech Ralmar Laurel Verbena Gaillardia	Unit Block 45, 66, 35 1700, 1800 1900, 2000 1717, 1735 165, 515, 466 555 1851, 2375 2155 648 Number Blocks 1800 1900, 2000 1900, 2000 1900, 2000 1900, 2000 1200 2100 1100 200
Auto Newell W. Bayshore Cooley Woodland E. O'Keefe O'Connor Clarke Lincoln Donohoe <u>Residential</u> W. Bayshore E. Bayshore Clarke Manhattan Demeter Donohoe Beech Ralmar Laurel Verbena Gaillardia Lotus	Unit Block 45, 66, 35 1700, 1800 1900, 2000 1717, 1735 165, 515, 466 555 1851, 2375 2155 648 <u>Number Blocks</u> 1800 1800, 1900 1900, 2000 1900, 2000 600 1200 2100 1100 200 1100 100
Auto Newell W. Bayshore Cooley Woodland E. O'Keefe O'Connor Clarke Lincoln Donohoe <u>Residential</u> W. Bayshore E. Bayshore Clarke Manhattan Demeter Donohoe Beech Ralmar Laurel Verbena Gaillardia Lotus Ursula	Unit Block 45, 66, 35 1700, 1800 1900, 2000 1717, 1735 165, 515, 466 555 1851, 2375 2155 648 <u>Number Blocks</u> 1800 1800, 1900 1900, 2000 1900, 2000 1900, 2000 1200 2100 1100 200 1100 1000
Auto Newell W. Bayshore Cooley Woodland E. O'Keefe O'Connor Clarke Lincoln Donohoe <u>Residential</u> W. Bayshore E. Bayshore Clarke Manhattan Demeter Donohoe Beech Ralmar Laurel Verbena Gaillardia Lotus Ursula Sacramento	Unit Block 45, 66, 35 1700, 1800 1900, 2000 1717, 1735 165, 515, 466 555 1851, 2375 2155 648 <u>Number Blocks</u> 1800 1900, 2000 1900, 2000 1900, 2000 1900, 2000 1000 1200 2100 1100 100 100
Auto Newell W. Bayshore Cooley Woodland E. O'Keefe O'Connor Clarke Lincoln Donohoe <u>Residential</u> W. Bayshore E. Bayshore Clarke Manhattan Demeter Donohoe Beech Ralmar Laurel Verbena Gaillardia Lotus Ursula Sacramento	Unit Block 45, 66, 35 1700, 1800 1900, 2000 1717, 1735 165, 515, 466 555 1851, 2375 2155 648 <u>Number Blocks</u> 1800 1800, 1900 1900, 2000 1900, 2000 1900, 2000 100 100 100 100 100 100 100
Auto Newell W. Bayshore Cooley Woodland E. O'Keefe O'Connor Clarke Lincoln Donohoe <u>Residential</u> W. Bayshore E. Bayshore Clarke Manhattan Demeter Donohoe Beech Ralmar Laurel Verbena Gaillardia Lotus Ursula Sacramento BELL STR The opening celet	Unit Block 45, 66, 35 1700, 1800 1900, 2000 1717, 1735 165, 515, 466 555 1851, 2375 2155 648 <u>Number Blocks</u> 1800 1800, 1900 1900, 2000 1900, 2000 1900, 2000 1900, 2000 100 100 100 100 100 100 100
Auto Newell W. Bayshore Cooley Woodland E. O'Keefe O'Connor Clarke Lincoln Donohoe Residential W. Bayshore E. Bayshore Clarke Manhattan Demeter Donohoe Beech Ralmar Laurel Verbena Gaillardia Lotus Ursula Sacramento BELL STR The opening celet	Unit Block 45, 66, 35 1700, 1800 1900, 2000 1717, 1735 165, 515, 466 555 1851, 2375 2155 648 <u>Number Blocks</u> 1800 1800, 1900 1900, 2000 1900, 2000 1900, 2000 1900, 2000 100 100 100 100 100 100 100
Auto Newell W. Bayshore Cooley Woodland E. O'Keefe O'Connor Clarke Lincoln Donohoe <u>Residential</u> W. Bayshore E. Bayshore Clarke Manhattan Demeter Donohoe Beech Ralmar Laurel Verbena Gaillardia Lotus Ursula Sacramento BELL STR The opening celet Street Gymnasium	Unit Block 45, 66, 35 1700, 1800 1900, 2000 1717, 1735 165, 515, 466 555 1851, 2375 2155 648 Number Blocks 1800 1800, 1900 1900, 2000 1900, 2000 1900, 2000 1900, 2000 1900, 2000 1000 1000 2000 2100 2100 2000 2000 1000 200

### 8 • The East Palo Alto Progress, October/November, 1985

### YOU ARE INVITED. to join the FRIENDS OF THE EAST PALO ALTO LIBRARY.

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For more info.: 321-7712

### CITY OF EAST PALO ALTO GOVERNMENT CALENDAR

-

**City Council** 

Redevelopment Agency

Planning Commission

Parks & Recreation Commission

**Public Safety** Commission

Arts & Culture Commission

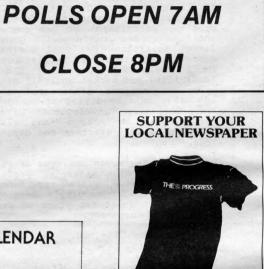
Human Services Commission

**Rent Stabilization** Board

Time Meeting 1st & 3rd Monday of every month 1st & 3rd Monday of every month 2nd & 4th Monday of every month 2nd Tuesday of every month 3rd Wednesday and 4th Thursday of every month 2nd Monday of every month 1st Tuesday of every month 1st & 3rd Thursday of every month

me: PA	A Location:
7:30	Council Chambers 2415 University Avenue
5:45	Council Chambers 2415 University Avenue
7:30	Council Chambers 2415 University Avenue
7:30	Council Chambers 2415 University Avenue
7:00	Council Chambers 2415 University Avenue
7:30	Conference Room 2B, 2nd F 2415 University Avenue
7:00	Conference Room 2B, 2nd F

2415 University Avenue 7:00 Conference Room 2B, 2nd Fl 2415 University Avenue



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1	Medium	
-	Large	-
100	Extra-Large	-
	\$1.00 if outside EPA	
2.1	61/2% CA tax (42¢/shirt)	
	Total Enclosed	-

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DeVonn Young, winner of the Junior Flight in East Palo Alto's first annual golf tournament, receives his well-deserved trophy from Vice Mayor James Blakey, while emcee Isaac Stevenson (left) looks on.

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